



December 2017 *Kislev-Tevet* 5778 Volume 13, Number 4

SHABBAT SERVICES

Shabbat Services are held on the first Friday of the month, 7:30 PM at the Federated Church, Main Street, Orleans, followed by an *Oneg Shabbat*. Please bring refreshments for the *Oneg Shabbat*. Wine, *challah*, and beverages are supplied by *Am HaYam*.

Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at jkelle47@verizon.net.

Service leaders for December 1:

Judy Keller, Service

Sharon Leder and Milton Teichman, *D'var Torah*

Hanukkah Potluck Dinner and *Shabbat* Service

December 15

Service leader: Shira Sands



If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

FROM THE PRESIDENT
A Meditation for Our Times

SAVE US FROM OURSELVES

*WE ARE AFRAID OF THE TERROR THAT FLIES BY NIGHT
OF THE SHADOWS THAT LURK IN THE DARK
OF THE MISSILES THAT THREATEN OUR DAYS
OF THE VIOLENCE THAT THREATENS OUR LOVED ONES
OF THE BULLET THAT STRIKES AT NOON.*

*WE HAVE TURNED FROM GODLY WAYS AND FROM EACH OTHER
TO GO OUR SELFISH WAYS.*

*THE WORLD WAS MADE FOR PEACE AND COEXISTENCE
AND WE HAVE TURNED IT TOO OFTEN INTO AN ARMED CAMP.*

*WE ASK FORGIVENESS FROM OURSELVES
WE ARE CONFUSED BY OUR OWN INABILITIES
LOSING FAITH IN A BETTER TOMORROW WE LOSE FAITH IN OURSELVES.*

Ira Wolfson

BOARD OF DIRECTORS

Am HaYam Havurah Board Meeting
Monday, December 18, 7 PM
Fellowship Room
Federated Church of Orleans
All are welcome to attend

MISHKAN HANEFESH FOR PURCHASE

A number of members have inquired about purchasing copies of the new *machzor* for their personal use. The easiest way to do that is to order on Amazon. It is the same price as ordering from the Reform movement's publishing division. The price is \$42.00 for regular size hard cover (two volumes), \$100 for large print paperback (three volumes*) and \$9.99 per volume for the kindle editions (total 19.98 for both volumes). *The Yom Kippur service is divided into two volumes.

ZAMAREI HAYAM - SINGERS OF THE SEA

Zamarei was truly honored to be a part of the *B'not Mitzvah* service on November 11, 2017. Each of the four women had a moving story to tell of her journey to this culminating ceremony. The melodies they chose for the service were ones they hoped would be familiar and comfortable for the congregation to sing – and that idea was true for the whole service – one had a feeling of comfort and reassurance watching these women participating in this ancient ritual. A big thank you to Elaine Baskin, Judy Keller, Iris Leigh, Shira Sands, Marilyn Schlansky, Judi Sitkin, Len Solomon, Lyn Solomon and Sherrill Stott for participating in this moving service.

Zamarei HaYam also participated in the annual Nauset Interfaith Thanksgiving service on November 19, 2017 that was held this year at St. Joan of Arc Catholic Church in Orleans. The service was very well attended and the program exceptionally well chosen with the theme of gratitude and thankfulness. Especially moving was a very young woman who described her difficult life as she went from a four year old foster child to a homeless, couch-surfing teenager while attending Nauset Regional High School. She received assistance from the Lower Cape Outreach Council and the Homeless Prevention Council, graduated and is now a college student hoping to work with young children going through the same things that she has. Len Solomon and Gene Saklad, our representatives to the Nauset Interfaith Association, ably participated in the service. Thank you to Judy Keller, Shira Sands, Len Solomon, Lyn Solomon and Peter Selig for singing with *Zamarei*.

Mim Selig (pandmselig@hotmail.com)

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS (2017-2018)

Sunday Torah Study meets at the Brewster Ladies Library, 10:30 AM – 12 Noon:

December 3
January 7 (2018)
February 4
March 4
April 8
May 6
June 3

Beverages are provided by *Am HaYam*. We appreciate your donations of pastries, fruit and baked goods.

MEN'S TORAH STUDY

Men's Torah Study will resume in the Spring.

GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Stephen Roth

Stephen Roth grew up in Westchester, NY loving music, playing tuba, drums and bass. He also had an avid interest in electronics. He became the union rep for the local musicians' union, booking various bands including his own. At the same time, he was attending RCA Institute taking courses in electronics. After completing that course, he attended City College of New York at night, played in his band on weekends and had a day job at Chappell Music on 52nd Street in Manhattan.

In 1964 Stephen answered an ad for a position at a wire and cable company in Hoboken, NJ. Within a few years he was running his own factory and selling cable all over the country. He likes to remind people that this was all telephone sales---no computer then!

Stephen is married to Carol and they have two children, Daniel (Cindy) and Jessica and two grandchildren, Zachary and Rebecca (all of whom live on the Cape). They subsequently moved to the Hudson Valley and one Fathers' Day Carol gave Stephen a gift certificate at a local gallery. There he saw the owner giving art lessons, and when Stephen saw the artist using a palette knife to apply paint to a canvas, he was hooked. Now Stephen's paintings are sold from his studio at his home in Orleans as well as at the Orleans artist cottages in the summer and are displayed in various venues in the area. He continues his business interests through his company SLR Enterprises selling wire and cable from his home office.



Those who attend *Am HaYam* High Holy Day services know Stephen as the "Shofar blower". He is also the cook at the St. Joan of Arc dinner program when it is *Am HaYam's* turn to help. He is the co-chair of our annual food drive, giving many hours and energy to that enterprise.

Stephen says that having his immediate family nearby and having his extended *Am HaYam* family has made his life here on the Cape complete in ways he could never have imagined when he moved here with Carol 20 years ago. "It has been quite a journey."

Marsha DuBeau, Membership Committee

ROSH CHODESH WOMEN

Our next meeting of *Rosh Chodesh* will be on Thursday, December 21, 7:30 PM at the home of Marsha DuBeau, 40 Richman Lane in Wellfleet.

The Program: We are fortunate to have Stephen Russell as our speaker. He will read classic Jewish children's stories, written by some of the best authors in children's literature. These are stories that convey Jewish culture, history and values told with grace and wit.

Stephen Russell is the impresario of WHAT FOR KIDS where he produces, directs, writes and appears in many of the plays. He has also appeared in more than 25 productions on the Julie Harris Stage at the WHAT Theater. Locally, he is the book buyer for the Wellfleet Marketplace, and he will have books for purchase for anyone who would like to give these books to the children in their lives or even for their own inner child.

RSVP to Marsha DuBeau 508-349-9545 or mdubeau300@aol.com. Please carpool if you can. Thank you.

Bernice Simon-Wolfson, Chair

2017-2018 SCHEDULE

DATE	TOPIC	HOST	FACILITATOR
DECEMBER 21	Jewish Children's Literature	Marsha DuBeau	Marsha DuBeau
JANUARY 18	Folk Dancing	Federated Church	Susan Rosenberg
FEBRUARY 15	Jewish Liturgical Music: Origins and Evolution	Judi Sitkin	Judi Sitkin Sherrill Stott
MARCH 15	Jewish Guilt	Elaine Karp Naomi Zack	Elaine Karp Arline Lowenthal
APRIL 19	Women of Hungary During the Holocaust	Sharon Leder	Sharon Leder
MAY 17	Book Discussion: <i>All the Rivers</i> by Dorit Rabinyan	Bernice Simon- Wolfson	Bernice Simon- Wolfson
JUNE 21	Discussion and Potluck based on recipes from <i>In Memories Kitchen: A Legacy From the Women of Terezin</i>	TBA	Elly Alford

THE PLAY READING GROUP

Our next meeting will be on Monday, December 4th, 12:30 PM to *nosh* and schmooze. The official start of the reading of the play will be at 1:00 and will run until 3:00 (Winter hours).

Our host will be Elaine Skoler, 481 Buck Island Rd, #15E, West Yarmouth. We will read *Desire Under the Elms* by Eugene O'Neill.

About the play: Eben Cabot's life seemed assured when his mother, on her deathbed, secured her husband's word that he would leave his fortune to her son. Ephraim gave his word, but the promise came at a price. Two sons from a previous marriage were cut out, making life in the Cabot household miserable. Eben's step brothers finally departed, leaving him to contemplate his long awaited inheritance. But then, new surprises and challenges arise.

About the Playwright: Eugene O'Neill was the quintessential American playwright whose works were among the first to introduce realism into the American theater. He also wrote poetry, became a journalist and befriended many individuals in New York literary circles. As a playwright, his first effort, *Bound East for Cardiff*, was read at the Provincetown Playhouse in 1913. By 1936, he had received four Pulitzer Prizes as well as the Nobel Prize for Literature.

ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! Please check the Clams Library System for the play's availability or you can purchase the play inexpensively at amazon.com, abebooks.com or powell.com. RSVP to Elaine Skoler at 508-771-3449 or esskoler@gmail.com. Please carpool if you can. Thank you.

ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! Please check the Clams Library System for the play's availability or you can purchase the play inexpensively at amazon.com, abebooks.com or powell.com.

Bernice Simon-Wolfson, Chair

Play Reading Schedule 2017-2018			
Date	Play	Playwright	Host
12/4/2017	<i>Desire Under the Elms</i>	Eugene O'Neill	Elaine Skoler
1/8/2018	<i>The Sisters Rosensweig</i>	Wendy Wasserstein	Sandy Chernick
2/5/2018	<i>Abie's Irish Rose</i>	Ann Nichols	Judi Sitkin
3/5/2018	<i>Counsellor at Law</i>	Elmer Rice	Bernice Simon
4/2/2018	<i>Conversations With My Father</i>	Herb Gardner	Arline Lowenthal
5/7/2018	<i>Jake's Women</i>	Neil Simon	Elaine Karp
6/4/2018	<i>A Memory of Two Mondays</i>	Arthur Miller	TBA

HANUKKAH POTLUCK SUPPER AND SHABBAT SERVICE

Please join us for a *Hanukkah* Potluck Supper and *Shabbat* Service on Friday, December 15, at 5:30 PM. We will begin the evening with candle lighting, *Kiddush* and *motzi* followed by dinner. A brief *Shabbat* Service will begin at approximately 7 PM.

Am HaYam will provide *latkes*, applesauce, sour cream, *sufganiyot* as well as *Kiddush* wine and juice, and cold beverages.



We are asking you to provide entrees, sides, and dessert. If you plan to attend, kindly RSVP to Marsha DuBeau at 508-349-9545 or mdubeau300@aol.com by December 11 and indicate the dish you plan to bring for the potluck. You are also welcome to bring your own *Hanukkiah* with candles (5).

DATES TO REMEMBER

Friday, December 1	<i>Shabbat</i> Service	7:30 PM
Sunday, December 3	Torah Study w/Rabbi Douglas	10:30 AM
Monday, December 4	Play Reading Group	12:30 PM
Friday, December 8	<i>Shabbat</i> in P-Town	6:30 PM
Monday, December 11	Ritual Committee	10:00 AM
Tuesday, December 12	First Night of <i>Hanukkah</i>	
Friday, December 15	<i>Hanukkah</i> Potluck	5:30 PM
	<i>Shabbat</i> Service	7:00 PM
Monday, December 18	Ritual Committee	7:00 PM
Tuesday, December 19	Women's Torah Study*	2:00 PM
Thursday, December 21	<i>Rosh Chodesh</i> Women	7:30 PM
Friday, December 22	<i>Shabbat</i> in P-Town	6:30 PM
Monday, December 25	LEGAL HOLIDAY	
Sunday, December 31	NEW YEAR'S EVE	

*Note change from fourth Tuesday to third Tuesday due to holiday on December 25.

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are currently studying *Exodus*. Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is the *The Jewish Study Bible*, but any Jewish Bible in English may be used.

Our next meeting will be on Tuesday, December 19 (instead of December 26) at the home of Shira Sands.

If you wish to be added to the WTS email list, contact me at rebecabholmes@comcast.net.

Rebecca B. Holmes, Facilitator

JUSTICE COMMITTEE

The Justice Committee of The Federated Church and *Am HaYam* met on November 16, 2017, and approved the following mission statement as a guide for its future activities. Some of the issues under consideration as a result of this statement are antisemitism, gun violence/control, the federal budget and tax proposals. We continue to address the Opioid Crisis, Refugee Support and the Coalition for Safe Communities. *Am HaYam* members of the Justice Committee are Sharon Leder, Gene Saklad, Ruth Shapiro, Judy Taylor and Renate Wasserman.

Justice Committee - Mission Statement

In keeping with the mandate of our faith traditions, the Interfaith Justice Committee was formed by members of the Federated Church of Orleans and Am HaYam Cape Cod Havurah in response to the Biblical call to do justice and love mercy.

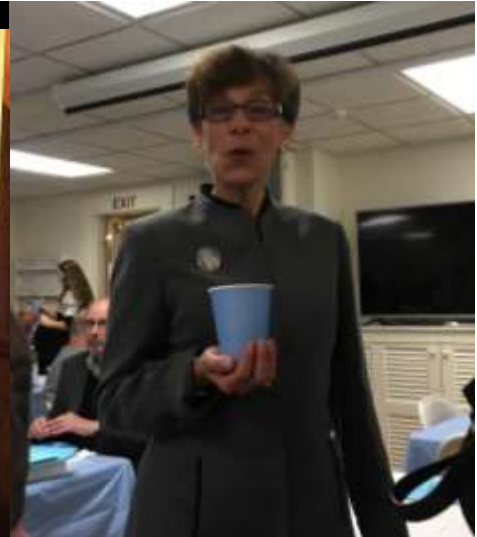
Our purpose is to identify the local, national, and global concerns of individuals and groups whose needs we feel are not being adequately addressed and/or who are facing injustice. Our aim is to strengthen the awareness of, and response by members of our two faith communities to the inequalities in power, wealth, and resources that exist in our world, through acts of education and advocacy developed and identified by the Justice Committee.

Because human need and vulnerability inevitably have political dimensions, as people of faith we understand the connections between faith and political action. We will be guided by our traditions as we seek to engage political leaders and others in the public square. Both our education and advocacy activities reflect *tikkun olam*: acts of kindness performed to repair our broken and unjust world.

B'NOT MITZVAH

On November 11, I was privileged to join the congregation in witnessing the *B'not Mitzvah* of Sandy Chernick, Jessica Dill, Linda Pearson and Carol Roth. It was an extraordinary experience - moving, awe-inspiring and beautiful. Each of these amazing women read from the Torah and delivered a *d'var Torah* as well as leading parts of the service. The service was led by Rabbi Deanna Douglas and Cantor Bruce Malin who had also worked with the women for more than a year to prepare them for this special occasion. Becca Sher was also a part of the class, but due to a family *simhah* which prevented her from participating with the group on November 11, she was called to the Torah on *Rosh Hashanah* where she became a *Bat Mitzvah* and delivered her *d'var Torah*. *Mazel tov* to all five women.

Rebecca B. Holmes, Editor



*Becca Sher; Carol Roth with husband Stephen; Jessica Dill;
Linda Pearson with Cantor Malin;
Sandy Chernick with sister, Shulamith (left) and spouse, Sandi (right).*

Behind the scenes on 11/11

What you didn't see at our *Bat Mitzvah* celebration were the many people who helped make this event as smooth and as rich as it was.

Of course you know about Rabbi Douglas and Cantor Malin; they were at their best.

Friends and relatives, many of whom came from considerable distances, made everything much more special. Among those guests, a NYC Cantor praised our Rabbi and our Havurah. He pointed to the teaching Rabbi Douglas did, how much Hebrew was included in the service. He enjoyed all the music and described us as a very warm and friendly congregation. Indeed the warmth and support of our *Am HaYam* fellowship was very big and very wonderful.

We thank Mim and *Zamarei* for adding the dimension of sweet sound. Without them our service would not have been as rich.

We thank our team of intrepid *shleppers*: Mike Nadelberg, Paul Biegelsen, Stephan Berrick and Richard Dill. They revamped our world - removing, including, re-arranging - making it all good.

We thank Judy Keller. There's not enough room to list all she did. She's the original "miracle worker" - and she does it ALL without breaking a sweat.

Thank you all.

Carol, Jessica, Linda and Sandy



Rabbi Douglas with Linda Pearson and her family.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzva*.

To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

AM HAYAM DIRECTORY

The *Am HaYam* Directory is currently being updated for the 2018 edition. If you do not think you are in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, jrdill1@comcast.net. The new Directories will be emailed in early January. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

HINENI OUTREACH GROUP

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you are in need of assistance please "reach in" for our help. If you know someone in you might benefit from our help, let us know and will ask them if they would like some assistance.

Ruth Shapiro and Margi Eckhouse are coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 or Margi at 508-694-7996 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI!*

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth or Margi. We want to help.

LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month. No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or jrdill1@comcast.net.

RITUAL COMMITTEE - HELP WANTED

Am HaYam needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2017 in need of leaders. Please email Judy Keller at jkelle47@verizon.net and reserve your date!!!

LOOKING AHEAD TO JANUARY:

- New Year's Day, January 1
- *Shabbat* Service, January 5
- Torah Study w/Rabbi Douglas, January 7
- Play Reading Group, January 8
- *Shabbat* in P-Town, January 12
- Martin L. King, Jr. Day, January 15
- *Rosh Chodesh* Women, January 18
- Women's Torah Study, January 23
- *Shabbat* in P-Town, January 26
- *Tu B'Shevat*, January 31

MILESTONES

Mazel tov to

Sandy Chernick, Jessica Dill, Linda Pearson, Carol Roth and Becca Sher on their *B'not Mitzvah*

Refuah Shleimah to

Arlene Cohen

Bruce Wolf

Jay Bloom

DONATIONS

GENERAL FUND

In appreciation of Am HaYam

Louis and Rosalyn Weisz

Milton Teichman and Sharon Leder

Amy Wolf and Kevin Coakley

Skipper Silberberg-Edwards and David Silberberg

Phyllis Familant

Ruth Gail and Steve Cohen

Elaine and Paul Biegelsen

Carol and Brian Sosner

Beth and Howard Stein

Gail and Michael Andrews

In honor of

The *B'not Mitzvah* of Sandy Chernick, Jessica Dill, Linda Pearson, Carol Roth and Becca Sher

Rebecca B. Holmes

Judy Keller

Dick & Esther Elkin

Bernice Simon-Wolfson & Ira Wolfson

Ruth Shapiro

Mim & Peter Selig

Cindy Fox & Stephan Berrick

Jessica Dill on the occasion of her Bat Mitzvah

Richard Dill

Ruth Gail and Steve Cohen

Debbie Shilkopf and Stuart Kaufman

Lee Kane

Marilyn Smith

Sandy Chernick on the occasion of her Bat Mitzvah

Jay and Judi Bloom

In memory of

Sylvia and Louis Laider

Karen and Paul Bibo

Estelle Katz, beloved mother

Anne Katz-Jacobson

“YELLOW PAGES” OF AM HAYAM

ADULT EDUCATION	Ira Wolfson	508-362-5508	iraone@comcast.net
BEREAVEMENT	Paul Biegelsen	508-255-2963	landerbiegel@comcast.net
FOOD PANTRY DRIVE	Carol/Stephen Roth	508-255-5952	croth@primaryconnections.com
HH LOGISTICS	Steve Berrick	508-896-3897	vze2962j@verizon.net
HINENI	Ruth Shapiro Margi Eckhouse	508-896-3573 508-694-7996	ruthshapiro1@me.com marg_eck@hotmail.com
HOLOCAUST ME- MORIAL PROGRAM	Sharon Leder	508-896-2395	sharon@teichmangallery.com
JEWISH FEDERA- TION	Terry Smily	508-360-2885	tsmily@comcast.net
MEMBERSHIP	Jessica Dill	508-255-7771	jrdill1@comcast.net
MEN’S TORAH STUDY	Ira Wolfson	508-362-5508	iraone@comcast.net
NEWSLETTER	Rebecca Holmes	339-222-6892	rebeccabolmes@comcast.net
PLAY READING	Bernice Simon- Wolfson	508-362-5508	bsimwolf@comcast.net
PRESIDENT	Ira Wolfson	508-362-5508	iraone@comcast.net
RABBINIC ADVISOR	Deanna Douglas	781-235-3528	rabddoug@gmail.com
RITUAL	Judy Keller	508-255-7564	jkelle47@verizon.net
ROSH CHODESH	Bernice Simon- Wolfson	508-362-5508	bsimwolf@comcast.net
SOCIAL ACTION	Judy Keller	508-255-7564	jkelle47@verizon.net
SOCIAL ACTIVITIES	Richard Dill	508-255-7771	rldill1@comcast.net
TORAH STUDY	Steve Berrick Cindy Fox Judy Keller	508-896-3897 508-255-7564	vze2962j@verizon.net jkelle47@verizon.net
TREASURER	Elaine Karp	781-718-3993	egk50@comcast.net
WEBSITE	Jeff Tash		jefftash@comcast.net
WOMEN’S TORAH STUDY	Rebecca Holmes	339-222-6892	rebeccabolmes@comcast.net
ZAMAREI HAYAM	Mim Selig	508-432-7656	pandmselig@hotmail.com

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