



October 2018 *Tishrei-Heshvan* 5779 Volume 14, Number 2

### SHABBAT SERVICES

*Shabbat* Services are held on the first and third Fridays of the month, 7:30 PM, at the Federated Church, Main Street, Orleans, followed by an *Oneg Shabbat*. Please bring refreshments, such as baked goods and fruit, for the *Oneg Shabbat* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at [jkelle47@verizon.net](mailto:jkelle47@verizon.net).

Friday, October 5:  
*Shabbat/Simhat Torah*  
Led by Cantor Bruce Mallin

Friday, October 19:  
National Refuge *Shabbat*  
(See attached flyer)  
Led by Judy Taylor and Sharon Leder



If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

## FROM THE PRESIDENT

On behalf of the Board of Directors of *Am HaYam*, I want to thank all who made volunteer contributions that made our *Rosh Hashanah* and *Yom Kippur* Services so beautiful, spiritual and welcoming. I am also grateful for those who responded to our High Holiday appeals and contributed financial support enabling us to continue to provide the wonderful programs and activities that we offer during the year. Your generosity of time and effort and of financial support makes you an integral part of *Am HaYam's* continuing Jewish presence on Cape Cod.

Many individuals were responsible for making the *Rosh Hashanah* and *Yom Kippur* services so meaningful. We owe special acknowledgement to Rabbi Deanna Douglas, Cantorial Soloist Elizabeth Anker, and Cantor Norm Rubin; to Judy Keller and the members of the Ritual Committee; to Bo Ericson for his *Kol Nidrei* cello performance; to the *Gabbaim* who enhanced our Torah service - Merrill Hassenfeld, Sherrill Stott, and Paul Biegelsen; to Stephan Berrick and the High Holy Day Logistics Committee who had the responsibility of preparing the sanctuary of the Federated Church for our services and who transported the prayer books and the Ark. To Richard Dill and members of the Ushers Committee: Naomi and Mike Nadelberg, Judy and Steve Underberg, Rob and Fran Pavone, Barry Worth, Bob Gordon, Dave Silberberg and Skipper Silberberg-Edwards, Don and Karen Bachman, Allan Saperstein, Jane Dorval, Dick Bernstein, and Deborah Smulian; to Judy Keller, Rebecca Holmes, Renate Wasserman, and Arlene Cohen for coordinating the High Holy days Honors assign-

ments. to Stephen Roth, Norm Rubin, David Daniel Klipper, and Sherrill Stott for their *Shofar* blowing; to Mim Selig and the *Zamarei HaYam* choir; to Greg Sands for his flute and clarinet playing.

To all those who chanted and spoke Torah and Haftarah and the Haftarah Blessings: Rabbi Deanna Douglas, Shira Sands, Gregory Sands, Judi Sitkin, Sandy Chernick, Milton Teichman, Sherrill Stott, Gail Melson, Becca Sher, Deb and Jon Cline, Sandi and Mark Vandercar, Bernice Simon, Jessica Dill, Linda Pearson, Joan Saklad, Rebecca Holmes and Jane Dorval and to all those who recited the many readings that enhanced our services; to those who made the annual High Holy Day appeals: Arlene Cohen, Judi Sitkin, Ira Wolfson and Renate Wasserman.

To Carol and Stephen Roth who chaired the *Havurah's* Annual Food drive; to those who shopped at Orleans Stop and Shop and unloaded the food bags at LCOC; to Jon Cline for driving the Food Truck and Coordinating the collecting and delivery of donated food bags.

To Michael and Gail Andrews, Renate Wasserman, Shira and David Sands, and Arlene Cohen for hosting Rabbi Douglas and Cantor Anker at their homes for the Holidays. To Shira Sands for coordinating the Break-the-Fast.

There are many that I have not specifically listed by name, but know that without all your assistance and your gracious volunteering, our Holy Day celebrations could not have been so rewarding for all who were present.

*Ira Wolfson*

## ROSH HASHANAH DAY SERMON, 5779

Rabbi Deanna Douglas

A woman named Renee Cooks has a blog. I don't know where she lives or anything about her; I found at least a dozen people by that name when I searched switchboard.com. It doesn't matter. I found one of her blogs with a dozen short vignettes about life and death. Here are some of them: (a caveat: they're all in the first person but the "I" in each case is a different person and none of them is me.)

[Renée G. @ReneeCooks](#) posted in [Cheers!](#)

1. Today, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said, "Success is when you look back at your life and the memories make you smile."
3. Today, after my 72 hour shift at the fire station, a woman ran up to me at the grocery store and gave me a hug. When I tensed up, she realized I didn't recognize her. She let go with tears of joy in her eyes and the most sincere smile and said, "On 9/11, you carried me out of the World Trade Center."
5. Today at 7 AM, I woke up feeling ill, but decided, since I needed the money, I went into work. At 3 PM I got laid off. On my drive home I got a flat tire. When I went into the trunk for the spare, it was flat, too. A man in a BMW pulled over and gave me a ride. We chatted, and then he offered me a job. I start tomorrow.
6. Today, as my father, three brothers, and two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, "I feel so loved right now. We should have gotten together like this more often."
7. Today, I kissed my dad on the forehead as he passed away. About 5 seconds after he died, I realized it was the first time I had given him a kiss since I was a little boy.
8. Today, in the cutest voice, my 8-year-old daughter asked me to start recycling. I chuckled and asked, "Why?" She replied, "So you can help me save the planet." I chuckled again and asked, "And why do you want to save the planet?" "Because, she said, that's where I keep all my stuff."
9. Today, when I witnessed a 27-year-old breast cancer patient laughing hysterically at her 2-year-old daughter's antics, I suddenly realized that I need to stop complaining about my life and start celebrating it again.
10. Today, a fellow student, who was in a wheelchair, saw me desperately struggling on crutches with my broken leg, and he offered to carry my backpack and books for me. He

helped me all the way across campus to my class and as he was leaving he said, "I hope you feel better soon."

11. Today, I was feeling down because the results of a biopsy came back malignant. When I got home, I opened an e-mail that said, "Thinking of you today. If you need me, I'm a phone call away." It was from a high school friend I hadn't seen in 10 years.

12. Today, I was traveling in Kenya, and I met a refugee from Zimbabwe. He said he hadn't eaten anything in over 3 days and looked extremely skinny and unhealthy. Then my friend offered him the rest of the sandwich he was eating. The first thing the man said was, "We can share it."

## **NEWS FROM THE INTERFAITH JUSTICE COMMITTEE**

In keeping with the mandate of our faith traditions, the Interfaith Justice Committee was formed by members of the Federated Church of Orleans and *Am HaYam* in response to the Biblical call to "do justice and love mercy."

On September 13, 2018 we regrouped after a summer hiatus. We are addressing a number of issues and, as always, looking for new members from *Am HaYam*. For more information please contact Renate Wasserman, [renatewas@gmail.com](mailto:renatewas@gmail.com).

Please mark your calendar for these upcoming events:

- Oct. 13, 2108 is the League of Women Voters Candidates Debate at 10 am at the Cape Cinema. We are planning to bring up the topic of Gun Policy.\*
- Oct. 19, 2018 is the HIAS National Refugee Shabbat at 7:30pm at the Federated Church of Orleans. Judy Taylor and Sharon Leder of our Committee are working with the Ritual Committee to prepare our service. We are extending invitations to the faith community of Cape Cod to share this event with us.

\*This is a secular program occurring on *Shabbat*. Because *Am HaYam* is an organization with wide ranging belief and practice and because our guiding values include repairing the world and practicing justice, we offer the following information without judgement. You should attend or not depending on your personal religious practice.

*Renate Wasserman*  
Facilitator

## HIGH HOLY DAY FOOD DRIVE

"Once again, your congregation has come through for us, and we cannot thank you enough." That quote from an email by one of the Lower Cape Outreach Council's pantry managers says it best! You were all so very generous and caring, truly doing that group act of *Tzedekah*, to help feed the hungry in our local communities. Besides all the food shopping and money that was donated, many people came forward to help with all the individual parts of this annual *Am HaYam* event. As always, it was everyone pulling together that made this happen, and it was our privilege to co-chair this event for this our 20<sup>th</sup> (and last) year.



*Photo courtesy of Jessica Dill*

One final piece of good news--two people have already offered to step forward and co-chair this event in the future: Deborah and Jonathan Cline. We know that you will all welcome Deb and Jon as the new co-chairs and help them to continue this group *Mitzvah* that has become such an integral part of our High Holy Days observance. *Todah Rabbah*, our most sincere thank you to the *Havurah* for allowing us to be part of this very important *Am HaYam* event for so many years!

*Carol and Stephen Roth, Co-Chairs*

Thank you to Frank Mason of Frank's Lower Cape Auto Repair (formerly Frank's Citgo) for donating a truck for the Food Drive. His service station has been at this location, corner of Cove Road and Cranberry Highway, for many years. You can thank him by bringing your vehicle there for service, diagnostics and inspection stickers. He also rents U-Haul trucks.



*Photo courtesy of Jessica Dill*



*Photo courtesy of Rebecca Holmes*

More photos on our website: [www.ahycc.org](http://www.ahycc.org) - Galleries

## GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Gene Saklad z"l

### In Memoriam: Eugene L. Saklad

Shortly before he died, Gene agreed to be the subject of a profile in the newsletter. It is with great sadness that we now honor Gene's memory and remember him as gentleman, a Jewish scholar and one of the patriarchs of *Am HaYam*. When Gene and Joan moved to the Cape in 1989, they found their Jewish home in the *Havurah*. Over the next 29 years, Gene gave his time, his energy and his love to *Am HaYam*, serving as organizer, leader and teacher.

Gene grew up in Brookline, MA in a Conservative Jewish home. He and Joan met at Brandeis University where they were members of the class of 1952, the first class to graduate from the new college. They married and moved to New York where they both attended grad school, Joan for her Master of Library Science and Gene for his Master in Biochemistry. After graduation, Gene found a job in Danbury, CT and they lived there for 11 years, raising their growing family. Then he received a fellowship at Drexel University in Philadelphia. There Gene earned his doctorate in medical engineering while Joan worked full time in an academic library. It was during this time that Gene developed his interest in Reconstructionist Judaism. After six happy years in Philly, Gene got a job in nuclear settings for a company which became part of DuPont. He retired after 22 years and they left their home in Sudbury and moved to their retirement home in Orleans.



Gene joined *Am HaYam* as it was reorganizing and helped to write the by-laws. He served as head of the Ritual Committee for many years and taught Hebrew and *Bar* and *Bat Mitzvah* classes for both youngsters and adults. He recognized the need for the Jewish community to be a part of the larger faith community and represented *Am HaYam* at the Nauset Interfaith Association. He participated in its Interfaith Thanksgiving services, MLK Jr. programs and Holocaust Memorial programs. He worked tirelessly to fight against the use of torture as a tactic of war. Gene was a man of principles which he practiced with steadfast loyalty. He also was a man who could defend those principles without using rancor and while looking for ways to mediate differences.

He will be missed by us and by the family he loved so much. He leaves Joan, his wife of 67 years, his sons Lawrence, Howard and Steve and his daughter Debra.

Marsha DuBeau

## HIGH HOLY DAY APPEAL 2018 YOM KIPPUR MORNING

By Renate Wasserman (edited for publication in this newsletter)

My late husband, George, and I have been members of *Am HaYam* since 1992 when we first moved to the Cape. Today it is my privilege to encourage you to support this *Havurah*, not only financially, though that is very important, but also with your precious time and talent.

When we first decided to settle in Orleans, it was very essential for us to know there was a Jewish presence closer than Hyannis. We found this *Havurah*, *Am HaYam*, but it was nothing like what you see today. A small group of Jews on the lower and outer Cape had connected with each other a few years earlier, celebrated holidays and held a Friday night service once a month at The Chapel in the Pines. We felt lucky to get a *minyán* there on a Friday night.

If you have been to our *Shabbat* services here in The Federated Church, you know we usually have 30 to 50 persons in attendance and hold services on the first and third Fridays. What happened between then and now? A lot, as I am about to tell you.

In the early spring of 1994, my husband and I returned from a long trip expecting to attend *Am HaYam's* second night *Seder*. To our sad surprise there wasn't any. What happened? It turned out that in our absence the couple who had been the movers and shakers behind the *Havurah*, moved off Cape. Without them, nothing happened that spring.

George, who had been president of our previous Synagogue, called a meeting of our like-minded friends to see if we could resurrect *Am HaYam*. The first things we did was to write a set of by-laws, elect officers and register *Am HaYam* as a 501(c)(3) non-profit. Our first president was Al Lemack. The second was George.

Over the years many more Jewish people found the Cape a good place to settle, our numbers grew, and we survived a couple of major crises. We had been holding High Holy Day services at the Eastham Methodist Church on 6A. One year the Church advised us that we had to either limit our attendance or move. We were exceeding its fire regulations. The Federated Church in Orleans welcomed us for our High Holy Day celebrations and a few years ago for our *Shabbat* services and other meetings, as well.

Another year we were told by The Hebrew Union College that its student rabbis would no longer be available to us. This just one month before the High Holy Days! Previously, we had been the first choice of student rabbis. Everyone wanted to come to Cape Cod. We again scrambled and survived. Eventually we were fortunate enough to find Rabbi Deanna Douglas and Cantorial Soloist Elizabeth Anker, who have been with us for many years now.

Over the years, as our membership increased, we added a myriad of activities. WAIT A MINUTE. WHO IS A MEMBER? You are by virtue of showing up at this service or any of our activities. We have no dues, we have no building to keep up and we have no permanent staff.

What keeps *Am HaYam* thriving? You and me and everyone who wants to maintain *Am HaYam's* presence on the Lower Cape.

Here are some of the programs members make happen besides *Shabbat* and holiday services: *Rosh Chodesh* Women, Sunday Torah Study with Rabbi Douglas, lay-led Women's Torah Study and Men's Torah Study, Adult Education, Jewish Film Festival, Play Reading Group, and an Interfaith Justice Committee together with members of this Federated Church. *Am HaYam* participates in the Nauset Interfaith Association and Refugee Support Committee. We celebrate *Sukkot*, *Simhat Torah*, *Hanukkah* with a pot luck supper, *Purim* with a hilarious *Purim Shpiel* and Passover with a 2nd night *Seder*. Any member who has an idea for a new program that fits within our parameters is welcome to give it a go. That's how our food drive started 20 years ago. And today Carol and Steve Roth still make it happen. I was not here for *Rosh Hashanah* and so missed Carol's swan song. On behalf of all of us, let me offer a huge thank you for their magnificent efforts over the years. Who will fill those huge boots? Many of our members are aging, some are ailing, and some are no longer with us. Some of us leave the Cape for all or part of the winter. This leaves a big hole in our leadership and a heavier burden on those that still love and endure Cape winters.

The good news is that there seems to be younger Jewish people choosing to move to Cape Cod and finding *Am HaYam*. Your mission is to involve yourself on the Board, Committees and activities of our *Havurah* so that it will be here for you 20 years from now.

And as I said earlier, we have no dues and you did not need to purchase a ticket to pray with us today. Our only income is from your generosity on these High Holy Days. Of that income we donate 10% to other non-profits here on the Lower Cape. I have heard \$100 suggested as a donation. For some that may be too much and for others possibly too little. Therefore, I am asking you today to open your hearts and your wallets to whatever degree is comfortable for you to ensure the future of this *Havurah* for your own enrichment. I wish you an easy fast. *L'Shana Tovah*.



## **ZAMAREI HAYAM - Singers of the Sea**

Now that the High Holidays are over, we can relax, step back and perhaps think of how we felt as the *Havdalah* candle was extinguished and the many *shofarot* were sounded for the final time. Since the singers of *Zamarei* were sitting in the choir loft this year, we could easily observe the congregation as they listened to Rabbi Douglas and our cantorial soloist, Elizabeth Anker. The whole congregation really listens and comes away moved by the words spoken and melodies sung, ready to begin the new year of 5779.

A big thank you to the *Zamarei* Singers of the Sea who were able to be part of the High Holiday services this year: Arlene Cohen, Judy Keller, Iris Leigh, Greg Sands, Shira Sands, Marilyn Schlansky, Peter Selig, Judi Sitkin, Len and Lyn Solomon, Sherrill Stott and our newest member, Linda Pearson. Maybe we can add your name to the list next year! Both singers and instrumentalists are welcomed.

*Mim Selig*  
*pandmselig@hotmail.com*

## **HAVE YOU READ MARTIN LUTHER KING'S "LETTER FROM BIRMINGHAM JAIL"?**

Most Americans are familiar with Dr. Martin Luther King's "I Have A Dream" moving address. However, fewer than 10% have read and studied his "Letter from Birmingham Jail," considered by most scholars as his most important work.

During this 50th year since Dr. King's assassination, the Nauset Interfaith Association is seeking to establish 50 study groups on the Cape to read, mark, learn and "inwardly digest" this remarkable document. Some 35 groups are being formed at present, and one of them is at the Federated Church in Orleans; and we would love to share this experience with members of *Am HaYam*.

There will be 5 sessions on Wednesdays, October 3, 10, 17, 24 and 31, from 10 - 11:30 AM. Each session will include a close reading of portions of the letter and other resources, as well as group discussion. Come to as many sessions as you can.

Please join us for this Cape-wide conversation and dialogue. What can we learn together from MLK's courageous words to guide us today? We want to make this circle of discussion as wide as possible, so please ask a friend to join you for this experience. You can find more information on the study groups at [www.nausetinterfaith.org](http://www.nausetinterfaith.org). And please let us know of your interest. We look forward to inspired learning and fruitful conversation. Contact Kathy Musser-[musserke@gmail.com](mailto:musserke@gmail.com), 774-207-0703 if you would like to join us.

## STONE SOUP SUPPER

The Network of Spiritual Progressives (NSP) and the Nauset Interfaith Association are interested in exploring the question of what it means to be part of an interfaith community. To help bring together the different faith communities, we are asking for volunteers from congregations on Cape Cod to join a committee to plan a special event which we hope will provide a vehicle for getting to know one another.

Everyone loves good food! How exciting would it be to explore our different traditions through the history of foods, unique as well as similar, discuss how the role of food is affected by ethnicity and whether this focus can bring us closer together as an interfaith community.

Volunteers would come together to design a menu, plan the food preparation and create a program all culminating in a meal, a potluck supper, to be held at the Church of the Holy Spirit in Orleans, on April 30, 2019.

Will “breaking bread” together help us to become closer to interfaith exchange and understanding? Elizabeth Alexander, President Obama’s inaugural poet, says, “Critical thinking develops when you go outside of your comfort zone when you eat a different bread from the one you grew up with.”

Perhaps this event could be titled, “Stone Soup” after the fable in which a stone is dropped into a pot of water in order to make soup. When people say that it doesn’t taste like soup, neighbors and friends bring herbs and carrots and potatoes. Each item is added until finally a truly delicious soup is made and enjoyed by all the people.

The planning committee for the Stone Soup Supper will meet on Friday, October 19 at 10:00 AM at the Teichman Gallery in Brewster on 6A across from the Ocean Edge Conference Center. Please RSVP to [mablock88@comcast.net](mailto:mablock88@comcast.net) by October 12 to let us know if you will attend.

*Sharon Leder*

## AM HAYAM JEWISH FILM FESTIVAL 2018

The WHAT Theater, Julie Harris Stage, Wellfleet. Doors open at 7pm 7:30pm showing.

Tickets \$10 online at WHAT website or at box-office. Co-sponsored by Jewish Federation of Cape Cod

*Amor* Wednesday October 3, 2018 at 7:30 PM.

Daniel traveled for a long period in Europe, but now he is coming back to his childhood home, in a small village in Israel. He wants to find Lilah, the woman of his life. Lilah, a former ballet teacher, has been paralyzed in bed for three years now. Daniel is going to commit something unbelievable out of love. The film deals with the conflict between religious tradition and the freedom to choose your fate. 90 minutes Hebrew with English subtitles

*Across The Waters* Thursday October 4, 2018 at 7:30 PM.

Enjoying the nightlife of 1943 Copenhagen, jazz guitarist Arne Itkin is seemingly immune to the hardships of war, as the Danish government opts for a compliant relationship with Nazi Germany. He is initially skeptical when his terrified wife Miriam hears rumors of the round-up and deportation of Danish Jews. An overnight raid however, forces the couple to flee their home with five-year-old son Jakob. Aided by a church pastor and underground resistance, they set out on a journey for the fishing village of Gilleleje, where refugees await passage to Sweden by boat. Amidst lurking danger from the Gestapo and their collaborators, the family puts its fate in the hands of strangers whose allegiance and motives are not always clear. 95 minutes Danish with English subtitles

*In Search Of Israeli Cuisine* Wednesday October 10, 2018 at 7:30 PM

*In Search of Israeli Cuisine* is a portrait of the Israeli people told through food, putting a face on the culture of Israel. Profiling chefs, home cooks, farmers, vintners, and cheese makers drawn from the more than 100 cultures that make up Israel today - Jewish, Arab, Muslim, Christian, Druze - a rich, complex and human story emerges.

Through scenes that are mostly cinema verité – interviews, farms, markets, restaurants, kitchens, landscapes, and history – audiences will discover that this hot, multi-cultural cuisine has developed only in the last 30 years. Its sophistication mirrors the current state of the Israeli people and their food: secular, outward looking, and innovative. The chef/guide of *In Search of Israeli Cuisine* is Michael Solomonov, the James Beard award winning chef/owner of Zahav and a number of other restaurants in Philadelphia. 94 minutes English

*The Light Of Hope* Thursday October 11, 2018 at 7:30 PM

Based on the true story of Elisabeth Eidenbenz (1913-2011) and her female co-workers who saved the lives of almost 600 infants in World War II. In the early 1940's, refugees from all over Europe seek shelter in South Western France, escaping persecution from the Nazis and from Franco's regime in Spain. Among them, there are countless women, some of them pregnant, and their little children. The camps are in horrendous shape with refugees holding out with no protection from the cold. Red Cross nurse Elisabeth Eidenbenz breathes new life into an old villa. By transforming it into a birth clinic she saves the lives of mothers and children from certain death. Despite all hardship, the villa becomes a safe haven resounding with the children's laughter. But soon threats from without and within take shape: Authorities in Nazi-occupied France demand that she hand over all Jewish refugees and their children, while Elisabeth's deputy Victoria sides with the Résistance partisans - a worthy cause but one that puts at stake the lives of everyone in the maternity. 96 minutes Catalan and German with English subtitles

**Keep The Change** Monday October 29, 2018 at 7:30 PM

When aspiring filmmaker David is mandated by a judge to attend a social program at the Jewish Community Center, he is sure of one thing: he doesn't belong there. But when he's assigned to visit the Brooklyn Bridge with the vivacious Sarah, sparks fly and his convictions are tested. Their budding relationship must weather Sarah's romantic past, David's judgmental mother, and their own preconceptions of what love is supposed to look like. 94 minutes English

**The Testament** Tuesday October 30, 2018 at 7:30 PM

Yoel, a senior Holocaust researcher, is in the midst of a widely covered legal battle with powerful forces in Austria, concerning a brutal massacre of Jews that took place toward the end of WWII in the village of Lensdorf. An influential family of industrialists on whose land the murder took place, is planning to build a real estate project on the very same land. Yoel suspects that their aim is to bury the affair for good, but has trouble finding the conclusive evidence that would stop the project.

While investigating the incident Yoel examines classified testimonies of Holocaust survivors, and to his shock and surprise he finds a testimony given by his mother, a testimony he didn't know existed. In her testimony she confesses to a substantial secret from her past. Yoel, who's conducting a double-investigation, personal and scientific, is trapped between walls of silence - on one side, denial of the Holocaust on the part of the villagers, and on the other, his mother's silence regarding her past. As a historian with an unshakeable commitment to the truth, he decides to continue his investigations even at the cost of ruining his personal and professional life. 93 minutes Hebrew with English subtitles

## **STUDY TORAH ON YOUR OWN**

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

<http://conservativejudaism.org/articlenav.php?id=7>

<https://reformjudaism.org/learning/torah-study/va-ychi>

## **MISHKAN HANEFESH FOR PURCHASE**

A number of members have inquired about purchasing copies of the new *machzor* for their personal use. The easiest way to do that is to order on Amazon. It is the same price as ordering from the Reform movement's publishing division. The price is \$42.00 for regular size hard cover (two volumes), \$100 for large print paperback (three volumes\*) and \$9.99 per volume for the kindle editions (total 19.98 for both volumes). \*The Yom Kippur service is divided into two volumes.

## **BOARD OF DIRECTORS**

Tuesday, October 16, 7 PM (note permanent change from Mondays to Tuesdays)

Federated Church

All are welcome.

## SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

For the past three years, I have led discussions in Sunday Torah Study on the life and death of David. While we could continue to explore this complicated and remarkable man, I think that we should move on. SO, I've decided that this year in Sunday Torah Study, we will try to understand, as best we can, the *Book of Ecclesiastes*, called *Kohelet* in Hebrew. Please bring your *TaNakh* (not just the Torah, but the whole Bible (or as one might say in Yiddish, the *gantze megilla*)).

Also, if you have never studied Torah (which actually means the entire Jewish canon), give it a try. All you need to do is to be able to read English and have an inquiring mind.

*Rabbi Deanna Douglas*

All sessions meet at the Brewster Ladies Library, 10 AM - 12:30 PM

October 14

November 4

December 2

January - no session

February 3

March 3

April 7

May 5

June 2

### **SIMHAT TORAH**

*Am HaYam* will observe *Simhat Torah* on Friday, October 5, 7:30 PM, led by Cantor Mallin.



Would you like to read from the Torah on *Simchat Torah*, Friday services? No pressure. Friendly atmosphere. Services will be held in the Federated Church downstairs where we usually hold our *Shabbat* Services.

Please contact Shira Sands at 508 349 1784 or [shira77@bc.edu](mailto:shira77@bc.edu). Portions for reading/chanting are usually about 3 verses.

## RITUAL COMMITTEE - HELP WANTED

*Am HaYam* needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2018 in need of leaders. Please email Judy Keller at [jkelle47@verizon.net](mailto:jkelle47@verizon.net) and reserve your date!!!

## DATES TO REMEMBER

Monday, October 1	<i>Shemini Atzeret</i>	
Tuesday, October 2	<i>Simhat Torah</i>	
Wednesday, October 3	"Letter from Birmingham Jail"	10:00 AM
	Film: <i>Amor</i>	7:30 PM
Thursday, October 4	Film: <i>Across the Waters</i>	7:30 PM
Friday, October 5	<i>Shabbat/Simhat Torah</i> Service	7:30 PM
Monday, October 8	COLUMBUS DAY	
	Ritual Committee	10:00 AM
Wednesday, October 10	"Letter from Birmingham Jail"	10:00 AM
	Film: <i>In Search of Israeli Cuisine</i>	7:30 PM
Thursday, October 11	Film: <i>Light of Hope</i>	7:30 PM
Friday, October 12	<i>Shabbat</i> in P-Town	6:30 PM
Sunday, October 14	Torah Study w/Rabbi Douglas	10:00 AM
Tuesday, October 16	Board of Directors	7:00 PM
Wednesday, October 17	"Letter from Birmingham Jail"	10:00 AM
Thursday, October 18	<i>Rosh Chodesh</i> Women	7:30 PM
Friday, October 19	Refugee <i>Shabbat</i> Service	7:30 PM
Tuesday, October 23	Women's Torah Study	2:00 PM
Wednesday, October 24	"Letter from Birmingham Jail"	10:00 AM
Friday, October 26	<i>Shabbat</i> in P-Town	6:30 PM
Monday, October 29	Film: <i>Keep the Change</i>	7:30 PM
Tuesday, October 30	Film: <i>The Testament</i>	7:30 PM
Wednesday, October 31	"Letter from Birmingham Jail"	10:00 AM

## WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We will begin the Book of Leviticus in October. Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meeting will be on Tuesday, October 23, 2-4 PM, at the home of Mim Selig, Chatham. If you wish to be added to the WTS email list, contact me at [rebecabholmes@comcast.net](mailto:rebecabholmes@comcast.net).

*Rebecca B. Holmes, Facilitator*

## THE PLAY READING GROUP

We will begin the new season with a planning meeting on Monday, October 15<sup>th</sup>\*, 12:30 PM, at my home, 32 Wadsworth Lane, in Yarmouth Port.

You can RSVP to me at 508-362-5508 or [bsimwolf@comcast.net](mailto:bsimwolf@comcast.net). More details will follow as the time draws near. Thank you.

\*We usually meet on the first Monday of the month, but that is not possible this year because of the many National and Jewish Holidays.

*Bernice Simon-Wolfson, Chair*

## ROSH CHODESH WOMEN

Our next meeting will be at the home of Judi Sitkin, 8 Glenwood Drive in Harwich, on Thursday, October 18<sup>th</sup>. at 7:30 PM.

Linda Pearson will be facilitating the program. The topic is: *Conversion: Being a Jew by Choice*.

RSVP to Judi Sitkin at 954-817-1334 or [judisitkin@gmail.com](mailto:judisitkin@gmail.com).

Please carpool if possible. Thank you.

Bernice Simon-Wolfson, Chair

### TENTATIVE 2018-2019 SCHEDULE

DATE	TOPIC	HOST	FACILITATOR
OCTOBER 18	Conversion: Being a Jew by Choice	Linda Pearson	Linda Pearson
NOVEMBER 15	Movie: <i>Mary and Max</i>	Jessica Dill	Jessica Dill
DECEMBER 20	Game Night	Arline Lowenthal	Arline Lowenthal
JANUARY 17	Jewish Origami: A Hands-on Experience	Federated Church	Judy Keller
FEBRUARY 21	End of Life Decision Making	TBD	Rebecca Holmes
MARCH 21	Here and Now: What's on your mind - an open discussion	Deb Cline	Deborah Jacobs
APRIL 25 *	Aging to Saging	Ruth Shapiro	Ruth Shapiro & Jessica Dill
MAY 16	Secular Jewish Women and Activism	Sharon Leder	Sharon Leder
JUNE 20	<i>The Book of Separation</i> by Tova Mirvis	Bernice Simon-Wolfson	Bernice Simon-Wolfson
SEPTEMBER 19	Planning Meeting	Bernice Simon-Wolfson	Bernice Simon-Wolfson

\*Note: 4<sup>th</sup> Thursday

## MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

## AM HAYAM DIRECTORY

The *Am HaYam* Directory has been updated for 2018. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, [jrdill1@comcast.net](mailto:jrdill1@comcast.net). The new Directories were emailed in early January. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

## LOOKING AHEAD TO NOVEMBER:

- *Shabbat* Service, November 2
- Daylight Savings Time Ends, November 4
- Torah Study w/Rabbi Douglas, November 4
- Play Reading Group, November 5
- ELECTION DAY, November 6
- *Shabbat* in P-Town, November 9
- VETERAN'S DAY observed, November 12
- *Rosh Chodesh* Women, November 15
- *Shabbat* Service, November 16
- Cape Cod Hadassah Brunch, November 18
- Board of Directors, November 20
- THANKSGIVING DAY, November 22
- *Shabbat* in P-Town, November 23
- Women's Torah Study, November 27



## **HINENI OUTREACH GROUP**

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you are in need of assistance, please "reach in" for our help. If you know someone in you might benefit from our help, let us know and will ask them if they would like some assistance.

Ruth Shapiro is coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI!*

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth. We want to help.

### **LOCAL (Lower Cape Lunch)**

*Am HaYam*, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

#### Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

#### Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or [jrdill1@comcast.net](mailto:jrdill1@comcast.net).

## DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzvah*.

To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

## MILESTONES

*Mazel tov to*

Tova Soyt on the marriage of her son, Jonathan, to Madison O. Louis.  
Becca and Bruce Sher on the marriage of their daughter, Marissa, to Leigh McGrath

*Refuah Shleimah to*

Bruce Wolf  
Bob DuBeau  
Bob Jacobson  
Susan Rosenberg  
Tova Soyt  
Stephen Roth  
Paul Schlansky

## DONATIONS

### EDUCATIONAL & CULTURAL EVENTS FUND

*In memory of*

Alan B. Landis

Diane Levine

### GENERAL FUND

*In honor of*

Helen and Irwin Sitkin on their 67<sup>th</sup> wedding anniversary

Judi & Marc Sitkin

The marriage of our daughter, Marissa Sher to Leigh McGrath

Becca & Bruce Sher

Rabbi Deanna Douglas on her safe return to Am HaYam

Tim & Andrea Reed

Rabbi and Cantor

Martha & Elliot Paul Rothman

Sherryl Drasin and Barbara Grindell on the occasion of their 70th birthdays

by Bernice Simon and Ira Wolfson  
Judy and Steve Underberg

Ira Wolfson's leadership

Paula Brody and Merrill Hassenfeld

Our Rabbi and Cantor who make everyone feel part of the service

Yvonne Gunzburger

The High Holy Day Torah Readers

Ruth Shapiro

*In appreciation of Am HaYam*

Carl Fink  
Debra Cryer and Samuel Goldman  
Len and Lynn Solomon  
Wendy Drexler and Herb Friedman  
Judith and Mark Link  
Helen and Irwin Sitkin  
Ira and Bernice Simon-Wolfson  
Janis Hersh and Marc Frader  
Joel and Meryl Sachs  
Martin and Flo Richman  
Mark and Laura Finkelstein  
Nina and Edward Goldman  
Rozanne and Burkin Neiterman  
Jane Dorval  
Helen and Gary Derman  
Barry and Laurie Nagler  
Lynn Mogell and Sarah Peake  
Jack and Judith Hadley  
Michael and Naomi Nadelberg  
Eve Adler and Scott Grayson  
Arlene Cohen  
Cindy and Steve Lichtenstein  
Ward Ghory and Anne Ghory-Goodman  
William and Janet Rosenberg  
Tova Soyt  
Nancy and Elliot Nelson  
Manuel L. Goldberg  
Peter and Ann Olson  
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Sheila Mennell  
Lilli-Ann Green  
Anne and Bruce Kaplan  
Barbara and Alan Wolfert  
Robert and Gail Melson  
Sandra Fleisig Finkelstein-Legman  
Leonard and Judith Shapiro  
Michael and Amy Diamant  
Deb & Jon Cline  
Dorothy and Elliot Fox  
Phyllis and Bob Rothberg  
Karen and Paul Bibo

Karen Beck and Donald Bachman  
Sheryl and Bruce Wolf  
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Betsy Smith  
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Ross Zachs  
Marcie Goffin  
Judith Friedman  
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Jane and Stephen Needel  
Judith and Ronald Ablow  
Beth Silver  
Michael Kraemer  
Roberta and Gerald Berenson  
Anne and Philip Wise  
Jae and Saul Fisher  
Rebecca Holmes

*In appreciation of*

Beautiful Rosh Hashanah service

David Coen and Sandy Berreco

*In memory of*

Gene Saklad, beloved husband of Joan Saklad

Rebecca B. Holmes  
Judy Keller  
Amy and Michael Diamant  
Martha Ann Jaffe  
Marc and Judith Sitkin  
Anne Katz-Jacobson and Bob Jacobson  
Bob and Linda Gordon  
David and Anita Kraft  
Elaine Karp  
Carol and Stephen Roth  
Lorraine Ackerman  
Lilli-Ann Green  
Yvonne Gunzburger  
Ruth Shapiro  
Renate Wasserman  
Sheryl & Bruce Wolf  
Judy and Steve Underberg

David Roth, beloved nephew of Stephen Roth

Rebecca B. Holmes

Gus Herschel

Marcia "Sandi" Herschel and Sandy Chernick

Florence Sarah Pultz

George Pultz and Roberta Seiler

Leonard and Naomi Berrick

Cynthia Fox and Stephan Berrick

Alan Mollard

S. Mulian

Our dear Cousin, Jori Lee

Mark and Sandra Vandercar

Our beloved son, Eric

Mark and Sandra Vandercar

Robert Malzman

Jaime Malzman

Lillian Becker

Robert and Fran Pavone

Fannie Wicertowski

Eleanor Jaffe and Burton Jaffe

My father, Wolfgang Herzfeld

Deb Cline

**“YELLOW PAGES” OF AM HAYAM**

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