



July/ August 2018 *Tammuz-Av-Elul* 5778 Volume 13, Number 11/12

### SHABBAT SERVICES

*Shabbat* Services are held on the first and third Fridays of the month, 7:30 PM, at the Federated Church, Main Street, Orleans, followed by an *Oneg Shabbat*. Please bring refreshments, such as baked goods and fruit, for the *Oneg Shabbat* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*. In July and August, on the first Fridays, we have a "Pre-Neg" (wine & cheese) at 5:30 PM followed by an abbreviated service.

Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at [jkelle47@verizon.net](mailto:jkelle47@verizon.net).

#### Service leaders:

Friday, July 6: Lyn and Len Solomon (6:30 PM)  
Friday, July 20: Rabbi Melissa Starr Wenig (7:30 PM)  
Friday, August 3: Samuel Bahn (6:30 PM)  
Friday, August 17: Renate Wasserman (7:30 PM)



If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

## FROM THE PRESIDENT

What the Bible Really Says: A Prayer for Those Who Love Humanity and Our Texts by Rabbi Rachel Bearman, Temple B'nai Chaim, Georgetown, CT from ReformJudaism.org June 21, 2018

Earlier this month, Attorney General Jeff Sessions used a quote from the New Testament to support the brutal separation of children and their parents. During a speech in Fort Wayne, IN, Sessions remarked, "I would cite you to the Apostle Paul and his clear and wise command in Romans 13, to obey the laws of the government because God has ordained them for the purpose of order. Orderly and lawful processes are good in themselves and protect the weak and the lawful."

Press Secretary Sarah Huckabee Sanders supported the idea of a biblical mandate for lawfulness when she answered a question about the Attorney General's remarks by saying, "I'm not aware of the attorney general's comments or what he would be referencing. I can say that it is very biblical to enforce the law.... That is actually repeated a number of times throughout the Bible."

In the hours and days since both of these officials made their comments, Christian theologians, representatives from various Christian denominations, and even one devout late-night comedian have decried Sessions' conclusion that the practice of ripping children away from their parents is in any way a reflection of Christian doctrine. I am grateful to those Christian voices who so quickly and powerfully condemned Sessions' use of their religion to support this cruel policy. One of my favorite responses came from my friend and colleague, Reverend Shannon White of Wilton Presbyterian Church, who posted a simple but effective denunciation. She wrote, "To Atty. General Sessions, Please stay in your lane and do not quote the Bible to justify separating children from their parents at our borders. I'm absolutely appalled."

Now, if either of these politicians had attended a seminary, they would have studied with teachers like mine who impressed upon their students the foolishness of relying on proof texting (the practice of using out-of-context excerpts to support one's argument without regard to the overarching themes or messages of the narrative). If they had been lucky enough to study with my professors and homiletical coaches, they would have learned that standing in front of people and arguing that the "Bible says" something like "obey the law because laws come from God," is to invite someone like Stephen Colbert to reply publically with, "[If the Attorney General had] just read a little bit further into Romans 13:10 [he would have found], 'Love thy neighbor as thyself. Love does no harm to a neighbor. Therefore, love is the fulfillment of the law.'"

As someone who loves a religion that holds the texts of the Hebrew Bible as sacred, I take strong issue with anyone's attempt to use the Bible as a tool to convince us we should comply blindly rather than stand up. The Hebrew Bible is the product of human authors who attempted to capture cosmic truths. That means that these texts that are the sacred account of

our people's history and the compass that guides our people's journey in this world -- these sacred texts include within them the biases, prejudices, concerns, and the beauty of humanity. If you search the pages of our *Tanach*, you can find justification for all manner of human evils. But it is the responsibility of those who love the text, those who love our tradition, to look not for those verses that reflect the worst of ourselves, but instead to embrace the stories, the commandments, and the truths that push us to be better. It is the responsibility of all religious people who look to the books of the Bible for inspiration, motivation, and sacred truths to stand up and loudly declare that those who use the Bible to support cruelty or hatred are fundamentally misunderstanding the teachings of our traditions.

The Jewish people, who know all too well what happens when human beings are declared illegal and children are ripped from the arms of their parents, have an added responsibility. We are required to stand up and to say in one voice that while the Bible teaches us many things, above all else, our tradition teaches us that every life is precious and that we are responsible for our neighbors. On a recent *Shabbat* - a day of stillness after yet another week of painful rhetoric and troubling news reports - I was inspired to write and to offer a prayer for those of us who strive to be what the Bible tells us we should be.

I pray that we will be like Eve, who was willing to risk her safe existence in order to pursue knowledge.

I pray that we will be like Abraham and Sarah, who hurried to welcome strangers into their camp and rushed to prepare a meal for them.

I pray that we will be like Rebekah, who was judged as remarkable because of her kindness to a traveler.

I pray that we follow in the footsteps of Jacob, who encountered divinity and wrestled with it tirelessly.

I pray that we will be like Shifra and Puah, who refused to follow the commands of their ruler when he ordered them to deal cruelly with the mothers and children of a vulnerable people.

I pray that we will be like Reuel, who encountered a wanderer fleeing from his home, brought him into his community, and treated him like family.

I pray that we will be like Caleb, who refused to accept the pessimism of his fellow leaders and who clung to his certainty that the future could be safer, brighter, and better.

I pray that we will be like Rahab, who hid strangers in her home when they were sought by those who wanted to harm them.

I pray that we will be like David, who had the courage to confront even the most powerful foe.

I pray that we will be like Abraham and Moses, who stood toe-to-toe with the power of the universe and confronted injustice with loud voices and sure hearts.

I pray that we will remember Rabbi Akivah's teaching that the heart of the Torah, the verse at the center of the scroll and at the center of the Jewish tradition, is Leviticus 19:18 which says, "Love your neighbor as yourself."

This is my prayer for all of us and for all those who hold the Bible as a sacred text.

May this be God's will. May it be our will. Amen.

*Ira Wolfson*

## GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Ira Wolfson

When a person does something selfless, Christians call him “a saint”. We Jews call him a *mensch*. Ira is in his second term as president of AHY, agreeing to serve as president for five years when no one else would take on the responsibility. That selfless act itself qualifies him for *mensch*hood; but in addition, Ira is a person who treats everyone with respect, cares about his community and is guided by honesty and integrity. He has demonstrated those values in all the work he has done for AHY over the years and in his professional and personal life as well.

Ira was born in the Bronx. His family later moved to the New York City suburb of Mt. Vernon where he finished elementary school and attended high school. He continued his education at the State University College at New Paltz, New York, majoring in history and political science with a minor in education. After graduation in 1964, he married and went to work for his father-in-law’s import-export business. Changing professions, Ira was an educator for 28 years in New York and New Jersey, serving as teacher of language arts and social studies, department chairperson and assistant principal.

His first teaching position was at an elementary school in Middletown, New York. He remembers it as the “worst experience ever imagined.” It was an “open space classroom” where several teachers were teaching several classes in one noisy, chaotic space. His son, Howard, was born during the years in Middletown. In 1970, he returned to New York City and began teaching at the Middle School in Ardsley, New York.

In Ardsley, Ira taught Social Studies as part of an interdisciplinary team. He went back to school at Columbia University to pursue a Doctorate in Educational Administration. He did his internship as vice principal in a poor community school where his main duty consisted of maintaining order in the lunchroom—a tall order. One fateful day, a voice over the intercom directed him to “come to the main office and get a pair of rubber gloves.” With his gloves, he was sent to the kindergarten bathroom where he found a five-year-old crying, “Jacob threw my quarter in the toilet!” He gave the child a quarter and decided he preferred teaching to administration. He abandoned the pursuit of the doctorate and administration and instead received an M.A. and an M.ED. from Teacher’s College, Columbia University. He went on to teach in the East Ramapo New York School District for four years and then spent the next nineteen years as an educator in South Orange, New Jersey (“a wonderful place to teach”) where he became head of the Social Studies Department and 6<sup>th</sup> grade team leader.

In his spare time, Ira was also vice-president of his teachers association, served as president of a non-profit foundation for housing the mentally ill and was president of his local tenants association. In addition, he has prepared Federal and state income tax returns for over 40 years and was trained as a paralegal.

After divorcing in 1973, and looking for a relationship, Ira joined Parents Without Partners. One evening, they sponsored a square dance, which Ira attended, and so did a beautiful young woman named Bernice. For Ira, it was love at first sight. They were together for several years and married in 1986.

In 1995, he and Bernice moved to the Cape where he soon volunteered as a counselor with the SHINE program, a state and federal medical insurance counseling program that assisted elders and the disabled with applications for housing assistance and food stamps, getting medical insurance and other

basic needs. In 1998, he was recognized as one of ten outstanding SHINE counselors in the state of Massachusetts specializing in the Medicaid Application Process. Additionally, he was the Regional SHINE Outreach Coordinator for six years.

For several years, Ira taught Adult Education at Cape Cod Community College – the Academy of Life-long Learning, the Yarmouth Senior Center, the Barnstable Senior Center and the Falmouth Jewish Congregation.

Ira's mother and father and his maternal grandfather, an Orthodox rabbi, were profound influences in his life. In particular he remembers his father's attitude regarding money and possessions and his mother's love of learning, language, and reading. From his grandfather he learned to appreciate Jewish rituals and community obligations and flexibility. One story will illustrate: When Ira and his sister Ann were small children, Grandpa Nathan took them to cast their "sins" in the East River for *tashlich* on *Rosh Hashanah*. It was late in the day; Ira was hungry and ate the breadcrumbs that his grandfather gave him for the ceremony. Laughing, his grandfather directed Ira to search his pockets for *shmutz* to substitute for the long-gone crumbs. His sister, ever dutiful, had her breadcrumbs to cast in the river.

Ira feels that his major accomplishments have been the positive effects he has had on people's lives through teaching and his work at SHINE. He has also been instrumental, along with many other dedicated individuals, in helping to keep *Am HaYam* functioning for the Jewish community of Cape Cod. He fervently hopes that someone else will step into a leadership role and be the next *mensch*.

*Marsha DuBeau*

## **AM HAYAM JEWISH FILM FESTIVAL**

All films will be screened at the WHAT Theater, Route 6, Wellfleet, MA  
Films at 7:30 PM (doors open at 7). Free and Open to the Public

September 16: *The Invisibles*

October 3: *Amor*

October 4: *Humor Me*

October 10: *The Samuel Project*

October 11: *Light of Hope*

October 29: *Keep the Change*

October 30: *The Testament*

Look for additional information in the September and October newsletters

## NOTES FROM THE INTERFAITH JUSTICE COMMITTEE: KEEP AN EYE ON SNAP (AND DACA)

Isaiah 58:6-7 *Is not this the fast that I choose:...Is it not to share your bread with the hungry...?*

Matthew 25:35 *...for I was hungry and you gave me food...*

SNAP = Supplemental Nutrition Assistance Program

Since 2008, SNAP, the name for what was formerly the Food Stamp program, is designed to provide adequate nutrition, based on income eligibility, for persons living in poverty. This year, the program is due to be re-authorized as part of the huge Farm Bill. The Justice Committee (a partnership between the Federated Church and *Am HaYam Havurah*) urges all to support legislation which *does not* diminish the effectiveness of this program for the poor. At this writing (May 19), the U.S. House just defeated a Farm Bill which included major cutbacks in funding and stricter work requirements for SNAP. Advocates such as Bread for the World cited the possibility that 2 million persons would lose their eligibility. Many of these are single mothers and children. Stricter work or work training requirements are *not* helpful in reducing poverty as long as decent wages and benefits are lacking. The Bill was defeated by maneuvering by conservative members who wanted to force a vote on punitive immigration measures first, along with those who opposed the changes to SNAP.

Justice Committee urges members of our congregations to be alert to: 1) Whether the Bill is returned for action by the House, and 2) The Senate version of a Farm Bill (with SNAP) which may be submitted soon. Encourage our legislators to oppose harsh changes to SNAP and maintain funding which truly supports women, children and families.

Also, if those from conservative and/or moderate factions of Congress succeed in forcing votes on immigration reform measures, *please* advocate for protections under DACA for all who have been living in the U.S. since brought by their parents.

Contacts:

Senator Edward J. Markey

202-224-2742

<https://www.markey.senate.gov/contact>

Senator Elizabeth Warren

202-224-4543

[https://www.warren.senate.gov/?p=email\\_senator](https://www.warren.senate.gov/?p=email_senator)

Representative William Keating

202-225-3111 (Cape office: 508-771-0666)

<https://keating.house.gov/contact>

If you would like to join this committee, contact Renate Wasserman at [renatewas@verizon.net](mailto:renatewas@verizon.net).

## HIGH HOLY DAYS WITH *AM HAYAM*

*Rosh Hashanah* and *Yom Kippur* services are held at The Federated Church of Orleans, 162 Main Street, East Orleans. Services will be conducted by Rabbi Deanna Douglas and Cantorial Soloist Elizabeth Anker. All services are free and open to the public. The building is handicap accessible, air-conditioned and there is plenty of parking.

If you have questions about the High Holy Days, please contact Judy Keller at 508-255-7564 or [jkelle47@verizon.net](mailto:jkelle47@verizon.net).

## SCHEDULE OF SERVICES

- *Erev Rosh Hashanah*, Sunday, September 9, 7:30 PM
- *Rosh Hashanah*, Monday, September 10, 10 AM
- *Tashlikh* immediately following services at Meeting House Pond on Barley Neck Road
- *Kol Nidrei*, Tuesday, September 18, 7:30 PM
- *Yom Kippur*, Wednesday, September 19
  - Morning service, 10 AM
  - Torah Discussion with Rabbi Douglas following morning service
  - Afternoon service, 4:30 PM
  - Yizkor* (memorial) service, 5:30 PM
  - Ne'ilah* (concluding) service, 6:00 PM
  - Havdalah*, 6:30 PM
  - Sunset, 6:42 PM
- Break-the-Fast

## BREAK-THE-FAST

Those wishing to break-the-fast before leaving Federated Church are invited to join together in the downstairs vestry for juice and *challah*. Since many of the participants at our services make alternative arrangements for breaking the fast, the Board of Directors voted to discontinue the larger break-the-fast gathering. We are concerned, however, that everyone who prays with us be able to break the fast with others. If you would like an invitation to join others after the conclusion of *Yom Kippur* services, please let Arlene Cohen know and she will make the necessary arrangements. You can call her at 508-255-4569 or send an email: [arlskc@comcast.net](mailto:arlskc@comcast.net).

## USHERS

Greeter/ushers are needed for each of the High Holy Day services. These volunteers, working in pairs, greet people as they arrive at the sanctuary doors and assist them in finding seats. They also guide people arriving after the service has begun on an appropriate time to enter the sanctuary. If you would like more information or to volunteer, please call Richard Dill at 508-255-7771 or email [rldill1@comcast.net](mailto:rldill1@comcast.net) by August 27.

Date	Service	Ushers' Arrival Time
September 9	<i>Erev Rosh Hashanah</i>	6:55 PM
September 10	<i>Rosh Hashanah</i>	9:25 AM
September 18	<i>Erev Yom Kippur</i>	6:55 PM
September 19	<i>Yom Kippur AM</i>	9:25 AM
September 19	<i>Yom Kippur PM</i>	3:50 PM

## PROTOCOL FOR THE HIGH HOLY DAYS

The Ritual Committee has established the following guidelines for High Holy Day services: While the congregation is standing in prayer, no one will be permitted to enter the sanctuary or leave until the congregation is seated. Ushers will be present at the rear of the sanctuary to implement this policy. No exceptions will be made. Because we are a diverse congregation, no one is required to wear a *tallit* or *kippah* while holding the *Torah*, reciting blessings or standing on the *bimah*. *Kippot* will be available in the foyer and *tallitot* will be available on the *bimah* for those who want them.

## ZAMAREI HAYAM - Singers of the Sea

Our June service, led by Marsha Dubeau and Ruth Shapiro, was a perfect example of how *Zamarei HaYam* can work for you. They contacted me and together we chose melodies for their *Shabbat Service*. Next I emailed the members of *Zamarei* and informed them which melodies would be used. Easy! Then Marsha and Ruth did not have to worry about that aspect of their service.

MUSIC! MUSIC! MUSIC! Music brings back memories of the past - both happy and sad. Music makes our services more interesting and enjoyable. *Zamarei HaYam* will soon be working with Elizabeth Anker, our cantorial soloist, preparing for the High Holy Days. Voices and instruments are welcome. Come join us! Sing? Play the flute? Guitar? Cello? Contact me at [pandmselig@hotmail.com](mailto:pandmselig@hotmail.com) or Liz Anker at [lizanker@comcast.net](mailto:lizanker@comcast.net) if you would like to join us.

*Mim Selig*

## **AM HAYAM ADULT EDUCATION FILM**

**Sunday, July 1, The Julie Harris Stage at WHAT, Wellfleet, 7:30 PM Doors open at 7 PM, Tickets are FREE: [https://what.secure.force.com/ticket#sections\\_a0F0V00000k572FUAQ](https://what.secure.force.com/ticket#sections_a0F0V00000k572FUAQ)**

*GI JEWS: JEWISH AMERICANS IN WORLD WAR II* tells the profound and unique story of the 550,000 Jewish men and women who served in World War II. Through the eyes of the servicemen and women, the film brings to life the little-known story of Jews in World War II – as active participants in the fight against Hitler, bigotry and intolerance. *GI JEWS* is directed and produced by Lisa Ades, who will be presenting the film.

Jewish men served in the Army, the Navy, the Air Force and the Marines, in every theater of war. 10,000 Jewish women volunteered as WACs, WAVES and WASPs, and as nurses overseas, defying their parents' warning that the military was "no life for a nice Jewish girl."

These men and women were religious and secular, Zionists, socialists, even pacifists. Some had been in America for generations; others were recent immigrants, with close family members left behind in Hitler's Europe. Their extraordinary experiences are at the heart of the film, telling the story of World War II from a uniquely Jewish perspective.

Jewish Americans fought on two fronts: for America and for Jews worldwide. Like all Americans, they fought against fascism, but they also fought a more personal fight – to save their brethren in Europe. In the midst of it all, they battled anti-Semitism within the ranks of the U.S. military – facing slurs and violence from their fellow servicemen. New York City mayor Ed Koch, who served in the infantry, wrote later, "it wasn't only Hitler, it was here in America."

Speaking on-camera are "the greatest generation" of Jewish Americans, both famous and unknown. Writer/directors Mel Brooks and Carl Reiner tell stories of being Jewish in training with humor and pathos. Former Secretary of State Henry Kissinger and artist Si Lewen escaped Nazi Germany as teenagers, then returned to their homeland to fight as American soldiers. Ellan Levitsky nursed the wounded after D-Day, and Lt. Lester Tanner was saved by his Protestant commanding officer in a Nazi POW camp. The film also features the stories of Jewish veterans now deceased, including baseball star Hank Greenberg, and writers Norman Mailer, J.D. Salinger, Leon Uris and Joseph Heller, who transformed their war experiences into powerful literature.

Jewish soldiers, including Alan Moskin and Eliot Herman, were among the first to reach the concentration camps liberated by American troops. Many spoke Yiddish, so they could offer the survivors their first words of solace and comfort. In archival footage, we watch Rabbi Chaplain David Max Eichhorn arrive at Dachau, praise the survivors for their bravery and heroism, and lead them in a moving moment of prayer.

Jewish servicemen and women were changed forever by their military service and their encounter with Hitler's atrocities. Returning home, they continued to fight for the values for which they had risked their lives -- for religious freedom and civil rights in America.

In the end, the story of the Jewish GIs is the story of becoming American - the story of immigrants who earned their citizenship by shedding blood, and fought for democracy and tolerance abroad and at home.

## **SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS**

Look for the new dates in the September newsletter.

## **MEN'S TORAH STUDY**

**TBA**

## **STUDY TORAH ON YOUR OWN**

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

<http://conservativejudaism.org/articlenav.php?id=7>

<https://reformjudaism.org/learning/torah-study/va-ychi>

## **MISHKAN HANEFESH FOR PURCHASE**

A number of members have inquired about purchasing copies of the new *machzor* for their personal use. The easiest way to do that is to order on Amazon. It is the same price as ordering from the Reform movement's publishing division. The price is \$42.00 for regular size hard cover (two volumes), \$100 for large print paperback (three volumes\*) and \$9.99 per volume for the kindle editions (total 19.98 for both volumes). \*The Yom Kippur service is divided into two volumes.

## **BOARD OF DIRECTORS**

Monday, August 20, 7 PM  
Federated Church  
All are welcome.

## **RITUAL COMMITTEE - HELP WANTED**

*Am HaYam* needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2018 in need of leaders. Please email Judy Keller at [jkelle47@verizon.net](mailto:jkelle47@verizon.net) and reserve your date!!!

## AM HAYAM HAVURAH ADULT EDUCATION

Mondays July 16 and 30, 2018

Brewster Ladies Library, 7:15 PM

1822 Main Street, Brewster

### *Writing Your Ethical Will*

There is a lovely Jewish tradition of writing what is called an "ethical will." Parents would write a letter to their children in which they would try to sum up all that they had learned in life, their spiritual beliefs and values and would try to express what they hoped for their children. These letters reflect that what we leave our children is not only our material possessions, but our wisdom, values, hopes and beliefs.

David Balto a summer resident in Wellfleet, will teach a class on writing your ethical will. It is a two-part class in which we will begin by learning the basics of ethical wills, review past ethical wills and consider the questions to be examined in authoring an ethical will. We will then draft our own ethical wills and meet in a second class to share our draft wills.

Instructor: David Balto is a Chaplain at Washington Hospital Center and the Hebrew Home of Greater Washington. He has studied ethical wills for years and has assisted many people in authoring ethical wills.

### DATES TO REMEMBER

Sunday, July 1	Film: <i>GI Jews</i>	7:30 PM
Wednesday, July 4	INDEPENDENCE DAY	
Friday, July 6	"Pre-Neg"	5:30 PM
	<i>Shabbat Service</i>	6:30 PM
Friday, July 13	<i>Shabbat in P-Town</i>	6:30 PM
Monday, July 16	<i>Writing an Ethical Will</i>	7:15 PM
Friday, July 20	<i>Shabbat Service</i>	7:30 PM
Sunday, July 22	<i>Tish'ah B'Av</i>	
Tuesday, July 24	Women's Torah Study	2:00 PM
Friday, July 27	<i>Shabbat in P-Town</i>	6:30 PM
Monday, July 30	<i>Writing an Ethical Will</i>	7:15 PM
Friday, August 3	"Pre-Neg"	5:30 PM
	<i>Shabbat Service</i>	6:30 PM
Friday, August 10	<i>Shabbat in P-Town</i>	6:30 PM
Friday, August 17	<i>Shabbat Service</i>	7:30 PM
Monday, August 20	Board of Directors	7:00 PM
Friday, August 24	<i>Shabbat in P-Town</i>	6:30 PM
Tuesday, August 28	Women's Torah Study	2:00 PM

## WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are currently studying *Exodus*. Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meetings will be on Tuesdays, July 24 and August 28, 2-4 PM at the Federated Church.

If you wish to be added to the WTS email list, contact me at [rebecabholmes@comcast.net](mailto:rebecabholmes@comcast.net).

*Rebecca B. Holmes, Facilitator*

## REFUGEE VACATION WEEKENDS

We are all set! We had 18 families volunteering to host including some *Am HaYam* members. We have 14 refugee families coming from Liberia, Sudan, Republic of Congo and Central African Republic. Thank you to the *Am HaYam* community for its support. Any who would like to make a donation for our refugee support ministry should send the donation to Father Ken Campbell, Box 306, South Orleans 02662. Checks should be made out to Nauset Interfaith with memo: "Refugees."

*Ken Campbell*

## **ROSH CHODESH WOMEN**

*Rosh Chodesh* Women does not meet during the summer months of July and August. We will resume for a planning meeting on Thursday, September 20<sup>th</sup> at 7:30 PM, at the home of Bernice Simon-Wolfson at 32 Wadsworth Lane, in Yarmouth Port.

RSVP (in September) at: 508-362-5508 or [bsimwolf@comcast.net](mailto:bsimwolf@comcast.net). More details will follow as the time draws near. Have a good Summer! See you in the Fall.

*Bernice Simon-Wolfson, Chair*

## **THE PLAY READING GROUP**

The Play Reading Group does not meet during the summer months of July and August. We will resume with a planning meeting on Monday, October 15<sup>th</sup>\*, 12:30-4:00 PM at the home of Bernice Simon-Wolfson at 32 Wadsworth Lane, Yarmouth Port.

You may RSVP (in early October) at: 508-362-5508 or [bsimwolf@comcast.net](mailto:bsimwolf@comcast.net). More details will follow as the time draws near. Have a great Summer! See you in the Fall. Thank you.

\*We usually meet on the first Monday of the month, but that is not possible this year because of the many National and Jewish Holidays.

*Bernice Simon-Wolfson, Chair*

## **MEMBERSHIP**

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

## **AM HAYAM DIRECTORY**

The *Am HaYam* Directory has been updated for 2018. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, [jrdill1@comcast.net](mailto:jrdill1@comcast.net). The new Directories were emailed in early January. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

## **HINENI OUTREACH GROUP**

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you are in need of assistance please "reach in" for our help. If you know someone in you might benefit from our help, let us know and will ask them if they would like some assistance.

Ruth Shapiro and Margi Eckhouse are coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 or Margi at 508-694-7996 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI!*

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth or Margi. We want to help.

### **LOCAL (Lower Cape Lunch)**

*Am HaYam*, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

#### Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

#### Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or [jrdill1@comcast.net](mailto:jrdill1@comcast.net).

## **DONATIONS**

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## **LOOKING AHEAD TO SEPTEMBER:**

- *Selichot* Service/Program, September 1
- LABOR DAY, September 3
- *Shabbat* Service, September 7
- *Erev Rosh Hashanah*, September 9
- *Rosh Hashanah* I, September 10
- *Rosh Hashanah* II, September 11
- *Shabbat* in P-Town, September 14
- Film: *The Invisibles*, September 16
- Board of Directors, September 17
- *Kol Nidrei*, September 18
- *Yom Kippur*, September 19
- *Erev Sukkot*, September 23
- *Sukkot*, September 24
- Women's Torah Study, September 25
- *Shabbat* in P-Town, September 28

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*Refuah Shleimah to*

Bruce Wolf  
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Susan Rosenberg  
Tova Soyt  
Stephen Roth  
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