SHABBAT SERVICES

Shabbat services are held on the 1st and 3rd Fridays of the month, followed by an Oneg Shabbat. Please bring refreshments, such as baked goods and fruit, for the Oneg Shabbat which will follow the service. Wine, challah, and beverages are supplied by Am HaYam. Services are led by members of the Havurah and each service is different depending on the leader’s orientation. If you wish to lead Shabbat services, please contact Judy Keller at jkelle47@verizon.net.

SHABBAT SERVICE
May 3
Led by Daniel David Klipper

May 17
Led by Zamarei HaYam

If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to Am HaYam.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.
FROM THE PRESIDENT

Farewell Message

On behalf of the Board of Directors of *Am HaYam Havurah*, I want to thank all of you who made contributions of volunteer effort, effort that enables us to provide the wonderful programs and activities that the *havurah* offers throughout the year. Your generosity of time, effort and of financial support makes you an integral part of *Am HaYam’s* continuing Jewish presence on Cape Cod.

When I became president in May 2014, for inspiration I went to my "archives" and reviewed all the old newsletters, those published during my previous administration as well as those published under other presidents, some dating to 1993. As I perused the many issues, I came across the names of members, many members, some who are deceased, some who have moved to warmer climes, some who have found other venues for their volunteerism, and some who are still contributing to the functioning of the *havurah*. The list of names was large, numbering in the hundreds; they are the ones who have allowed the *havurah* to continue to grow and expand, to offer the many opportunities for us to reaffirm the faith of our ancestors in community... in family...in our *havurah*. I pay tribute to those who have volunteered, allowing us to continue to exist. I value the hard work that makes it possible for the *havurah* to thrive and grow. I am but one; you are many!

Each change of the *Am HaYam’s* leadership marks not an ending and not a beginning, but a continuing commitment to the principles that have guided the *havurah* for the past 34 years: a community of prayer and reflection, of education and study, of friendship, family, and caring. It is a community that recognizes the equality of men and women in religious practice and is open to all individuals regardless of sexual preference, marital status and religious background, open to all without regard to income or status.

By viewing the last page of this newsletter which lists all the Committees and Interest Groups of *Am HaYam*, you can find suggestions for volunteering either as an engaged participant or as a volunteer facilitator.

Are you ready, willing, and interested to give your time and talents to join with others to strengthen our *Am HaYam* community and allow us to continue to do all that we do for our community? We can continue our existence through the generous support of members who give their time, energy, love and financial contributions. We should all be proud to be part of *Am HaYam*.

*Ira Wolfson, President*
NOTICE OF THE ANNUAL MEETING

Sunday, May 19, 7 PM at Federated Church of Orleans

Agenda:

- Voting on proposed amendments to the By-Laws
- Election of Officers and Board
- Voting on proposed 2019-2020 budget (See attached)

Proposed Amendment to Am HaYam Cape Cod Havurah By-Laws

ARTICLE V: OFFICERS OF THE CORPORATION AND DUTIES
5.5.1 Vacancies that occur in any officer position by reason of death, resignation, removal, or otherwise, shall;
(a) be filled by appointment made by a majority vote of the Board of Directors and;
(b) shall serve with all rights, privileges, and powers of the respective office they have been chosen to assume, and;
(c) hold the position of that office for the remainder of the unexpired term or until a permanent successor is elected.
5.5.2 Directors serving in temporary appointments will be put to vote before the full membership at the next Annual meeting.
5.5.3 Nothing herein shall preclude nominations from the floor.

Report of the Nominating Committee

President Open
Vice President Open
Secretary Deborah Cline
Treasurer Tova Soyt
Assistant Treasurer Arline Lowenthal

Board of Directors 2019-2020
Don Bachman Steve Berrick
Sandy Chernick Linda Pearson
Bernice Simon Ruth Shapiro

Board of Directors 2019-2021
Jessica Dill Merrill Hassenfeld
Cindy Fox Judy Keller
Elaine Karp Renate Wasserman
Carol Roth
Immediate Past President Ira Wolfson

Bernice Simon-Wolfson, Chair
AM HAYAM AND CAPE COD’S CLIMATE CHANGE INITIATIVE

Faith Communities Environmental Network (FCEN)

“See my works, how fine and excellent they are! All that I created I created for you. Reflect on this and do nor corrupt or desolate my world; for if you do there will be no one to repair it after you.” Ecclesiastes Rabbah, 7:13

There are two events happening in May sponsored by FCEN member congregations. The first is “Uniting for Climate” a forum to tackle Our CLIMATE CRISIS and Inspire ACTION. Speakers from the Wampanoag Tribal Council, Nauset High School Human Rights Academy, and the Center for Coastal Studies Woods Hole will present their perspectives, followed by a session on inspiring personal and collective actions. Saturday May 11th from 2:00 to 4:30 at the UU church on Main Street in Provincetown.

The second forum, “Connecting Faith and Science for a Healthy Planet and Hopeful Future,” will be at St. David’s Episcopal Church (205 Old Main Street, South Yarmouth) on Sunday May 19th from 1 – 5 PM. There will be food vendors and local environmental group displays from 1-2 followed by two speakers: Dr. Wayne Walker from Woods Hole speaking on trees and their important role sequestering carbon, and Rev. Deborah Warner, Rector of the Church of the Messiah, speaking on the need for a strong interdisciplinary approach to address the dramatic climate changes we are witnessing. There will be time for questions, answers and discussion.

Hope to see some of you there!

Lyn Solomon
FECN Representative for Am HaYam
lynard2113@gmail.com

INTERFAITH JUSTICE COMMITTEE

The Interfaith Justice Committee of the Federated Church of Orleans and Am HaYam needs additional members to address issues of local, national and international importance to us all.

The Committee meets on the third Thursday of the month at The Federated Church from 1:30 to 3:00 PM. If interested and available, please contact Renate Wasserman at renate-was@gmail.com or Marcia Goffin at mgoffin10@gmail.com.

Renate Wasserman
Facilitator
Rosh Chodesh Women

Our next meeting will be on Thursday, May 16th, 7:30 PM, at the home of Sharon Leder at 6 Sachem Drive, in Brewster.

FACILITATOR: Sharon Leder
TOPIC: Jewish Women and Activism

Does one’s Jewish identification call for service to universal rather than to particular values? When we engage in Tikkun Olam do we work towards Jewish continuity or towards an improved world at large? Are these two impulses compatible? From Henrietta Szold (Hadassah) to Ruth Messinger (American Jewish World Service) to the women of Am HaYam, how have Jewish women activists responded to these questions? Is it important for the work of Jewish women activists to be more visible given today’s increased tribalism around the world?

RSVP to Sharon Leder at 508-896-2395 or sharon@teichmangallery.com.

Please carpool if possible.

Bernice Simon-Wolfson, Chair

Rosh Chodesh Schedule 2018-2019

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>HOST</th>
<th>FACILITATOR</th>
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<tr>
<td>MAY 16</td>
<td>Jewish Women and Activism</td>
<td>Sharon Leder</td>
<td>Sharon Leder</td>
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<tr>
<td>JUNE 20</td>
<td>The Book of Separation by Tova Mirvis</td>
<td>Bernice Simon-Wolfson</td>
<td>Bernice Simon-Wolfson</td>
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The book that was chosen for this new season is The Book of Separation by Tova Mirvis. It’s a memoir about the author’s life as an Orthodox Jew and then separating from Orthodoxy. At age 40 Tova decided to leave her husband and her faith. She strikes out on her own to discover what she believes and who she really is. This will entail forging a new way of life, not just for herself, but for her children, who are struggling with what the divorce and her new status as “Not Orthodox” means for them. This program will be on June 20. Thank you.

Bernice Simon-Wolfson, Chair
THE PLAY READING GROUP

Our next meeting of The Play Reading Group will be on Monday, May 6th at the home of Betsy Smith, 105 Eastgate Road in Brewster. We nosh and schmooze at 12:30 and officially begin at 1:00, Spring hours: 1:00-4:00 PM.

We will read *The Women* by Claire Boothe Luce. The play was first produced at the Ethel Barrymore Theater, New York City, in December 1936. It has assumed the status of a modern classic.

The playwright carries us through a number of varied scenes and shows us not only a somewhat unflattering picture of womanhood, but, digging under the surface, reveals a human understanding for and sympathy standing characters. The plot in-a group of women to play their re-artificial society that consists of vain show, comedy, tragedy, pointment.

Please come and see how the story our “actors” with their enthusiasm develops and how the plot, in an artificial society, consists of hope, and disappointment.

Please come and see how the story develops and how our “actors” with their enthusiasm, make it come alive.

ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! YOU CAN COME ON EITHER SIDE OF THE CURTAIN!

Please check with the Clams Library System for the availability of the play, or pur-chase it inexpensively at: amazon.com, abebooks.com or powell.com.

RSVP to Betsy Smith at 508-896-5775 or bsmith@eastgate.net.

Bernice Simon-Wolfson, Chair

<table>
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<th>DATE</th>
<th>PLAY</th>
<th>PLAYWRIGHT</th>
<th>HOST</th>
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<tr>
<td>May 6</td>
<td><em>The Women</em></td>
<td>Clare Booth Luce</td>
<td>Betsy Smith</td>
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<tr>
<td>June 3</td>
<td><em>Plaza Suite</em></td>
<td>Neil Simon</td>
<td>Elaine Karp</td>
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WOMEN’S TORAH STUDY

The Women’s Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members’ homes. We are now studying the Book of Leviticus (Vayikra). Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is The Jewish Study Bible, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.

Our next meeting will be on Tuesday, May 28, 2-4 PM, at the home of Bernice Simon-Wolfson in Yarmouth Port. If you wish to be added to the WTS email list, please contact me at rebecca@comcast.net.

Rebecca B. Holmes, Facilitator

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

This year in Sunday Torah Study, we will try to understand, as best we can, the Book of Ecclesiastes, called Kohelet in Hebrew. Please bring your TaNaKh (not just the Torah, but the whole Bible (or as one might say in Yiddish, the gantze megilla).

Also, if you have never studied Torah (which actually means the entire Jewish canon), give it a try. All you need to do is to be able to read English and have an inquiring mind.

Rabbi Deanna Douglas

All sessions meet at the Brewster Ladies Library, 10:30 AM – 12 Noon

May 5
June 2
## DATES TO REMEMBER

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<td>Wednesday, May 1</td>
<td>“Sharing Stories from Rwanda”</td>
<td>7:00 PM</td>
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<td>Thursday, May 2</td>
<td>Yom Hashoah</td>
<td>7:00 PM</td>
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<td>Holocaust Memorial Program</td>
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<td>Friday, May 3</td>
<td>Shabbat Service</td>
<td>7:30 PM</td>
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<td>Sunday, May 5</td>
<td>Torah Study w/Rabbi Douglas</td>
<td>10:30 AM</td>
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<tr>
<td>Monday, May 6</td>
<td>Play Reading Group</td>
<td>12:30 PM</td>
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<td>Wednesday, May 8</td>
<td>Yom Hazikkaron</td>
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<td>Thursday, May 9</td>
<td>Yom Ha’atsma’ut</td>
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<td>Friday, May 10</td>
<td>Shabbat in P-Town</td>
<td>6:30 PM</td>
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<td>Saturday, May 11</td>
<td>FECN “Uniting for Climate”</td>
<td>2:00 PM</td>
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<td>Sunday, May 12</td>
<td>MOTHER’S DAY</td>
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<td>Thursday, May 16</td>
<td>Rosh Chodesh Women</td>
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<td>Friday, May 17</td>
<td>Shabbat Service</td>
<td>7:30 PM</td>
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<td>Sunday, May 19</td>
<td>FECN “Connecting Faith &amp; Science”</td>
<td>1:00 PM</td>
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<td>ANNUAL MEETING</td>
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<td>Thursday, May 23</td>
<td>Lag B’Omer</td>
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<td>Friday, May 24</td>
<td>Shabbat in P-Town</td>
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<td>Monday, May 27</td>
<td>MEMORIAL DAY</td>
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<tr>
<td>Tuesday, May 28</td>
<td>Women’s Torah Study</td>
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**Yom Ha’atzmaut**

**Israel Independence Day**
GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Cindy Fox

It seems that in most volunteer-based organizations there is a core of people who do most of the work. Cindy has belonged to Am HaYam since it started many years ago and she has consistently been active and supportive; she has served on the Board for many years. However, much of what she has done and does is unseen by the general membership.

Most of us know that each year Cindy and her husband, Steve Berrick, generously invite the members of Am HaYam to their sukkah to join them in celebrating Sukkot, the Festival of Ingathering. Not everyone knows about her latest contribution. Cindy and Paul Biegelsen have been tutoring two young boys in Hebrew, Jewish holidays and rituals. The boys had asked the Librarian in Wellfleet if she knew anyone who could teach them and luckily, they were referred to Cindy and Paul who now meet with the boys on a regular basis.

Cindy first learned about Am HaYam from a notice in the paper announcing Hebrew lessons were just getting started. There, Cindy found that the teacher was a friend, Shira Singer, whom she had met in Israel years before. They had children’s house. In addition to the Hebrew lessons, Shira suggested to Cindy that they start a children’s program. With help from several other members, a children’s Religious School began and leadership from the librarian at Bar and Bat Mitzvah.

Cindy grew up in Amherst, Massachusetts. Her dad was the UMass Department of Veterinary and Animal Sciences. Each June, her mother, father, Cindy, and sister would camp at Nickerson State Park in Brewster.

In high school, Cindy participated in the American Field Service student exchange and, despite the fact that it was 1969 and during the Vietnam War, her brave parents allowed her to go to Laos with the program. She lived in Vientiane, Laos, with a loving, rice farming Buddhist family.

A year later Cindy was in the first class of women at Union College (Schenectady, NY). During her college years she continued to travel with semesters abroad working at a kibbutz in Israel where she studied Hebrew. She also spent a semester in Brittany, France. She is grateful for all those experiences for giving her a global perspective and connections to people all over
the world.

After college, where she met Steve, she worked in Albany for the Eleanor Roosevelt Developmental Services as a Recreation Therapist. There she saw how important it was for children with special needs to receive early intervention. She and Steve were engaged when she moved to Washington State where she went to graduate school at the University of Washington in Seattle for a Master’s in Early Childhood Special Needs, while Steve got his Master’s in Marine Zoology from Rutgers University in New Jersey. When Cindy moved back East, they were married, and while Steve finished his degree, Cindy commuted from New Jersey to a job at the Bronx Developmental Center.

When Steve and Cindy came to Eastham to visit her parents, they saw ads in the Boston Globe for two positions on the Cape. One was for a job in early childhood education and one was for teaching marine biology at Cape Cod Tech. They went to the Eastham Town Hall where they borrowed a typewriter and wrote up their resumes. They were both offered the jobs at their interviews. While working five years at the Cape Cod Early Intervention Program, Cindy was asked to start an early childhood learning program for the Nauset District which had been sending children to a program in the D-Y District. So, in 1985, she started the first Nauset Preschool Special Needs Program in the Wellfleet Elementary School.

Cindy and Steve have lived in Brewster since 1980 where they raised their three children. They are now the proud grandparents of two. Cindy is grateful to so many members of Am HaYam who have helped give her children a spiritual life and have reached out to her family, studying, praying, grieving and celebrating with them over the years.

Marsha Dubeau

LOOKING AHEAD TO JUNE:

- Sunday Torah Study w/Rabbi Douglas, June 2
- Play Reading Group, June 3
- Shabbat/Shavuot Service, June 7*
- Erev Shavuot, June 8
- Shavuot, June 9/10
- Shabbat in P-Town, June 14
- Father’s Day, June 16
- Rosh Chodesh Women, June 20
- Shabbat Service, June 21
- Women’s Torah Study, June 25
- Shabbat in P-Town, June 28

*Shira Sands will lead this service and is looking for Torah Readers. Please contact her if you are interested at 508-349-1784 or shira77@bc.edu.
AM HAYAM PASSOVER FOOD DRIVE

Now that the successful Passover Food Drive is over, Jon Cline needs volunteers (with cars) to shop at the Stop & Shop in Orleans on Wednesday, May 8th. Plan to meet Jon at 9 AM and begin shopping at approximately 9:15 AM. Jon and the volunteers will shop and fill their cars and then drive to the LCOC in Orleans and unload it all by 11:15 AM since the LCOC closes at 12:30 PM on Wednesday.

If you can volunteer your time, please call Jon at 203-461-5450 to confirm you are helping so he will know if he has enough people.

ZAMAREI HAYAM – SINGERS OF THE SEA

Our worship service at the Latham Center on April 16 went very well. Our focus was on Passover and we successfully “produced” the play that is in the back of our Haggadah. Our actors were stupendous and our character hats were over the top! A big “thank you” to the Zamarei members who were able to participate – Shira and David Sands, Peter Selig, Marilyn Schlansky (who devised our hats), Judi Sitkin, and Len and Lyn Solomon.

Coming up next - Zamarei will lead the Shabbat service on May 17.

Mim Selig
pandmselig@hotmail.com
TRIP TO ISRAEL

Am HaYam is excited to present the possibility of a 10-day Journey into Israel’s Culture and Cuisine led by Orleans’ own Erez Pinhas, owner of Abba restaurant. An Israeli native, Erez has offered to customize this trip to Israel for Am HaYam should there be enough interest.

Highlights would include:
- Airport pickup/drop off
- 10 nights hotel including breakfast
- Luxury air-conditioned van or bus throughout itinerary
- Druze cooking workshop with meal in the Galilee
- All entrance fees to museums and national parks
- Three winery tastings with artisanal cheeses
- Halvah tasting
- Kibbutz bio-tour
- Visits to Caesarea, Golan Heights, Dead Sea, tour of Old City Jerusalem, Yad Vashem, Jaffa

Dates have not been locked in. Under consideration are January, February, March, late October/early November 2020 and January 2021. We estimate the cost to be about $2800 per person with a minimum of 10 people and would be reduced to $2500 for 20 or more. Airfare is not included.

If you have any interest in pursuing this opportunity, please email Jessica Dill, jrdill1@comcast.net. Your expression of interest does not obligate you any further. If enough people respond, we will be holding an information session with Erez Pinhas to provide more details.

To see additional information about Erez’s regular tours, go to www.abbagotravel.com. 2020 in Jerusalem? We’ll see.

Jessica Dill
HEBREW CLASS

Many of us say the prayers by rote, or we follow the transliteration. But we don’t read together with the group. Many, or most of us, hear Torah but can’t follow the meaning. Sure, we might read the translation but it’s usually of limited value. You can change those limitations, by joining our Hebrew Class. Enhance your reading ability, develop your understanding, enjoy the comradery; we’re a delightful group.

We invite you to join us. Call 508-255-5419. *L’hitraot.*

Sandy Chernick

STUDY TORAH ON YOUR OWN

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

https://www.conservativeyeshiva.org/torahsparks/
https://reformjudaism.org/learning/torah-study/

RITUAL COMMITTEE - HELP WANTED

*Am HaYam* needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2019 in need of leaders. Please email Judy Keller at jkelle47@verizon.net and reserve your date!!!

HINENI OUTREACH GROUP

The meaning of *Hineni* is “Here I Am.” The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you need of assistance, please “reach in” for our help. If you know someone who might benefit from our help, let us know and we will ask them if they would like some assistance.

Ruth Shapiro is coordinating the *Hineni* efforts. Please don’t hesitate to call Ruth at 508-896-3573 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI*!

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth. We want to help.
LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. AHY provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. Am HaYam is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a mitzvah and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch
   Cooking and Prep  9:30-11:30; Serving and Clean-up 11:30-1:00
Fourth Thursday Dinner
   Cooking and Prep  3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or jrdill1@comcast.net.

DONATIONS

Many of our Shabbat prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by Am HaYam. Please don't overlook this opportunity for performing a true mitzvah. To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for $18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

MEMBERSHIP

A member is anyone who participates in Am HaYam religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. Am HaYam is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.
AM HAYAM DIRECTORY

The Am HaYam Directory has been updated for 2019. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, jrdill1@comcast.net. The new Directories were emailed in December. If you did not receive one, contact Jessica at the email above. The Am HaYam Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

MILESTONES AND DONATIONS

Am HaYam is happy to share your good news and to inform one another when there has been a loss. Please send me news of weddings, anniversaries, special birthday, births, b’nai mitzvah, brit milah, baby-namings, etc. to rebeccabholmes@comcast.net.

Donations to Am HaYam for all occasions, e.g. in honor of, in appreciation, in memory of, for a yahrzeit can be sent to Am HaYam either using your online banking or with a check mailed to PO Box 1235, Brewster, MA 02631. Your donations support Am HaYam’s services, programs and activities all year round.

MILESTONES

Refuah Shleimah to
   Bruce Wolf
   Bob Dubéau
   Susan Rosenberg

DONATIONS

GENERAL FUND

In memory of
   Susan Simon, beloved daughter of Bernice Simon-Wolfson and Ira Wolfson

Milly Beer
### "YELLOW PAGES" OF AM HAYAM

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<td>ADULT EDUCATION</td>
<td>Ira Wolfson</td>
<td>508-362-5508</td>
<td><a href="mailto:iraone@comcast.net">iraone@comcast.net</a></td>
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<td>BEREAVEMENT</td>
<td>Paul Biegelsen</td>
<td>508-255-2963</td>
<td><a href="mailto:landerbiegel@comcast.net">landerbiegel@comcast.net</a></td>
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<td>Deb &amp; Jon Cline</td>
<td>203-247-9974</td>
<td><a href="mailto:Deborahcline00@gmail.com">Deborahcline00@gmail.com</a></td>
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<td>HH LOGISTICS</td>
<td>Steve Berrick</td>
<td>508-896-3897</td>
<td><a href="mailto:vze2962j@verizon.net">vze2962j@verizon.net</a></td>
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<td>Ruth Shapiro</td>
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<td>508-896-2395</td>
<td><a href="mailto:sharon@teichmangallery.com">sharon@teichmangallery.com</a></td>
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<td>Terry Smily</td>
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<td>MEN'S TORAH STUDY</td>
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