

Am HaYam Cape Cod Havurah



March 2019 Adar I-Adar II 5779 Volume 14, Number 7

SHABBAT SERVICES

Shabbat services are held on the 1st and 3rd Fridays of the month, followed by an *Oneg Shabbat*. Please bring refreshments, such as baked goods and fruit, for the *Kiddush* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at <u>jkelle47@verizon.net</u>.

Friday, March 1 Service led by Rebecca Holmes

Friday, March 15
Shabbat/Purim Shpiel
Service led by Judy Keller



Please bring Hamantashen and fruit for the Shpiel.

If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

FROM THE PRESIDENT

Some thoughts regarding the *Am HaYam* Purim Food Drive to benefit the Lower Cape Outreach Council Food Pantry.

For the past 20 years, *Am HaYam Havurah* has conducted a very successful High Holy Days Food Drive. Year after year, we collected more and more bags of food and more and more dedicated donations to purchase additional food supplies at Stop and Shop and at BJ's. From collecting the bags at the trailer drop-off to unloading the thousands of pounds of food at LCOC, volunteers participated in this endeavor with dedication and love. It was doing God's work, hearing and acting upon Isaiah's call to share our bread to feed the hungry.

Several years ago, the *Havurah* Board of Directors in consultation with the leadership of the Lower Cape Outreach Council made the decision to divide the cash donations received at the Annual High Holy Days Appeal into two funding streams: monetary donations received prior to *Kol Nidrei* would be utilized to purchase additional food items for LCOC, which would take place after the end of *Yom Kippur*; a second food purchase, made with donated funds received after *Yom Kippur*, would occur in the Spring to coincide with the Passover celebration.

Membership of *Am HaYam* responded to the Food Drive appeals with overwhelming generosity; however, the majority of donations made in 2018 were received prior to Kol Nidrei, thus creating an anomalous situation where only \$365 is currently available for the purchase of food items in April 2019, not enough to make a difference to those who are food-insecure!

Purim, which starts March 20, 2019, is a holiday that not only requires a banquet, but also that we send gifts of good food to our friends, and help out the less fortunate in our community, as per Mordecai's specific request in the book of Esther: "And Mordecai wrote these things, and sent letters to all the Jews...that they should make them days of feasting and gladness, and of sending food one to another, and gifts to the poor." (Esther 9:20-22)

A gift of food sends a special message: "I don't want you to be hungry". To fulfil the *mitzvah* of providing food items to the LCOC Food Pantry and to be mindful of the needs of the poor, *Am HaYam Havurah* is appealing to membership to make a special Purim donation dedicated to the purchase of food items to fill the shelves of the LCOC Food Pantry thus meeting the obligation to provide support to the less fortunate. We strengthen our relationships with friends to whom we give gifts, and we strengthen the social fabric of our community by emphasizing our commitment to care for our entire community.

Please send your donations to Am HaYam, P.O. Box 1235, Brewster, MA 02631. Memo: Purim Food Drive. Thank you.

Ira Wolfson, President

PURIM SERVICE & SHPIEL

"What Good is Sitting Alone in Your House? Come see our silly play Life is a *Purim Shpiel*, my friends Come to *Shushan* today...."

On Friday, March 15, 2019, Am HaYam will celebrate Purim, starting at 7:30 PM at the Federated Church, with a brief service and our annual Shpiel. Our talented Purim Shpiel Players will present their unique interpretation of the Purim story including a new twist this year. Come in costume if you wish and be prepared for a fun filled evening of songs. Please bring Hamantashen, other desserts, or fruit to be shared at the Oneg after the conclusion of the Purim Shpiel.



We are looking for more readers and beauty pageant contestants. If you would like to participate in the *Shpiel*, please email Judy K at <u>ikelle47@verizon.net</u> or call her at 508-255-7564.

See you in Shushan, Persia.

ZAMAREI HAYAM - SINGERS OF THE SEA

It has been an easy winter so far and though I am looking out at a brilliant super moon making our snow-covered yard glow in the dark, I know that March and spring will be here soon. *Zamarei HaYam* will have some of its members joining the Purim *Shpiel* "rabble" on March 15. Then on April 16, *Zamarei* will visit the Latham School in Brewster where we will lead their monthly non-denominational service. Finally, on Friday May 17, *Zamarei* will lead the *Am HaYam Shabbat* service.

Interested in joining us? New members are always welcome. Not a singer but play the guitar, flute, clarinet or keyboard? We would be more than happy for you to play along with us.

Mim Selig pandmselig@hotmail.com

AM HAYAM PASSOVER SEDER

Am HaYam will hold a community Seder on the second night of Passover, Saturday, April 20th, 6 PM at the Wellfleet Council on Aging, 715 Old Kings Hwy. The Seder will be led by Judith Sitkin and Linda Pearson.

Reservations are essential as space is limited. Please contact Marsha Dubeau mdubeau300@aol.com or call 508-349-9545 at your earliest convenience, but no later than Friday, April 12th. Please provide the following: How many people in your party (tables of 8), what you are planning to bring for the potluck dinner, and with whom you wish to sit. Seating requests will be honored as best we can.

Please bring a main dish to serve 8, plus a dessert or a side dish (guidelines below). *Matzo*, gefilte fish, *charoset* and grape juice will be provided by *Am HaYam*. A traditional Seder Plate will be placed on each table. *If you are gluten-free*, *please bring your own matzo*. NOTE: Because of COA regulations no wine is permitted. <u>Please do not bring your own wine</u>.

Although *Am HaYam* itself does not keep kosher, we observe the basic laws of *kashrut* for Passover. We ask that out of respect to our members and guests who do, please do <u>not</u> include the

following foods when preparno yeasted wheat flour prodfor Passover" (pure nut, potato cludes breads, cakes, pie crusts, with thickening agents, corn bread or panko crumbs. In the market, you will find suitable tutes for baking - cake mixes, potato flour, salad dressings fruits and vegetables are al-



ing your potluck contributions: ucts, unless marked "Kosher or rice flour is OK). This inpasta/noodles, salad dressings starch or corn syrup, gelatin, Kosher section of your super-"Kosher for Passover" substimatzo cake flour, matzo meal, and prepared desserts. Fresh ways kosher and Kosher for

Passover unless processed (e.g. cut up and bagged). Vegetarian dishes are welcome as many of our members and guests are vegetarian. Again, do not use regular flour or flour products for thickening. The main course for most Passover Seders is meat (chicken, turkey, brisket, *tzimmes* with beef), therefore, we discourage dairy desserts or accompaniments. Look for *parve* non-dairy* creamer to substitute. Soy and almond milk are OK if unsweetened (read the labels). Tofu/tofutti is allowed. FORBIDDEN: Pork (in any form including bacon bits in salad dressings) and all shellfish. *Not all non-dairy products are *parve*; please check for the "*parve*" notation.

We are always looking for more volunteers to help with set up and clean up. Please contact Arlene Cohen at arlskc@comcast.net or 508-255-4509 or Shira Sands at shira77@bc.edu or 508-349-1784.

HOLOCAUST MEMORIAL PROGRAM

After the events in Pittsburgh and other violent incidents, the Holocaust Memorial Committee believes we need to do more this year than just "remember." We believe we need to take some action to address the rise in hate towards anyone who is different. Therefore, we have engaged a speaker from the Anti-Defamation League as one of our "main" events to discuss "The State of Hate in Massachusetts and What We Can Do." The speaker will present on Monday, April 29, 2019 at 7 pm at Nauset Regional Middle School in Orleans.

During that same week and the week preceding, we will be organizing other events, including our traditional candle lighting, and perhaps a panel on being "different" on Cape Cod. We will keep you posted as our series of events takes firmer shape.

Sharon Leder

sharon.teichmangallery@gmail.com

STONE SOUP SUPPER: Call for *Am HaYam* Members to Attend!

A devoted group has been meeting to plan an interfaith pot luck supper called "Stone Soup" after the charming fable that will be read at our event, Tuesday, April 30, 5-8 PM, at Church of the Holy Spirit. Several different congregations are represented, and we are now calling upon members of *Am HaYam* to come forward and join us at the supper and contribute some delicious entrees and desserts to the meal.

What does it mean to be part of an interfaith community? Will "breaking bread" together help us to become closer to interfaith exchange and understanding? Elizabeth Alexander, President Obama's inaugural poet, says, "Critical thinking develops when you go outside of your comfort zone, when you eat a different bread from the one you grew up with."

Shortly after Easter and Passover, we will be enjoying a meal together, including the Stone Soup, and we will learn how our foods—both unique and similar--have the potential to bind us as an interfaith community. A speaker will present some important highlights.

Kindly contact Sharon Leder by e-mail <u>Sharon.teichmangallery@gmail.com</u> or phone 914-204-4487 to let her know if you would like to be included as an active participant in this venture. Together in February and March we will design the foods we will contribute to the meal and which we will enjoy eating together with others at our event. Each congregation is asked to be represented by 7-8 people. This project is encouraged by the Nauset Interfaith Association of which *Am HaYam* is an active member.

INTERFAITH JUSTICE COMMITTEE

The Interfaith Justice Committee of the Federated Church of Orleans and *Am HaYam* needs additional members to address issues of local, national and international importance to us all.

The Committee meets on the third Thursday of the month at The Federated Church from 1:30 to 3:00 PM. If interested and available, please contact Renate Wasserman at renate-was@gmail.com or Marcia Goffin at mgoffin10@gmail.com.

Renate Wasserman Facilitator

BOARD OF DIRECTORS

Tuesday, March 19, 7 PM (note permanent change from Mondays to Tuesdays) Federated Church All are welcome.

WANTED: Individuals to fill Positions on the Board of Directors of Am HaYam Havurah



The Nominating Committee is in the process of creating a slate for 2019-2020. If you or someone you know is interested in serving the Havurah as a Board Member or Officer, please contact Ira Wolfson at iraone@comcast.net.

GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Member profile: Ruth Shapiro

Ruth describes herself as having had a "checkered" past. That sounds a bit nefarious, but she is describing the many times she took new positions. Though she had no or little previous experiences, she was able to meet the demands of these different, exciting opportunities. Anyone who knows Ruth would not be surprised to learn that she met those challenges with courage and spirit, succeeding because of her intelligence, her artistic skills, her respect for people and her willingness to work hard and be open to new challenges. The only time she really felt nervous about a new position was years later when she agreed to become the president of *Am HaYam* from 2012 thru 2014; the main problem being her lack of knowledge of Robert's Rules of Order.

Ruth grew up in Newton, Massachusetts. After she finished high school, she chose to go to Boston University where she majored in Art. After graduation, she went to New York City to work for a division of Hallmark greeting cards. After a year in New York, she was needed at home and returned to Massachusetts. She got a job at Raytheon making drawings (schematics) for a project so hush-hush that she had to get a security clearance and everyone worked on just one small part of the project, not knowing what others were doing or what the whole thing even was. It was not the most inspiring environment to work in. Ruth's next job was working for Massachusetts Department of Education, organizing classes and running an art correspondence course for people in prison. Many of the pictures that were sent to Ruth were mirrors of the minds of the inmates. And many of the people showed an enormous amount of talent. With them, Ruth felt that she made some progress as the individuals taking the course were dedicated to follow directions leading to improved artistic skills.

In 1958, Ruth married Dan Shapiro and they settled in Newton where their first child, Suzy, was born, followed eighteen months later by their son Jeffrey. Ruth had a friend who was working as a copywriter at Jordon Marsh Department Store in Boston. They decided to combine their skills and open their own small advertising agency. By taking small jobs that larger agencies did not want to bother with and using new printing technologies that were available the business grew and was eventually purchased by a New York agency. Dan was always supportive of Ruth and helped in every way. When the children were in high school, she wanted to be with them when they came home from school and to be available for family vacations. The ideal position would be teacher so she switched careers again and taught children with learning disabilities at a junior high in Newton. After five years, Ruth followed up on a tip and was hired to be marketing director for Gloria Stevens fitness salons. Finally, Ruth found the area in advertising that she loved...developing new markets. After some time, she agreed to a position with a firm that made institutional furniture for mental health facilities. First, she was sales manager, overseeing a staff of 45 men. Quickly, sales women were added to the staff. She became marketing director and opened sales in correctional institutions; visiting Architects for Criminal Justice all over the U.S and supervising installations in many prisons all around the country. At this point, Ruth and Dan were living in Florida. Retirement was not in their bones. Ruth continued as a consultant and Dan, because of his background in steel, became Ruth's partner in supplying Florida with steel beds and rotationally molded vinyl chairs for jails, detention centers, and prisons.

When Ruth was growing up, her family belonged to Temple Emanuel in Newton. She remembers the topic she was given for her confirmation speech. It was the 10th Commandment, "Thou shalt not covet thy neighbor's ass." Even at that young age she showed her grit and won a prize for her speech. When she and Dan lived in Newton, they were among the founders of Temple Beth Avodah where Suzy was the first to be a *Bat Mitzvah*. Dan was the first Membership Chairman and Ruth designed the needlepoint tapestries made by the congregants. Nearly 40 years ago, Dan and Ruth bought their house in Brewster as a summer place.

One summer, Ruth saw a a havurah that was just meeting at the Chapel in trigued. Dan and Ruth ver Seder and were so though they were planhome in Florida, they iday services. Throughtended Shabbat services Pines. Dan passed away ed to move here full vice, Renate Wasserman ed her to attend an Am She thought it was a she could make her Jewways regretted that she Hebrew, so she studied was in the first AHY When Ruth was asked to



blurb in the paper about starting. She went to a the Pines and was inwent to the AHY Passoimpressed that even ning to return to their stayed for the High Holout the years, they atat the Chapel in the in 1998 and Ruth decidtime. At a Shabbat Serwelcomed her and invit-HaYam Board meeting. wonderful group where ish home. She had alnever learned to read with Gene Saklad and adult B'not Mitzvah class. be president of

HaYam, she did what she always did. She said, "Yes." She has said that in the past, whenever she took on new, unfamiliar responsibilities, she could do it because she knew the she could count on Dan's support. This time she did it on her own and with great success and personal pleasure ... and much help from the Board. Additionally, Ruth has served on the combined Justice Committee of the Federated Church and Am HaYam. Under that umbrella, she also worked on the Refugee Committee which works with a refugee resource center in Worcester offering resources to help refugees get settled in the area. She also belongs to Sisters of Abraham, a group of Jewish, Muslim and Christian women dedicated to seeking friendship and understanding between the religions. Saying "YES" has always helped Ruth find the place where she wanted to be.

ROSH CHODESH WOMEN

Our next meeting will be on Thursday, March 21^{st,} 7:30 PM at the home of Bernice Simon-Wolfson, 32 Wadsworth Lane, Yarmouth Port.*

Topic: "Here and Now, What's on your mind?"

This will be an open-ended and interactive discussion on what's going on in your life. Some time ago we had a discussion with Rebecca Holmes as facilitator about end of life issues. Now we'd like to share what's happening in our lives right now. Are we living in the moment? What's happening now and in the near future? Do we feel fulfilled or are we at crossroads? How can we live a meaningful life?

Please bring your rich and creative thoughts to this discussion.

RSVP to Bernice at <u>bsimwolf@comcast.net</u> or 508-362-5508. Please car pool if possible. Thank you.

Bernice Simon-Wolfson, Chair

ROSH CHODESH SCHEDULE 2018-2019

DATE	TOPIC	HOST	FACILITATOR
MARCH 21	Here and Now: What's on	Bernice Simon-	OPEN
	your mind - an open discus-	Wolfson	
	sion		
APRIL 25 *	From Aging to Wisdom	Ruth Shapiro	Ruth Shapiro &
			Jessica Dill
MAY 16	Secular Jewish Women and	Sharon Leder	Sharon Leder
	Activism		
JUNE 20	The Book of Separation	Bernice Simon-	Bernice Simon-
	by Tova Mirvis	Wolfson	Wolfson

^{*}Note: 4th Thursday

The book that was chosen for this new season is *The Book of Separation* by Tova Mirvis. It's a memoir about the author's life as an Orthodox Jew and then separating from Orthodoxy. At age 40 Tova decided to leave her husband and her faith. She strikes out on her own to discover what she believes and who she really is. This will entail forging a new way of life, not just for herself, but for her children, who are struggling with what the divorce and her new status as "Not Orthodox" means for them. This program will be on June 20. Thank you.

Bernice Simon-Wolfson, Chair

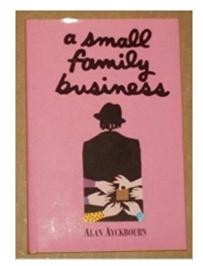
^{*}Please note change of host.

THE PLAY READING GROUP

Our next meeting of The Play Reading Group will be on Monday, March 4th, 12:30 PM at the home of Arline Lowenthal, 40 Debs Hill Road, Yarmouth Port.

We will be reading *A Small Family Business* by Alan Ayckbourn. It was first performed at the National Theater in June 1987. It then opened in April 1992 at The Music Box Theater in New York City.

About the play: England's master of satire is in top form in this comic morality play. Jack McCracken has the opportunity of a lifetime. He is the new head of a family business and believes he can initiate a new age of honesty and integrity. He quickly learns that everyone else involved in the enterprise has a vested interest in maintaining business as usual, rife with dishonesty and deceit.



Please come and see how the story develops and how our actors, with their enthusiasm, make it come alive.

ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! YOU CAN BE ON EITHER SIDE OF THE CURTAIN, AS A SPECTATOR OR AN ACTOR!

Please check with the Clams Library System for availability of the play, or purchase it inexpensively at amazon.com, Abebooks.com or powell.com.

RSVP to Arline Lowenthal at <u>alowenthal@aol.com</u> or 508-760-6640. Please carpool if possible.

Bernice Simon-Wolfson, Chair

PLAY READING SCHEDULE 2018-2019

DATE	PLAY	PLAYWRIGHT	HOST
March 4	A Small Family Business	Alan Ayckbourn	Arline Lowenthal
April 1	Three Tall Women	Edward Albee	Deborah Cline
May 6	Major Barbara	George Bernard Shaw	Betsy Smith
June 3	Plaza Suite	Neil Simon	Elaine Karp

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are now studying the Book of Leviticus (*Vayikra*). Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meeting will be on Tuesday, March 26, 2-4 PM, at the home of Judi Sitkin in Harwich. If you wish to be added to the WTS email list, contact me at rebecabholmes@comcast.net.

Rebecca B. Holmes, Facilitator

DATES TO REMEMBER

Friday, March 1	Shabbat Service	7:30 PM
Sunday, March 3	Torah Study w/Rabbi Douglas	10:30 AM
Monday, March 4	Play Reading Group	12:30 PM
Friday, March 8	Shabbat in P-Town	6:30 PM
Sunday, March 10	DAYLIGHT SAVINGS ENDS	
Friday, March 15	Shabbat/Purim Shpiel	7:30 PM
Tuesday, March 19	Board of Directors	7:00 PM
Wednesday, March 20	Erev Purim	
Thursday, March 21	Purim	
	Rosh Chodesh Women	7:30 PM
Friday, March 22	Shabbat in P-Town	6:30 PM
Tuesday, March 26	Women's Torah Study	2:00 PM

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

This year in Sunday Torah Study, we will try to understand, as best we can, the *Book of Ecclesiastes*, called *Kohelet* in Hebrew. Please bring your *TaNaKh* (not just the Torah, but the whole Bible (or as one might say in Yiddish, the *gantze megilla*).

Also, if you have never studied Torah (which actually means the entire Jewish canon), give it a try. All you need to do is to be able to read English and have an inquiring mind.

Rabbi Deanna Douglas

All sessions meet at the Brewster Ladies Library, 10:30 AM – 12 Noon

March 3

April 7

May 5

June 2

STUDY TORAH ON YOUR OWN

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

https://www.conservativeyeshiva.org/torahsparks/ https://reformjudaism.org/learning/torah-study/

LOOKING AHEAD TO APRIL:

- Play Reading Group, April 1
- *Shabbat* Service, April 5
- Torah Study w/Rabbi Douglas, April 7
- *Shabbat* in P-Town, April 12
- Board of Directors, April 16
- Erev Pesach, April 19
- Am HaYam Passover Seder, April 20
- Rosh Chodesh Women, April 25
- *Shabbat* in P-Town, April 26
- Holocaust Program, April 29
- Women's Torah Study, April 30
- Stone Soup Potluck, April 30

TRIP TO ISRAEL

Am HaYam is excited to present the possibility of a 10-day Journey into Israel's Culture and Cuisine led by Orleans' own Erez Pinhas, owner of Abba restaurant. An Israeli native, Erez has offered to customize this trip to Israel for *Am HaYam* should there be sufficient interest.

Highlights would include:

- Airport pickup/drop off
- 10 nights hotel including breakfast
- Luxury air-conditioned van or bus throughout itinerary
- Druze cooking workshop with meal in the Galilee
- All entrance fees to museums and national parks
- Three winery tastings with artisanal cheeses
- Halvah tasting
- Kibbutz bio-tour
- Visits to Caesarea, Golan Heights, Dead Sea, tour of Old City Jerusalem, Yad Vashem, Jaffa



Dates have not been locked in. Under consideration are January, February, March, late October/early November 2020 and January 2021. We estimate the cost to be about \$2800 per person with a minimum of 10 people and would be reduced to \$2500 for 20 or more. Airfare is not included.

If you have any interest in pursuing this opportunity, please email Jessica Dill, jrdill1@comcast.net by January 31 including a date preference if you have one. Your expression of interest does not obligate you any further. If enough people respond, we will be holding an information session with Erez Pinhas to provide more details.

To see additional information about Erez's regular tours, go to www.abbagotravel.com. 2020 in Jerusalem? We'll see.

HINENI OUTREACH GROUP

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you need of assistance, please "reach in" for our help. If you know someone who might benefit from our help, let us know and we will ask them if they would like some assistance.

Ruth Shapiro is coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI*!

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth. We want to help.

HEBREW CLASS

Many of us say the prayers by rote, or we follow the transliteration. But, we don't actually read together with the group. Many, or most of us, hear Torah but can't follow the meaning. Sure, we might read the translation but it's usually of limited value. You can change those limitations, by joining our Hebrew Class. Enhance your reading ability, develop your understanding, enjoy the comraderie; we're a delightful group.

We invite you to join us. Call 508-255-5419. L'hitraot.

Sandy Chernick

RITUAL COMMITTEE - HELP WANTED

Am HaYam needs you! The Ritual Committee is looking for more members to lead Shabbat Services. Members of the committee will assist you with planning. We have guidelines for Shabbat services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2019 in need of leaders. Please email Judy Keller at ikelle47@verizon.net and reserve your date!!!

AM HAYAM DIRECTORY

The *Am HaYam* Directory has been updated for 2019. If you are NOT in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, <u>jrdill1@comcast.net</u>. The new Directories were emailed in December. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. AHY provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.

No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch
Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00
Fourth Thursday Dinner
Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or <u>jrdill1@comcast.net</u>.

DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzvah*. To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

MILESTONES

Refuah Shleimah to
Deborah Jacobs
Bruce Wolf
Bob Dubeau
Bob Jacobson
Susan Rosenberg

DONATIONS

GENERAL FUND

*In memory of*Stephen Roth, beloved husband of Carol Roth

The Gunsalus Family

MILESTONES AND DONATIONS

Am HaYam is happy to share your good news and to inform one another when there has been a loss. Please send me news of weddings, anniversaries, special birthday, births, b'nai mitzvah, brit milah, baby-namings, etc. to <u>rebeccabholmes@comcast.net</u>.

Donations to *Am HaYam* for all occasions, e.g. in honor of, in appreciation, in memory of, for a *yahrzeit* can be sent to Am HaYam either using your online banking or with a check mailed to PO Box 1235, Brewster, MA 02631. Your donations support *Am HaYam*'s services, programs and activities all year round.

ROSH CHODESH WOMEN - "Jewish Origami" February 21, 2019



Sandy Chernick, Barbara Segall, Bette Friedman



Carol Roth, Bernice Simon-Wolfson, Judi Sitkin



Ruth Gail Cohen, Arline Lowenthal, Judy Keller

Photos by Rebecca Holmes

"YELLOW PAGES" OF AM HAYAM

Г.	1	LS OF AWITIA	
ADULT EDUCATION	Ira Wolfson	508-362-5508	iraone@comcast.net
BEREAVEMENT	Paul Biegelsen	508-255-2963	landerbiegel@comcast.net
FOOD PANTRY	Deb & Jon Cline	203-247-9974	Deborahcline00@gmail.com
DRIVE		203-461-5450	Secondwind145@gmail.com
HH LOGISTICS	Steve Berrick	508-896-3897	vze2962j@verizon.net
HINENI	Ruth Shapiro	508-896-3573	ruthshapiro1@me.com
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HOLOCAUST ME-	Sharon Leder	508-896-2395	sharon@teichmangallery.com
MORIAL PROGRAM			
JEWISH FEDERA-	Terry Smily	508-360-2885	tsmily@comcast.net
TION			
MEMBERSHIP	Jessica Dill	508-255-7771	jrdill1@comcast.net
MEN'S TORAH	Ira Wolfson	508-362-5508	iraone@comcast.net
STUDY			
NEWSLETTER	Rebecca Holmes	508-348-1502	rebeccabholmes@comcast.net
PLAY READING	Bernice Simon-	508-362-5508	bsimwolf@comcast.net
	Wolfson		
PRESIDENT	Ira Wolfson	508-362-5508	iraone@comcast.net
RABBINIC ADVISOR	Deanna Douglas	781-235-3528	rabddoug@gmail.com
RITUAL	Judy Keller	508-255-7564	jkelle47@verizon.net
ROSH CHODESH	Bernice Simon-	508-362-5508	bsimwolf@comcast.net
	Wolfson		
SOCIAL ACTION	Judy Keller	508-255-7564	jkelle47@verizon.net
SOCIAL ACTIVITIES	Richard Dill	508-255-7771	rldill1@comcast.net
TORAH STUDY	Steve Berrick	508-896-3897	vze2962j@verizon.net
	Cindy Fox		, , , , , , , , , , , , , , , , , , , ,
	Judy Keller	508-255-7564	jkelle47@verizon.net
TREASURER	Elaine Karp	781-718-3993	egk50@comcast.net
WEBSITE	Jeff Tash		jefftash@comcast.net
WOMEN'S TORAH	Rebecca Holmes	508-348-1502	rebeccabholmes@comcast.net
STUDY		200 010 1002	
ZAMAREI HAYAM	Mim Selig	508-432-7656	pandmselig@hotmail.com
27 11717 11121 117 117 1171	1,11111 00112	000 102 7000	pariamoeng onomiam.com

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