



Summer 2019 *Sivan-Tammuz-Av* 5779 Volume 14, Number 11/12

SHABBAT SERVICES

Shabbat services are held on the 1st and 3rd Fridays of the month, followed by an *Oneg Shabbat*. Please bring refreshments, such as baked goods and fruit, for the *Oneg Shabbat* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at jkelle47@verizon.net.

Join us for a wine and cheese and fruit "Pre-Neg" reception in the garden outside the Vestry of Federated Church from 5:30-6:30 PM on July 19 and August 16. A brief *Kabbalat Shabbat* Service will follow starting at 6:30 PM. Share your summer adventures and upcoming plans with the members of our *Am HaYam* family.

SHABBAT SERVICES

Friday, July 5:

Led by Ritual Committee

Friday, July 19:

Led by Rebecca Holmes

Friday, August 2:

Led by Samuel Bahn

Friday, August 16:

Led by Renate Wasserman

If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

MESSAGE FROM THE PRESIDENTS:

Hello and Happy Summer. We are the new co-presidents of *Am HaYam*, Arlene Cohen and Renate Wasserman.

Before introducing ourselves, we need to extend a huge THANK YOU to our immediate past president, Ira Wolfson, who has steered AHY so successfully since 2014, and that was his second term as president! Ira completed his last two 2-year terms in 2018. When no successor appeared, the board changed the by-laws allowing him to serve another year. This year Ira determined it really was his time to retire, not only as president, but also from the other programs he has been chairing: The Film Festival, Adult Education which includes our Speaker Program, The National Jewish Book Council Program and the United Jewish Federation \$5000 grant disbursal. If we want these programs to continue, some one or several persons reading this letter need to call us or Ira to offer to take over. Otherwise, next year none of these programs will exist.

That brings us to why you have two widows in their 80s leading AHY today. No one else stepped up and we both are dedicated to AHY's continued existence. My profile and reason for doing this appears elsewhere in this issue. Arlene is the widow of Charlie, my husband, George's good

friend. Over the years we two have become good friends and Arlene has become very active in AHY. When she heard me step in to fill this void, she just tapped me on the shoulder and said she would do it with me. Lucky for me, as Arlene has been president of the Cape Cod Hospital Auxiliary and other organizations.

We both need your help to continue AHY as the vibrant *Havurah* it has become. We have two new very competent and talented members as Treasurer in Tova Soyt and Secretary in Deborah Cline. Throughout this transition I know all our Committee chairs will continue to keep AHY functioning, but like Ira, they have all been in place for many years. They, too, like Ira, may decide one day to retire and there is no one in the pipeline to immediately fill their roles. We need a vice president for AHY ready to step up to the presidency and we need committee co-chairs to keep them functioning.

You don't need to run. Just walk to your computer and email Ira, Arlene, me or any of the committee chairs that you, too, want to keep *Am HaYam* for the next generation. Our emails and phone numbers are listed at the end of this newsletter. Without you there is no future *Am HaYam*. Thank you.

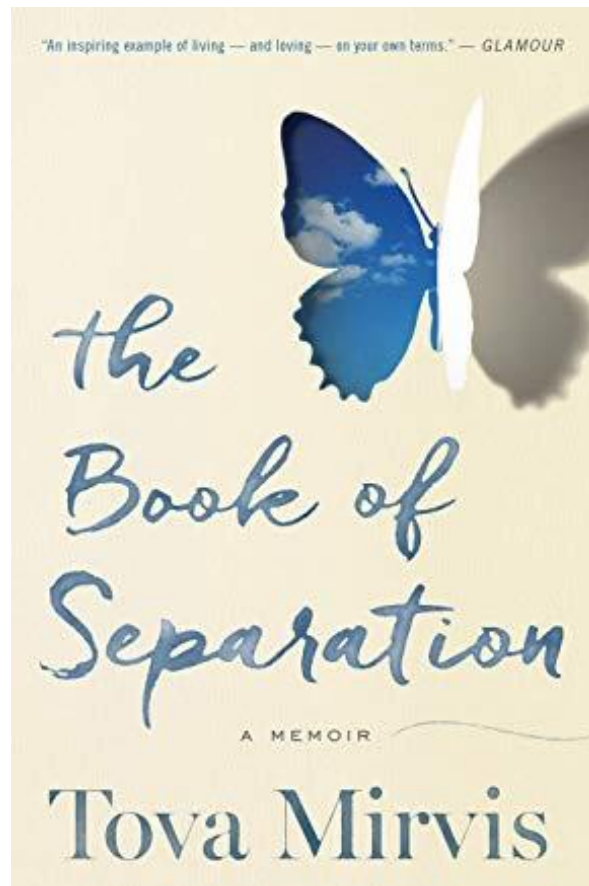
Renate Wasserman, Co-President

ROSH CHODESH WOMEN

Our next meeting will be on Thursday, July 18 at 7:30 at the home of Bernice Simon-Wolfson, 32 Wadsworth Lane, Yarmouth Port.

FACILITATOR: Bernice Simon-Wolfson

TOPIC: An interactive discussion about *The Book of Separation* by Tova Mirvis. It's a memoir about the author's life as a Modern Orthodox Jew and then separating from Orthodoxy. At age forty Tova decided to leave her husband and her faith. She strikes out on her own to discover what she believes and who she really is. This will entail forging a new way of life, not just for herself, but for her three children, who are struggling with what the divorce and her new status as "Not Orthodox" means for them.



RSVP to Bernice Simon-Wolfson at 508-362-5508 or bsimwolf@comcast.net. Please carpool if possible.

Rosh Chodesh does not meet in August but will resume on September 19 with a planning meeting.

Bernice Simon-Wolfson, Chair

PLAY READING GROUP

Our next meeting of The Play Reading Group will be on Monday, September 9th * at the home of Bernice Simon-Wolfson, 32 Wadsworth Lane, Yarmouth Port. We *Nosh* and *Shmooze* at 12:30 and officially begin at 1:00-4:00, Summer and Fall hours.

Our first meeting will be a planning meeting for the 2019-2020 season, September-June. Please come with your play suggestions and with some knowledge of the play. We plan to read some classics, dramas and comedies. Let's also try to suggest some plays with Jewish content and/or Jewish playwright.

If time allows, we will begin to read a play on the lighter side, the comedy *Plaza Suite* by Neil Simon. It was first presented at the Plymouth Theater, New York City, on February 14, 1968. These are three "playlets" all taking place in the same suite at the Plaza Hotel. The first is about a suburban couple who take the suite while their house is being painted. It turns out to be the one in which they honeymooned 23 years ago. The second is about the exploits of a Hollywood producer who, after three marriages, is looking for a little sexual diversion. The last play is about a mother and father fighting about the best way to get their daughter out of the bathroom and down to the ballroom where guests await her, or as Mother yells, "I want you to come out of that bathroom and get married!" This play is very funny and enjoyable!

Please come and see how the play develops and how the "actors" make it come alive with their enthusiasm. ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! YOU CAN COME ON EITHER SIDE OF THE CURTAIN!

Please check with The Clams Library system for the availability of the play, or purchase it inexpensively at amazon.com, abebooks.com or powell.com.

RSVP to Bernice Simon-Wolfson at bsimwolf@comcast.net or 508-362-5508. Please carpool if possible.

*NOTE: We do not meet in the Summer months of July and August. We resume in September. We usually meet on the first Monday of the month, but because Labor Day always falls on the first Monday of September, we will meet on the second Monday of the month.

Thank you. Have a great summer!

Bernice Simon-Wolfson
Chair

GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Renate Wasserman

When Renate and her husband, George, returned from a winter trip in 1994, they looked forward to attending the *Am HaYam Seder*. They were disappointed to find that there was none. The *havurah* was at a turning point and the Wassermans decided to call people together. They held a meeting, wrote by-laws and *Am HaYam* became an incorporated entity. This year *Am HaYam* faced another turning point. No one willing to take the position of president. Once again, Renate stepped up, agreed to lead the Havurah and, with Arlene Cohen, is our new Co-President.

Renate was born in Berlin in 1931, the year that Hitler came to power. When her parents' shop was closed by the Nazis, they moved to Bulgaria, but Renate stayed in Berlin with her grandparents. The family was reunited in Sophia when Renate was three years old. Renate's mother was from a family of ten children. Her brother, Herman emigrated to the U.S. and started a successful business. Despite the severe limits that time, he was able to bring his entire extended family over to New York in 1937.

The family moved to Hyde Park. She grew up in Hyde Park. She graduated from the University of Illinois in journalism. She



worked in Chicago three years up and went to school and graduated from the University of Illinois in 1956 with a degree in public relations.

She worked in Chicago for a few years and then decided to try New York where one of her aunts lived. Of course, her aunt felt that Renate must meet a nice young man and introduced her to George. Renate decided to stay in New York!

She found a job in New York with a trade magazine and rented an apartment on the Upper West Side. She and George were married on May 19, 1957. She became a stay-at-home mom after the birth of their first child. Feeling a bit restless and not knowing what she wanted to do next, she took several classes at the New School. She went to work for a Westchester County executive and ran the public art gallery in the County office building. Meanwhile, their family grew to include two more children. Later, she went into business with a neighbor as art consultants. There were many office buildings going up in Westchester in the 70's and the businesses wanted artwork for their offices. George worked for IBM and then he started consulting for a Boston firm. Their son was working in Boston as well, so they rented a vacation house in Orleans. They loved the Cape and George liked to sail, so in 1992 they bought a house in the Orleans neighborhood where they rented.

Renate became involved with the local Cultural Council and the Lower Cape Outreach Council. Before her own ten grandchildren were born, she welcomed children to her home through the Fresh Air Fund and ended up running their program on the Cape for several years.

Her commitment to *Am HaYam* never wavered. She started the first *Rosh Chodesh* group and the first Women's Torah Study. *Am HaYam* hired young rabbis from the Hebrew Union College for the High Holy Days and they stayed at her home. There were several families with children in AHY, so a Hebrew School was established for them. Renate learned enough Hebrew to teach the beginners. When two of the girls were studying for *Bat Mitzvah*, she joined with them and they all studied together around her dining room table. She became *Bat Mitzvah* at the age of 67. She has been on the Board of *Am HaYam* for a number of years and serves as our representative on the Justice Committee which includes members of the Federated Church.

Someone said there is a difference between Interest and Commitment. When you are interested in doing something, you do it only when it is convenient. For a long time, even after George died in 2015, Renate has demonstrated her commitment to *Am HaYam* and she is doing it again when no one thought it was convenient. Thank you, Renate.

Marsha Dubeau

ZAMAREI HAYAM - SINGERS OF THE SEA

Am HaYam is part of the larger Lower Cape community and on Friday June 21, Marilyn Schlansky and I represented *Am HaYam* at the Latham Centers' "Year End Celebration of Mastery." When *Zamarei HaYam* conducts a worship service at the Latham Center, we see a very small percentage of their student body, so watching the many other residents participating in this annual celebration is quite an eye opener. A boy who regularly attends our worship service and usually asks us to say *Kaddish* won the President's Award for Outstanding Vocational Achievement for his skill in fiber arts as part of the Latham Works program. A boy who attended our most recent worship service won the Special Olympics Athlete of the Year Award. Another regular attendant and very active participant in our worship service had a picture she had drawn in the program. Many faces have become familiar to us since we have been conducting worship services for several years, and, in turn, many students recognize us and greet us with big smiles.

Though summer has just begun, the High Holidays will be here before we know it. *Zamarei HaYam* welcomes new singers. Please email me if you are interested in joining us as we prepare for the High Holidays with our cantorial soloist, Liz Anker.

Mim Selig
pandmselig@hotmail.com

INTERFAITH JUSTICE COMMITTEE

From Interfaith Justice Committee: Faith & Politics in Election Years

- Is my congregation being “political?”
- What is legal for faith communities to do during election years?
- What is not?

Our nation is jumping into primary and election seasons with both feet. As people of faith, we inevitably would like to see our values (however those may differ from one to another) become the basis of policies in our democratic republic.

Conscience should lead us to vote according to our beliefs in what is good for the people of our land, and beyond. But in electoral seasons, questions and misunderstandings often arise over what is lawful involvement for a religious congregation or its leaders.

A religious congregation holds tax exempt status with the IRS as a 501(c) (3) organization. Any such organization may not “participate in or intervene in any political campaign on behalf of any candidate for public office.” It may not endorse particular candidates or make political contributions to their campaigns. However, there are no restrictions against educating members and community regarding issues in an election year and seeking to promote certain values in relationship to these issues, whether immigration, climate change, gun violence, abortion, or any others. By the same token, a preacher or rabbi may address such issues from the pulpit, as long as she or he does not endorse or oppose specific candidates for election. These are First Amendment rights. Other unrestricted activities may include holding nonpartisan voter registration and get-out-the-vote drives, sponsoring candidate forums, and distributing nonpartisan voter guides. Biblical principles of charity and justice always have implications for our public life together. Few of us would want to have practicing these, and expressing them, muzzled. It is vital to provide ample space and respect for differing views during election years and always.

The Justice Committee’s Mission Statement includes this statement: “Because human need and vulnerability inevitably have political dimensions, as people of faith we understand the connections between faith and political action. We will be guided by our traditions as we seek to engage political leaders and others in the public square.” Rod MacDonald, Chair, Interfaith Justice Committee

*Renate Wasserman
Facilitator*

ANNUAL HIGH HOLY DAY FOOD DRIVE

Jon Cline, co-chair of the High Holy Day Food Drive, is looking for people to assist with the food collection for the LCOC Food Pantry. Volunteers should contact Jon at secondwind145@gmail.com and provide your best contact phone number.

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are now studying the Book of Leviticus (*Vayikra*). Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meetings will be on Tuesday, July 23 and August 27, 2-4 PM, at the Federated Church in Orleans. If you wish to be added to the WTS email list, please contact me at rebeccabholmes@comcast.net.

Rebecca B. Holmes, Facilitator

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

Hold these dates for 2019-2020:

9/8, No October, 11/3, 12/8, 1/5, 2/2, No March, 4/12, 5/3, 6/14

STUDY TORAH ON YOUR OWN

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

<https://www.conservativeyeshiva.org/torahsparks/>
<https://reformjudaism.org/learning/torah-study/>

AM HAYAM HAVURAH SUMMER 2019 ADULT EDUCATION PROGRAMS

JULY 17 *A Giant of Yiddish Women's Writing*

Brewster Ladies Library 7:30PM

Ellen Cassedy will present a multi-media talk about Yiddish women writers and read from her new translation, *On the Landing: Stories by Yenta Mash*. Yenta Mash (1922-2013) was a giant of Yiddish women's writing, a prize-winning writer whose work has never before been available in English. Drawing on a lifetime of repeated uprooting, Mash offers an intimate perch from which to explore little-known corners of the twentieth and early twenty-first centuries. A master chronicler of exile, she makes a major contribution to the literature of immigration and resilience. Mash's literary *oeuvre* is a brave achievement, and her work is urgently relevant today as displaced people seek refuge across the globe.

JULY 29 *Medical Aid in Dying (MAiD)*

Brewster Ladies Library 7:30PM

Rabbi Elias Lieberman (Falmouth Jewish Congregation) will discuss **Medical Aid in Dying (MAiD)**. "Medical aid in dying would give those who are terminally ill with expanding options at the end of life. My work as a rabbi has exposed me to deaths both good and bad. I know from up-close and personal experience that not all suffering can be effectively treated despite the best efforts of physicians, hospice workers and palliative-care experts. I know that, for some people, the loss of autonomy sometimes occasioned by terminal illness can bring on emotional suffering that cannot be addressed. I know what I would want were I to find myself in the situation this proposed Massachusetts legislation ["**An Act Relative to End of Life Options**"] contemplates and I would never deny another the right to make this fundamentally important decision.... Many of us will face unacceptable suffering as a consequence of a terminal illness. My respect for the autonomy of the individual, my belief that there is nothing ennobling to be found in suffering and my conviction that Judaism calls upon me to manifest compassion for both the living and the dying has made me a staunch supporter of medical aid in dying."

August 28 *The Accusation: Blood Libel in an American Town*

Brewster Ladies Library 7:30PM

Edward Berenson will present a talk about his book *The Accusation*, A chilling investigation of America's only alleged case of blood libel, and what it reveals about antisemitism in the United States and Europe. On Saturday, September 22, 1928, Barbara Griffiths, aged 4, strayed into the woods surrounding the upstate village of Massena, New York. Hundreds of people looked everywhere for the child but could not find her. At one point, someone suggested that Barbara had been kidnapped and killed by Jews, and as the search continued, policemen and townspeople alike gave credence to the quickly-spreading rumors.

The allegation of ritual murder, known to Jews as “blood libel,” took hold.

Historian Edward Berenson, himself a native of Massena, sheds light on the cross-cultural forces that ignited America’s only known instance of blood libel, and traces its roots in old-world prejudice, homegrown antisemitism, and the resurgence of the Ku Klux Klan in the 1920s. Residues of all three have persisted until the present day.

A Jewish Book Council Authors on Tour 2019-2020 Program

Additional Funding from Member Contributions to the Educational and Cultural Fund

September 11 *Who Says You’re Dead? A Book of Medical Dilemmas for the Curious and Concerned*
Brewster Ladies Library 7:30PM

Dr. Jacob M. Appel will present a talk about his book *Who says You’re dead?* Drawing upon the author’s two decades teaching medical ethics, as well as his work as a practicing psychiatrist, this profound and addictive book offers up challenging ethical dilemmas and asks readers, “*What would you do?*”

- A daughter gets tested to see if she’s a match to donate a kidney to her father. The test reveals that she is not the man’s biological daughter. Should the doctor tell the father? Or the daughter?
- Who should get custody of an embryo created through IVF when a couple divorces?
- Or, when you or a loved one is on life support, *Who says you’re dead?*

In short, engaging scenarios, Dr. Appel takes on complex issues that many of us will confront: genetic screening, sexuality, privacy, doctor-patient confidentiality. Drawing from science, philosophy, and history, Dr. Appel explains how others have approached these controversies in real-world cases. *Who Says You’re Dead?* is designed to defy easy answers and to stimulate thought and even debate.

A Jewish Book Council Authors on Tour 2019-2020 Program

Additional Funding from Member Contributions to the Educational and Cultural Fund

*Ira Wolfson, Chair
Adult Education Committee*

AM HAYAM HAVURAH FILM FESTIVAL AUGUST 2019

SUNDAYS AND MONDAYS at 7:30 PM. DOORS OPEN AT 6:45 PM

AUGUST 18 *WHO WILL WRITE OUR HISTORY*

Documentary (USA, 2019) 1 hr.

Written and Directed by Roberta Grossman (*Above and Beyond*, producer of *Blessed is the Match* and *Hava Nagila*)

WHO WILL WRITE OUR HISTORY tells the powerful story of Emanuel Ringelblum and the Oyneg Shabes Archive, the secret archive he created and led in the Warsaw Ghetto. With 30,000 pages of writing, photographs, posters, and more, the Oyneg Shabes Archive is the most important cache of in-the-moment, eyewitness accounts from the Holocaust. It documents not only how the Jews of the ghetto died, but how they lived.

AUGUST 19 *THE TOBACCONIST*

Germany, 2018 German (with English subtitles) 108 minutes

Starring Bruno Ganz (*Downfall*, *Wings of Desire*) **as Sigmund Freud**

Based on the international bestseller by Robert Seethaler

A tender, heart-breaking story about one young man and his friendship with Sigmund Freud during the Nazi occupation of Vienna.

Seventeen-year-old Franz journeys to Vienna to apprentice at a tobacco shop. There he meets Sigmund Freud (Bruno Ganz), a regular customer, and over time the two very different men form a singular friendship. When Franz falls desperately in love with the music-hall dancer Anezka, he seeks advice from the renowned psychoanalyst, who admits that the female sex is as big a mystery to him as it is to Franz. As political and social conditions in Austria dramatically worsen with the Nazis' arrival in Vienna, Franz, Freud, and Anezka are swept into the maelstrom of events. Each has a big decision to make: to stay or to flee?

AUGUST 25 *PROMISE AT DAWN*

France, 2017 French (with English subtitles) 131 minutes

Starring Charlotte Gainsbourg (*Norman*, *Melancholia*) a

Based on the acclaimed autobiographical novel by Romain Gary

From his childhood in Poland to his adolescence in Nice to his years as a student in Paris and his tough training as a pilot during World War II, this epic drama tells the romantic story of Romain Gary, one of the most famous French novelists and sole writer to have won the Goncourt Prize for French literature two times. *PROMISE AT DAWN* offers a sweeping narrative that chronicles French author, airman and diplomat Roland Gary's life and his complex relationship with his mother, who drove him to greatness against all odds in a Europe torn by anti-Semitism and war.

AUGUST 26 REDEMPTION

Directed by Joseph Madmony and Boaz Yehonatan Yacov
Israel, 2018 Hebrew (with English subtitles) 104 minutes

Menachem, a former front man for a rock band, is now religious, and a father to a six-year-old. When his daughter is diagnosed with cancer, he must find a creative solution to fund the expensive treatments. He reunites his band for one last tour. The journey to save his daughter exposes old wounds and allows him to reconnect with his secular past. Menachem understands that only a new connection to his past and to his music can pave the road to his own redemption.

TICKET PURCHASING INFORMATION

Tickets may be purchased in advance at www.what.org or at the WHAT box-office. Individual tickets \$12; Film Package 4 FOR \$40

Sponsored in part by the Jewish Federation of Cape Cod

Ira Wolfson, Chair
Adult Education Committee

DATES TO REMEMBER

Thursday, July 4	INDEPENDENCE DAY	
Friday, July 5	Shabbat Service	7:30 PM
Friday, July 12	Shabbat in P-Town	6:30 PM
Wednesday, July 17	Adult Ed: "A Giant of Yiddish Women's Writing"	7:30 PM
Thursday, July 18	Rosh Chodesh Women	7:30 PM
Friday, July 18	Pre-Neg in the Garden	5:30 PM
	Shabbat Service	6:30 PM
Tuesday, July 23	Women's Torah Study	2:00 PM
Monday, July 29	Adult Ed: "Medical Aid in Dying"	7:30 PM
Friday, August 2	Shabbat Service	7:30 PM
Friday, August 9	Shabbat in P-Town	6:30 PM
Friday, August 16	Pre-Neg in the Garden	5:30 PM
	Shabbat Service	6:30 PM
Sunday, August 18	Film: <i>Who Will Write Our History?</i>	7:30 PM
Monday, August 19	Film: <i>The Tobacconist</i>	7:30 PM
Tuesday, August 20	Board of Directors	7:30 PM
Friday, August 23	Shabbat in P-Town	6:30 PM
Sunday, August 25	Film: <i>Promise at Dawn</i>	7:30 PM
Monday, August 26	Film: <i>Redemption</i>	7:30 PM
Tuesday, August 27	Women's Torah Study	2:00 PM
Wednesday, August 28	Adult Ed: "The Accusation..."	7:30 PM

HEBREW CLASS

Many of us say the prayers by rote, or we follow the transliteration. But we don't read together with the group. Many, or most of us, hear Torah but can't follow the meaning. Sure, we might read the translation but it's usually of limited value. You can change those limitations, by joining our Hebrew Class. Enhance your reading ability, develop your understanding, enjoy the comradery; we're a delightful group.

We invite you to join us. Call 508-255-5419. *L'hitraot.*

Sandy Chernick

AM HAYAM AND CAPE COD'S CLIMATE CHANGE INITIATIVE

Faith Communities Environmental Network (FCEN)

Protecting Bio-Diversity

Did you know that 83% of US land is owned by private individuals, (i.e. you and me)? What we choose to grow on our property can make a big difference in supporting the diversity of insects. The most important of these are those that maintain plant diversity and contribute the most energy to the food web, the pollinators and caterpillars. We can be the future of conservation! The plants we choose must support our food web, protect our watersheds and sequester carbon. Choose trees and plants that are "native species." Native plants support the highest diversity and biomass of butterfly and moth larvae, aka caterpillars. 90% of our bird species rely upon squishy soft nutrient-rich caterpillars to feed their young. Check out this informative web page from "The Association to Preserve Cape Cod: <https://apcc.org/nativeplants/index.html>.

Lyn Solomon
FECN Representative for Am HaYam
lynard2113@gmail.com

AM HAYAM DIRECTORY

The *Am HaYam* Directory has been updated for 2019. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, jrdill1@comcast.net. The new Directories were emailed in December. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

LOOKING AHEAD TO SEPTEMBER:

- LABOR DAY, September 2
- “*Haodalah* Under the Stars”, September 7
- Torah Study w/Rabbi Douglas, September 8
- Play Reading Group, September 9
- Adult Ed: “Who Says Your Dead?”, September 11
- *Shabbat* in P-Town, September 13
- Board of Directors, September 17
- *Rosh Chodesh* Women, September 19
- *Shabbat* Service, September 20
- Women’s Torah Study, September 24
- *Shabbat* in P-Town, September 27
- *Erev Rosh Hashanah*, September 29
- *Rosh Hashanah*, September 30

A full schedule of the High Holy Days is found elsewhere in this newsletter.

RITUAL COMMITTEE - HELP WANTED

Am HaYam needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2019 in need of leaders. Please email Judy Keller at jkelle47@verizon.net and reserve your date!!!

HINENI OUTREACH GROUP

The meaning of *Hineni* is “Here I Am.” The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you need of assistance, please “reach in” for our help. If you know someone who might benefit from our help, let us know and we will ask them if they would like some assistance.

Ruth Shapiro is coordinating the *Hineni* efforts. Please don’t hesitate to call Ruth at 508-896-3573 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI!*

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth. We want to help.

LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or jrdill1@comcast.net.

DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzvah*. To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

MILESTONES AND DONATIONS

Am HaYam is happy to share your good news and to inform one another when there has been a loss. Please send me news of weddings, anniversaries, special birthday, births, *b'nai mitzvah*, *brit milah*, baby-namings, etc. to rebeccabolmes@comcast.net.

Donations to *Am HaYam* for all occasions, e.g. in honor of, in appreciation, in memory of, for a *yahrzeit* can be sent to Am HaYam either using your online banking or with a check mailed to PO Box 1235, Brewster, MA 02631. Your donations support *Am HaYam's* services, programs and activities all year round.

MILESTONES

Refuah Shleimah to
Judy Keller
Bruce Wolf
Bob Dubeau

DONATIONS GENERAL FUND

In appreciation of Am HaYam
For being such a warm and welcoming group

Merle and Michael Tarnow

In appreciation of
Ira Wolfson's years of dedication to *Am HaYam*
Everyone's support during my recent illness

Judy Keller

Mazel tov to
Zachary Roth on his graduation from Nauset High School and acceptance at Northeastern University.

Rebekah Roth on her confirmation at Cape Cod Synagogue.

Carol Roth

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