

June 2019 *Iyyar-Sivan* 5779 Volume 14, Number 10

SHABBAT SERVICES

Shabbat services are held on the 1st and 3rd Fridays of the month, followed by an *Oneg Shabbat*. Please bring refreshments, such as baked goods and fruit, for the *Oneg Shabbat* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at jkelle47@verizon.net.

SHABBAT SERVICES

June 7

Shabbat/Shavuot Service led by Shira Sands

June 21

Led by Tova Soyt



If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

TRIP TO ISRAEL

LET'S TALK ABOUT OUR TRIP TO ISRAEL.
COME TO
AN INFORMATIONAL MEETING WITH EREZ PINHAS
THURSDAY, JUNE 27, 2019
FROM 2 TO 4 PM

The meeting will be at the home of Renate Wasserman in Orleans. RSVP to renate-was@verizon.net or 508-255-7266 for address and directions.

Am HaYam is excited to present the possibility of a 10-day Journey into Israel's Culture and Cuisine led by Orleans' own Erez Pinhas, owner of Abba restaurant. An Israeli native, Erez has offered to customize this trip to Israel for *Am HaYam* should there be enough interest.

Highlights would include:

- Airport pickup/drop off
- 10 nights hotel including breakfast
- Luxury air-conditioned van or bus throughout itinerary
- Druze cooking workshop with meal in the Galilee
- All entrance fees to museums and national parks
- Three winery tastings with artisanal cheeses
- Halvah tasting
- Kibbutz bio-tour
- Visits to Caesarea, Golan Heights, Dead Sea, tour of Old City Jerusalem, Yad Vashem, Jaffa



Dates have not been locked in. Under consideration are January, February, March, late October/early November 2020 and January 2021. We estimate the cost to be about \$2800 per person with a minimum of 10 people and would be reduced to \$2500 for 20 or more. Airfare is not included.

To see additional information about Erez's regular tours, go to www.abbagotravel.com. 2020 in Jerusalem? We'll see.

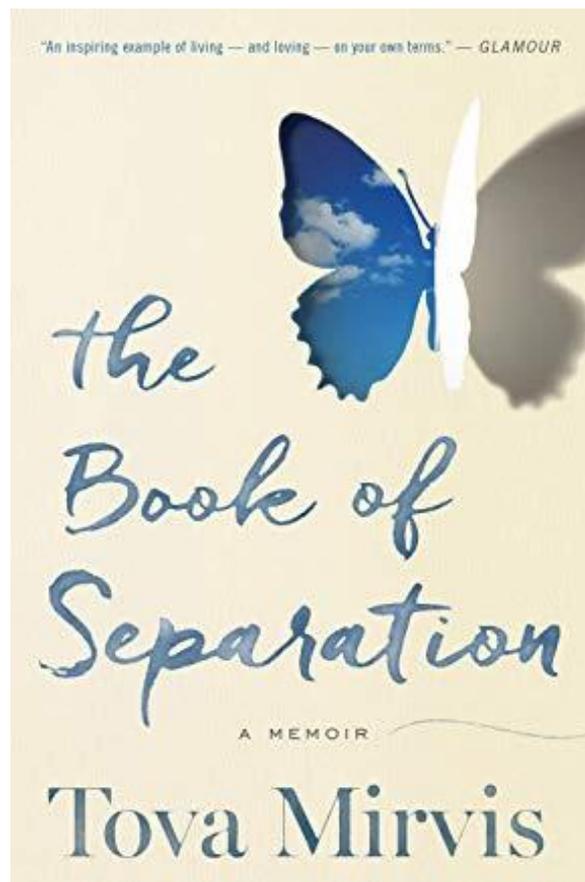
Jessica Dill

ROSH CHODESH WOMEN

Our next meeting will be on Thursday, **July 18** at 7:30 at the home of Bernice Simon-Wolfson at 32 Wadsworth Lane in Yarmouth Port. Due to my having complicated eye surgery in June, I have rescheduled the June 20 meeting to July 18. Thanks for your understanding.

FACILITATOR: Bernice Simon-Wolfson

TOPIC: An interactive discussion about *The Book of Separation* by Tova Mirvis. It's a memoir about the author's life as a modern Orthodox Jew and then separating from Orthodoxy. At age forty Tova decided to leave her husband and her faith. She strikes out on her own to discover what she believes and who she really is. This will entail forging a new way of life, not just for herself, but for her three children, who are struggling with what the divorce and her new status as "Not Orthodox" means for them.



RSVP to Bernice Simon-Wolfson at 508-362-5508 or bsimwolf@comcast.net. Please carpool if possible.

Bernice Simon-Wolfson, Chair

THE PLAY READING GROUP

Our next meeting of The Play Reading Group will be on Monday, June 3rd at the home of Elaine Karp at 1 Compass Drive in Harwich. We *Nosh* and *Shmooze* at 12:30 and officially begin at 1:00, Spring hours 1:00 – 4:00.

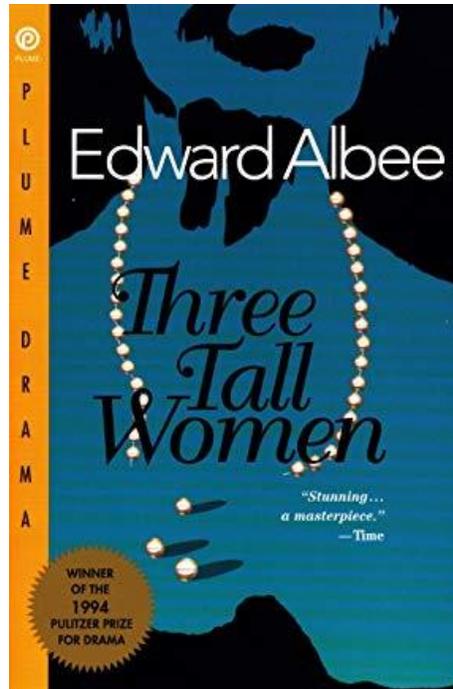
We will be reading *Three Tall Women* by Edward Albee which first premiered on June 14, 1991. It is among one of the most autobiographical plays he has written. He won a Pulitzer Prize and best play awards in 1994.

The play is a startling and provocative portrayal of a ninety year old wealthy widow who reflects on her life with a mixture of shame, pleasure, regret, and satisfaction. She recalls the fun of her childhood and her early marriage, when she felt an overwhelming optimism. She also bitterly recalls negative her husband's affairs and of her gay son. The woman's the clearest indication that some troubled memories of Raised by conservative New England adoptive parents ing gay, he left home at this play.

Please come and see how the "actors" make it come alive

ALL MEN AND WOMEN
RIENCE NECESSARY! YOU
SIDE OF THE CURTAIN!

Please check with the Clams ability of the play, or purchase it inexpensively at: amazon.com, abebooks.com or powell.com. RSVP to Elaine Karp 781-718-3993 or egk50@comcast.net.



events that caused her regret: death, and the estrangement relationship with her son is Albee was working through his own in *Three Tall Women*. England adoptive parents ing gay, he left home at this play.

story develops and how our with their enthusiasm.

ARE WELCOME! NO EXPE-
CAN COME ON EITHER

Library System for the avail-
chase it inexpensively at:

Bernice Simon-Wolfson, Chair

AM HAYAM AND CAPE COD'S CLIMATE CHANGE INITIATIVE

Faith Communities Environmental Network (FCEN)

A Small Change in Our Daily Lives Can Make a Difference

Greenhouse gas emissions (carbon dioxide and methane) have increased steeply in the last 20 years causing the average temperature on earth to rise more than 1 degree Celsius. All decisions from here on out are the differences between, say, 1.5, 2.0 and up to 4 degrees C. Any of those scenarios will lead to an escalating burden of suffering for billions of humans yet unborn. Today's young people will grow up in a climate altered by your choices right now.

We can take direct personal action to reduce our carbon footprint in simple ways that will also save us money. Plug leaks in home insulation to save power, install a smart thermostat, switch to more efficient light bulbs, turn off unused lights, drive fewer miles by consolidating trips or taking public transit, waste less food, and eat less meat.

Taking one less plane ride per year can save as much in emissions as all the other actions combined. If you want to be at the cutting edge, you can look at buying an electric or hybrid car or putting solar panels on your roof. We can choose a 100 percent green power supplier on from our electric company.

Lyn Solomon
FECN Representative for Am HaYam
lynard2113@gmail.com

INTERFAITH JUSTICE COMMITTEE

The Interfaith Justice Committee of the Federated Church of Orleans and *Am HaYam* needs additional members to address issues of local, national and international importance to us all.

The Committee meets on the third Thursday of the month at The Federated Church from 1:30 to 3:00 PM. If interested and available, please contact Renate Wasserman at renate-was@gmail.com or Marcia Goffin at mgoffin10@gmail.com.

Renate Wasserman
Facilitator

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are now studying the Book of Leviticus (*Vayikra*). Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meeting will be on Tuesday, June 25, 2-4 PM, at the Federated Church in Orleans. If you wish to be added to the WTS email list, please contact me at rebeccabolmes@comcast.net.

Rebecca B. Holmes, Facilitator

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

This year in Sunday Torah Study, we will try to understand, as best we can, the *Book of Ecclesiastes*, called *Kohelet* in Hebrew. Please bring your *TaNakh* (not just the Torah, but the whole Bible (or as one might say in Yiddish, the *gantze megilla*).

Also, if you have never studied Torah (which actually means the entire Jewish canon), give it a try. All you need to do is to be able to read English and have an inquiring mind.

Rabbi Deanna Douglas

All sessions meet at the Brewster Ladies Library, 10:30 AM - 12 Noon

June 2

HOLD THESE DATES FOR 2019-2020

9/8, No October, 11/3, 12/8, 1/5, 2/2, No March, 4/12, 5/3, 6/14

DATES TO REMEMBER

| | | |
|--------------------------|--|----------|
| Saturday, June 1 | "Jewish Comedy Night" | 7:00 PM |
| | Film: <i>This Is Home</i> | 10:00 AM |
| Sunday, June 2 | Torah Study w/Rabbi Douglas | 10:30 AM |
| | "Border Immersion Experience" w/Pastor Holleck | 3:00 PM |
| Monday, June 3 | Play Reading Group | 12:30 PM |
| Friday, June 7 | <i>Shabbat/Shavuot</i> Service | 7:30 PM |
| Saturday, June 8 | <i>Erev Shavuot</i> | |
| Sunday/Monday, June 9/10 | <i>Shavuot I & II</i> | |
| Monday, June 10 | Ritual Committee | 10:30 AM |
| Friday, June 14 | <i>Shabbat</i> in P-Town | 6:30 PM |
| Sunday, June 16 | FATHER'S DAY | |
| Friday, June 21 | <i>Shabbat</i> Service | 7:30 PM |
| Tuesday, June 25 | Women's Torah Study | 2:00 PM |
| Friday, June 28 | <i>Shabbat</i> in P-Town | 6:30 PM |

ZAMAREI HAYAM - SINGERS OF THE SEA

A big thank you to those *Zamarei* singers who were able to participate in the *Shabbat* service on May 17, 2019: Arlene Cohen, Linda Pearson, Marilyn Schlansky, Peter Selig, and Len and Lyn Solomon. A cozy "campfire" constructed by Marilyn and Arlene plus a film loop of old camp snapshots, greeted the congregants as the service focused on *Lag B'Omer* and the custom of bonfires at this time of the year. We all had a great time recalling our personal experiences at summer camps, Jewish and otherwise, and learned about the history of these camps and of the Talmudic requirement to teach your child to swim!

The High Holy Days will be here before we know it! Join us as Liz Anker prepares The Singers of the Sea for these services.

Mim Selig
pandmselig@hotmail.com

HEBREW CLASS

Many of us say the prayers by rote, or we follow the transliteration. But we don't read together with the group. Many, or most of us, hear Torah but can't follow the meaning. Sure, we might read the translation but it's usually of limited value. You can change those limitations, by joining our Hebrew Class. Enhance your reading ability, develop your understanding, enjoy the comradery; we're a delightful group.

We invite you to join us. Call 508-255-5419. *L'hitraot.*

Sandy Chernick

GETTING TO KNOW MEMBERS OF THE *AM HAYAM* COMMUNITY

Member profile: Tova Soyt

We know we have lucked out when someone moves to the Cape, joins *Am HaYam*, is soon leading services AND agrees to be the new Treasurer. Cloning sounds like a good option, but we are grateful to have at least one Tova Soyt.

Tova was born and grew up in the Bronx. Her family lived in a 2-family home with her grandparents who were Modern Orthodox. As was the custom, Tova's brother received a formal Jewish education, but being a girl, Tova did not.

She studied to become a Physician's Assistant. After working as a PA for a short time she started working in the medical device industry in sales and marketing. She later became a single mom and in 1991 she and her son, Jonathan, moved to the Boston area, joining a Reform temple in Newton. Tova raised her son to have a strong Jewish connection and when he was in high school, his thirst for to continue his Jewish studies, at-gram at Hebrew College, and depth of courses offered

When Jonathan was young, ness in order to balance ing. Her venture focused on cal device industry. In 2002 Babson College and subse-hospitals in Boston.



knowledge led him to con-tending the Prozdor pro-where he relished the variety to high school students.

Tova started her own busi-childcare and making a liv-training people in the medi-she obtained her MBA at quently worked for several

Tova met her husband, Tony, in 2005 and they married in 2012, blending their families to include his three grown children. In 2014 they bought land in Brewster and built a house they planned for retirement. Knowing that *Am HaYam* was here was a big factor in choosing to move to the Cape.

Tova and Tony love to travel and hike and have visited at least 20 National Parks. Tova relishes taking long walks along wooded Cape Cod paths with Ranger, the dog she and Tony acquired last year. Tova and Ranger are currently in a program that will train him to be a therapy dog; once trained, they will visit patients in nursing homes and hospitals. She also enjoys knitting; giving her colorful and useful hand-made items to friends and family is a special pleasure. Tova is active in Women's Torah Study and Rabbi Douglas's Torah Study. She is immersed in a self-study program to learn Hebrew and is grateful for the help she receives from the Rabbi. We look forward to the service she will lead in June.

Marsha Dubeau

LOOKING AHEAD TO JULY:

- Independence Day, July 4
- *Shabbat* Service, July 5
- *Shabbat* in P-Town, July 12
- *Rosh Chodesh* Women, July 18
- Pre-Neg and *Shabbat* Service, July 19
- Women's Torah Study, July 23
- *Shabbat* in P-Town, July 26

STUDY TORAH ON YOUR OWN

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

<https://www.conservativeyeshiva.org/torahsparks/>
<https://reformjudaism.org/learning/torah-study/>

RITUAL COMMITTEE - HELP WANTED

Am HaYam needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2019 in need of leaders. Please email Judy Keller at jkelle47@verizon.net and reserve your date!!!

HINENI OUTREACH GROUP

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you need of assistance, please "reach in" for our help. If you know someone who might benefit from our help, let us know and we will ask them if they would like some assistance.

Ruth Shapiro is coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI*!

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth. We want to help.

LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or jrdill1@comcast.net.

DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzvah*. To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to *Am HaYam* to: *AHY*, Box 1235, Brewster, MA 02631.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: *Am HaYam*, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

AM HAYAM DIRECTORY

The *Am HaYam* Directory has been updated for 2019. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, jrdill1@comcast.net. The new Directories were emailed in December. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

MILESTONES AND DONATIONS

Am HaYam is happy to share your good news and to inform one another when there has been a loss. Please send me news of weddings, anniversaries, special birthday, births, *b'nai mitzvah*, *brit milah*, baby-namings, etc. to rebeccabolmes@comcast.net.

Donations to *Am HaYam* for all occasions, e.g. in honor of, in appreciation, in memory of, for a *yahrzeit* can be sent to Am HaYam either using your online banking or with a check mailed to PO Box 1235, Brewster, MA 02631. Your donations support *Am HaYam's* services, programs and activities all year round.

MILESTONES

Mazel tov to

Judy & Steve Underberg on their 60th wedding anniversary!

Refuah Shleimah to

Judy Keller
Bruce Wolf
Bob Dubeau

DONATIONS

GENERAL FUND

In appreciation of
Am HaYam

Wonderful Community Seder

Martin & Kathy Fogle

Mim & Peter Selig

In memory of
Burton Gold

Sylvia Karkus Furash

"YELLOW PAGES" OF AM HAYAM

| | | | |
|---------------------------------|---|----------------------------------|--|
| ADULT EDUCATION | Ira Wolfson | 508-362-5508 | iraone@comcast.net |
| BEREAVEMENT | Paul Biegelsen | 508-255-2963 | landerbiegel@comcast.net |
| FOOD PANTRY DRIVE | Deb & Jon Cline | 203-247-9974 203-461-5450 | Deborahcline00@gmail.com Secondwind145@gmail.com |
| HH LOGISTICS | Steve Berrick | 508-896-3897 | vze2962j@verizon.net |
| HINENI | Ruth Shapiro | 508-896-3573 | ruthshapiro1@me.com |
| HOLOCAUST ME- MORIAL PROGRAM | Sharon Leder | 508-896-2395 | sharon@teichmangallery.com |
| JEWISH FEDERA- TION | Terry Smily | 508-360-2885 | tsmily@comcast.net |
| MEMBERSHIP | Jessica Dill | 508-255-7771 | jordill1@comcast.net |
| MEN'S TORAH STUDY | Ira Wolfson | 508-362-5508 | iraone@comcast.net |
| NEWSLETTER | Rebecca Holmes | 508-348-1502 | rebeccaholmes@comcast.net |
| PLAY READING | Bernice Simon- Wolfson | 508-362-5508 | bsimwolf@comcast.net |
| PRESIDENT | Ira Wolfson | 508-362-5508 | iraone@comcast.net |
| RABBINIC ADVISOR | Deanna Douglas | 781-235-3528 | rabddoug@gmail.com |
| RITUAL | Judy Keller | 508-255-7564 | jkelle47@verizon.net |
| ROSH CHODESH | Bernice Simon- Wolfson | 508-362-5508 | bsimwolf@comcast.net |
| SOCIAL ACTION | Judy Keller | 508-255-7564 | jkelle47@verizon.net |
| SOCIAL ACTIVITIES | Richard Dill | 508-255-7771 | rldill1@comcast.net |
| TORAH STUDY | Steve Berrick Cindy Fox Judy Keller | 508-896-3897 508-255-7564 | vze2962j@verizon.net jkelle47@verizon.net |
| TREASURER | Tova Soyt | 508-470-8917 | tovasoyt@yahoo.com |
| WEBSITE | Jeff Tash | | jefftash@comcast.net |
| WOMEN'S TORAH STUDY | Rebecca Holmes | 508-348-1502 | rebeccaholmes@comcast.net |
| ZAMAREI HAYAM | Mim Selig | 508-432-7656 | pandmselig@hotmail.com |

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