



March/ April 2018 *Adar-Nisan-Iyar* 5778 Volume 13, Number 7/8

SHABBAT SERVICES

Shabbat Services are usually held on the first Friday of the month though the winter and first and third Fridays beginning in April, 7:30 PM at the Federated Church, Main Street, Orleans, followed by an *Oneg Shabbat*. Please bring refreshments for the *Kiddush* which will follow the service. Wine, *challah*, and beverages are supplied by *Am HaYam*.

Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Judy Keller at jkelle47@verizon.net.

March 2:

Mim Selig & Arlene Cohen
Followed by Purim Shpiel

April 6:

Judy Keller

April 20:

David Daniel Klipper



If you see someone enter the service that you do not recognize, please introduce yourself and welcome him/her to services and to *Am HaYam*.

The Federated Church is fully handicap accessible with plenty of parking, with both regular and handicap spaces.

FROM THE PRESIDENT

By Rabbi Brent Chaim Spodek, Beacon Hebrew Alliance, Beacon NY. April 13 2016 Newsletter

Passover, the Jewish celebration of liberation, is coming. Soon. It begins on the 15th day of the Jewish month of *Nissan*, which this year falls on the evening of Friday, March 30th, so many people will be taking part in Seders on March 30 and 31.

At the **practical level**, the hallmark of the holiday is the Seder, in which Jews discuss the liberation and its meaning for today. Traditionally, Jews also refrain from any leavened bread for the eight days of Passover, as a way of reliving the story of the liberated slaves, who fled Egypt so quickly that their bread didn't have a chance to rise. That means getting every crumb of bread out the house, closet, car and more. It's sort of a spiritual spring-cleaning.

At the **conceptual level**, Passover is the celebration of the liberation of an oppressed people in ancient Egypt. It is at once deeply particular, for it is in this story that the freed slaves of Egypt became the nation of Israel because throughout history, their hope and their courage

At the **spiritual level**, *Pesach* perhaps chief among them is to liberate ourselves, whether ritual or of a different type all "greatly frightened" as they Egyptian army hot on their

tion teaches that the sea was stepped into it and the waters "only then did it become dry land" (*Midrash Rabbah* 21:10). It took human courage, as well as a little supernatural something for the liberation from Egypt and for every liberation since then. Liberation is hard and damn scary - the water is often up to your nose before anything happens. But only those who have the guts to make that leap can ever really be liberated, whether their oppressors are internal or external.



and tremendously universal, oppressed people have found in this story.

calls us to many things, but the leap of courage necessary our bondage is political, spir- together. The Israelites were stood at the Red Sea, with the trail. But the rabbinic tradi- divided only after Israel had reached their noses -

So this *Pesach*, may we all have the courage to rid our homes and our souls of everything that is holding us back, and jump towards our liberation, whatever form it may take.

Ira Wolfson

BOARD OF DIRECTORS MEETINGS

March 19

April 23

7 PM at Federated Church

All are welcome.

PURIM SERVICE & SHPIEL

"The *Shul* is alive with the sounds of *Purim*..."

On Friday, March 2, 2018, *Am HaYam* will celebrate *Purim*, starting at 7:30 PM at the Federated Church, with a brief service and our annual *Shpiel*. Our talented *Purim Shpiel* Players will present their unique interpretation of the *Purim* story. Come in costume if you wish and be prepared for a fun filled evening of songs. Please bring *Hamantashen*, other desserts, or fruit to be shared at the *Oneg Shabbat* at the conclusion of the *Purim Shpiel*.

We are in need of readers and beauty pageant contestants. If you would like to participate in the *Shpiel*, please email Judy Keller at jkelle47@verizon.net call her at 508-255-7564.

See you in *Shushan*, Persia.



AM HAYAM COMMUNITY PASSOVER SEDER

Am HaYam will hold a community Seder on the second night of Passover, Saturday, March 31, 6 PM at the Council on Aging (COA) of Wellfleet. The Seder will be led by Sherrill Stott and Judi Sitkin.

Reservations are essential as space is limited. Please contact Marsha DuBeau mdubeau300@aol.com or call 508-349-9545 at your earliest convenience, but no later than Friday, March 23rd. Please provide the following: How many people in your party (tables of 8), what you are planning to bring for the potluck dinner, and with whom you wish to sit. Seating requests will be honored as best we can.



Each attendee should contribute a main dish to serve 8, plus a dessert or a side dish (guidelines below). Matzo, gefilte fish, *charoset* and grape juice will be provided by *Am HaYam*. A traditional Seder Plate will be placed on each table. If you are gluten-free, please bring your own matzo. NOTE: Because of COA regulations no wine is permitted for this program. Please do *not* bring your own wine.

Although *Am HaYam* itself does not keep kosher or strictly observe *kashrut* for Passover, we ask that out of respect to our members and guests who do, please do not include the following foods when preparing your potluck contributions: no wheat flour products, unless marked "Kosher for Passover" (pure nut flour is OK). This includes breads, cakes, pie crusts, pasta/noodles, salad dressings with thickening agents, corn starch or corn syrup, gelatin, bread or panko crumbs. In the Kosher section of your supermarket, you will find suitable "Kosher for Passover" substitutes for baking - cake mixes, matzo cake flour, matzo meal, potato flour and prepared desserts. Fresh fruits and vegetables are always kosher and Kosher for Passover unless processed (e.g. cut up and bagged). Vegetarian dishes are welcome as many of our members and guests are vegetarian. Again, do not use regular flour or flour products for thickening. The main course for most Passover Seders is meat (chicken, turkey, brisket, *tzimmes* with beef), therefore, we discourage dairy desserts or accompaniments. Look for *parve* non-dairy* creamer to substitute. Soy and almond milk are OK if unsweetened (read the labels). Tofu/tofutti is allowed. FORBIDDEN: Pork (in any form including bacon bits in salad dressings) and all shellfish. *Not all non-dairy products are *parve*; please check for the "*parve*" notation.

We are looking for more volunteers to help with set up and clean up. Please contact Judi Sitkin (cell) 954-817-1334 voice, voicemail, text or email judisitkin@gmail.com.

ADULT EDUCATION AUTHOR PROGRAMS

Mary Dingee Fillmore: *An Address in Amsterdam*
Monday, April 9, 2018, 2-4 PM at the Federated Church
Remember and Resist: Learning from the Dutch

Contrary to the image that most Dutch people resisted the Nazis, only a small percentage actively participated, many of them women delivering messages or smuggling children to safety. What would they say if they could speak to us now? How are their decisions and struggles relevant today? Writer Mary Fillmore will explore how people decided to resist, what they actually did, and what the results were. We'll discuss how their courage can inspire people with a broad range of views.

After living in Amsterdam's former Jewish Quarter, Mary Dingee Fillmore was gripped by the stories of the Holocaust and resistance in the Netherlands. She devoted thirteen years to research and wrote *An Address in Amsterdam*, an acclaimed historical novel about a young Jewish woman who joins the resistance. As a writer and facilitator, Mary speaks and leads conversations to promote a fairer, more peaceful world. She earned an MFA in Writing at Vermont College of Fine Arts in 2005, and She Writes Press published her novel in 2016. It is a Kirkus Indie Book of the Month, and won the Sarton Women's Book Award for Historical Fiction.

Tova Mirvis: *The Book of Separation*
Thursday, May 24, 2018, 2-4 PM at the Federated Church

Born and raised in a tight-knit Orthodox Jewish family, Tova Mirvis committed herself to observing the rules and rituals prescribed by this way of life.

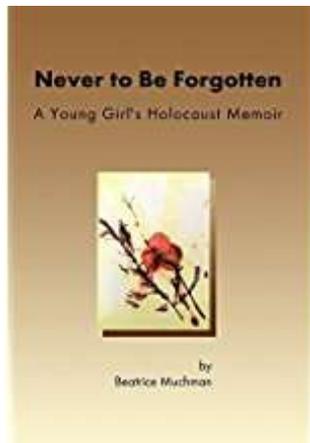
She married a man from within the fold and quickly began a family. But over the years, her doubts became noisier than her faith, and at age forty she could no longer breathe in what had become a suffocating existence. Even though it would mean the loss of her friends, her community, and possibly even her family, Tova decides to leave her husband and her faith. After years of trying to silence the voice inside her that said she did not agree, did not fit in, did not believe, she strikes out on her own to discover what she does believe and who she really is. This is a memoir about what it means to decide to heed your inner compass at long last, to free the part of yourself that has been suppressed, even if it means walking away from the only life you've ever known.

Tova Mirvis is also the author of three novels: *Visible City*, *The Outside World* and *The Ladies Auxiliary*, a national bestseller, as well as essays that have appeared in various newspapers including *The New York Times Book Review*, *The Boston Globe Magazine*, and *Poets and Writers*.

Books will be available for sale and signing by the authors.

ANNUAL HOLOCAUST MEMORIAL PROGRAM

Hold the date! Holocaust Memorial Program and Service
Thursday, May 10, 2018, 7 PM at the Nauset Regional Middle School, Orleans



Guest Speaker: Beatrice Muchman, author of *Never To Be Forgotten: A Young Girl's Holocaust Memoir* and the cousin of Renate Wasserman with whom she connected many years after the war in the U.S.

SUNDAY TORAH STUDY WITH RABBI DEANNA DOUGLAS

Sunday Torah Study meets at the Brewster Ladies Library, 10:30 AM - 12 Noon:

March 4

April 8

May 6

June 3

Beverages are provided by *Am HaYam*. We appreciate your donations of pastries, fruit and baked goods. Please bring your Bible (not *Chumash*).

MEN'S TORAH STUDY

Men's Torah Study will resume in the Spring.

STUDY TORAH ON YOUR OWN

Interested in more Torah Study? The following links to the Conservative and Reform Movements will take you to weekly Torah commentary and more:

<http://conservativejudaism.org/articlenav.php?id=7>

<https://reformjudaism.org/learning/torah-study/va-ychi>

GETTING TO KNOW MEMBERS OF THE AM HAYAM COMMUNITY

Meet Shira Sands

Plato said that music gives a soul to the universe. Shira has given *Am HaYam* the gifts of her love of music and her musical talents to enrich our souls and add another meaningful dimension to our observances and celebrations. Looking for a Jewish singing group, she helped to found *Zamarei* and then led the group for fifteen years.

At the time she was preparing for her adult *Bat Mitzvah*. Shira was not her given name. She was studying with a group of *Am HaYam* women who claimed they “couldn’t hold a tune” and asked her to lead them in the singing of the Hebrew prayers. So, for her Hebrew name, she took Shira, which means song and later made Shira her legal name.

Shira recalls growing up in her father’s Boston neighborhood in the of Mattapan. Her Jewish Holidays and School at Hecht Community Center. She was also a mem-

Shira was admitted to Girls Latin School in Boston and graduated with honors, after which she trained and worked as an X-ray technician.

She met and married David, and when her children, Alison and Greg, were in the first and fourth grade, she went back to school for her college degree. (Most of us now know Greg as the villainous Haman in the *Am Hayam Purim Shpiel* or as the gifted musician who accompanies the singers at the High Holy Days.) Alison and her husband, Alan, and their two sons, Jacob and Zachary, live in Seattle. Shira graduated from Northeastern University with a major in Anthropology. She went back to school full time to Boston College for her Master’s Degree in Clinical Social Work. She worked as a Clinical Social Worker in Fall River, and then, in private practice in Foxboro for 22 years, before retiring to Wellfleet.

While she and David were planning their eventual retirement in Wellfleet, they subscribed to the local newspaper and were excited to see that a new Jewish *havurah* was being formed in that area. When they retired in 1999, they were warmly welcomed and happy to have found such a great community. Shira found that the *havurah* presented opportunities for learning and for leading services that might not be available in a traditional synagogue.



Shira has served on the *AmHaYam* Board for several years and also served as Vice President. She is currently on the Ritual Committee. Her most recent project is providing opportunities for people to read from the Torah. She had been interested in learning cantillation and when Rabbi Deanna Douglas asked for volunteers to read at the High Holiday services a couple of years ago, with help, she jumped at the chance.

She has found an opportunity for *Am HaYam* members to access a cantillation teaching software program at a reduced rate and she regularly encourages members to join her in participating in this *mitzvah* at *Shabbat* Torah services.

Shira's love of animals goes back to her early childhood. She continues to be involved with animals. For the past 16 years, she has volunteered weekly at the Animal Rescue League in Brewster, feeding the dogs and cats one afternoon a week. She also is the coordinator for bringing therapy dogs to the Adult Day Center in Eastham and Seashore Pt Nursing Home in Provincetown through the Companion Animal Program.

Shira says the *Am HaYam* community has been like a family for them and is so grateful to be part of this community. Shira and David live in Wellfleet with their two dogs and two cats. They will celebrate their 60th wedding anniversary in August.

Marsha DuBeau, Membership Committee

CALLING ALL TORAH READERS

Our next semi-annual *Shabbat Torah* Service will be on Friday night, May 4th. Although it is just 3 months away, some of us like to have time to study and plan. We will be reading from *Parasha Emor*, in *Leviticus* and all interested are invited to contact me for their portion.

Shira Sands



YOU'LL WANT TO PUT THIS ON YOUR CALENDAR!



AM HAYAM SPRING FLING:

KLEZMER AND CAKE

MAY 11, 2018 AT 7:00 pm

Federated Church, Main Street, Orleans

Entertainment provided by Bart Weisman and his
Klezmer Quartet.

MORE INFORMATION TO FOLLOW

Am HaYam proudly presents Bart Weisman and his Klezmer quartet to entertain at our welcome back event. Welcome to returning sunbirds, to second home owners, to new members, and to all our members toughing it out on the Cape. Enjoy a glass of wine, a cup of coffee or tea, delicious desserts and the warm camaraderie of your fellow Havurah members and, perhaps, learn how you can get more involved. There is no fee, but please RSVP to Linda Pearson at lindathib@hotmail.com. We hope you will join us.

ZAMAREI HAYAM - SINGERS OF THE SEA

Spring is on its way and we can spot some crocuses and daffodils poking through the ground. The very beginning of March brings Purim with our raucous *shpiel* written by Judy Keller. Many *Zamarei* members lend their voices to this hilarious celebration. Then, before we know it, Passover will begin at the very end of March. Songs sung at our community Seder or your own family Seders stir up memories of past years – of our own childhoods as well as those we have celebrated as adults. Hearing familiar music stirs up our memories more strongly than many of our other senses (except perhaps the aroma of chicken soup with *matzoh* balls simmering on the stove!). We hope you will be able to join the *Am HaYam* family as we celebrate these spring holidays together.

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year-round on the fourth Tuesday of each month, 2-4 PM, at members' homes. We are currently studying *Exodus*. Our goal is to study with more depth, using additional sources from various commentaries to podcasts and internet research. Our main source is *The Jewish Study Bible*, but any Jewish Bible in English may be used. Many of our members also bring commentaries of one sort or another.



Our next meetings will be on Tuesday, March 27, 2-4 PM at the home of Marilyn Schlansky in East Harwich and on Tuesday, April 24, 2-4 PM at the home of Linda Pearson in South Yarmouth.

If you wish to be added to the WTS email list, contact me at rebecabholmes@comcast.net.

Rebecca B. Holmes, Facilitator

MISHKAN HANEFESH FOR PURCHASE

A number of members have inquired about purchasing copies of the new *machzor* for their personal use. The easiest way to do that is to order on Amazon. It is the same price as ordering from the Reform movement's publishing division. The price is \$42.00 for regular size hard cover (two volumes), \$100 for large print paperback (three volumes*) and \$9.99 per volume for the kindle editions (total 19.98 for both volumes). *The Yom Kippur service is divided into two volumes.

ROSH CHODESH WOMEN

Our next meeting will be at the home of Elaine Karp and Naomi Zack in Harwich, Thursday, March 15 at 7:30 PM. RSVP to Elaine Karp at egk50@comcast.net or 781-718-3993.

The program "Jewish Guilt" will be facilitated by Arline Lowenthal and Elaine Karp. Do you think "Jewish Guilt" is unique? Have you ever felt guilty or have you guilted another? Did you know that there is an upside to guilt? Find out more at the next *Rosh Chodesh* meeting. If you don't come, you'll feel guilty! (or not).

Our April 19th meeting will be at the home of Sharon Leder at 7:30 PM in Brewster. Sharon will lead a discussion on "Women of Hungary during the Holocaust." What do Henrietta Szold, Livia Bitton-Jackson and Susana Wald have in common? How did life in Hungary before and during the Holocaust affect the families of all three remarkable women? What can we learn from refugees and immigrants about surviving ordeals in ways that inspire courage and creativity?

RSVP to Sharon Leder at 508-896-2395 or sharon.teichmangallery@gmail.com.

Please carpool if you can.

A note about the book we have chosen to read and discuss for our May 17th program: *All the Rivers* by Dorit Rabinyan is the story about a romance between a 27 year old Palestinian painter, Hilmi, who is from Ramallah, and Liat, a 29 year old Jewish linguistics student from Tel Aviv. Their relationship is a big secret, which Liat is hiding from her family and friends. Read the book to find out what happens to this "Romeo and Juliet" story.

This book was reviewed in the A-Section of the New York *Times* last year on May 14th and in the September, 2017 issue of *Hadassah* Magazine. This story will probably lead to a very riveting and emotional discussion.

Bernice Simon-Wolfson, Chair

2017-2018 SCHEDULE

DATE	TOPIC	HOST	FACILITATOR
MAY 17	Book Discussion: <i>All the Rivers</i> by Dorit Rabinyan	Bernice Simon-Wolfson	Bernice Simon-Wolfson
JUNE 21	Discussion and Potluck based on recipes from <i>In Memories Kitchen: A Legacy From the Women of Terezin</i>	TBA	Elly Alford

THE PLAY READING GROUP

Our next meeting of the Play Reading Group will be on Monday, March 5th at the home of Linda Pearson in South Yarmouth. We will meet at 12:30 to *Nosh and Schmooze*. The official start of the reading of the play will be at 1:00 and will run until 3:00. We will be reading *The Sisters Rosensweig* by Wendy Wasserstein.

Sara Goode, an enormously successful American woman working as the British Representative of a major Hong Kong bank, is about to celebrate her fifty-fourth birthday, and she isn't exactly too happy about it. She lives in her lovely London home with her daughter, Tess. Her two sisters are expected to arrive at any moment from America. Many guests are coming, which all adds up to a rather interesting evening, to unexpected romance, suspected partings, recriminations, reconciliations and, above all, newfound love and acceptance.

This is a light and funny play which deals with social and cultural paradoxes and family values. It was first produced in New York City, in October, 1992. The play was the winner of the 1993 Outer Critics Circle Award for Best Broadway Play.

RSVP to Linda Pearson 508-694-7449 or lindathib@hotmail.com

On April 2nd, the Play Reading Group will meet at the home of Sandy Chernick and Sandi Herschel in Orleans. We will meet at 12:30 to *Nosh and Schmooze*. The official start of the reading of the play will begin at 1:00 and run until 4:00, Spring hours. We will be reading *Abie's Irish Rose* by Anne Nichols.

The play is a comedy in three acts which was first produced by Anne Nichols at the Fulton Theater in New York City. This was a long running romantic family comedy which set the template for many subsequent successes. Jewish Abe, "Abie" Levy brings home as his bride Rosemary Murphy, whom he met in France during the war. To appease his father, Abie introduces Rosemary as "Rosie Murphyski". Papa Levy is fooled until Rosie's father, Patrick Murphy arrives. A comic war erupts. Abie and Rose, having been married by a Methodist minister, are married again by a Rabbi to please Papa, and a third time by a Catholic priest to satisfy the Irish contingent. The subsequent birth of twins, a girl named Rebecca and a boy named Patrick, brings the warring factions to a peaceable cease fire.

RSVP to Sandy Chernick or Sandi Herschel at 508-255-5419

ALL MEN AND WOMEN ARE WELCOME! NO EXPERIENCE NECESSARY! Please check with the Clams Library System for the play's availability or you can purchase the play inexpensively at: amazon.com, abebooks.com or powell.com.

Bernice Simon-Wolfson, Chair

Upcoming Plays

Play	Playwright
<i>Counsellor at Law</i>	Elmer Rice
<i>Conversations With My Father</i>	Herb Gardner
<i>Jake's Women</i>	Neil Simon
<i>A Memory of Two Mondays</i>	Arthur Miller

**“LOVING GOD’S EARTH:
A MULTI-FAITH SPIRITUAL JOURNEY FROM WILDERNESS TO RENEWAL”**

During the Lenten season, from Ash Wednesday to Easter, the Federated Church sponsors a series of programs on Wednesdays from 5-7 PM. The theme of this year’s series is “Loving God’s Earth: A Multi-Faith Spiritual Journey from Wilderness to Renewal.” Following a brief worship service, each of the programs will be presented in the Vestry. A light supper will be provided each evening.



The schedule of programs this year is:

- February 21: “A Plastic Ocean” – film highlights and a “sustainable” meal by Sunbird restaurant
- February 28: Celtic Christianity’s approach to caring for creation led by Rev. Paul Cullity
- March 7: A Wampanoag perspective on caring for creation
- March 14: Hebrew Scriptures’ foundation for and practice of caring for creation with Rabbi Katy Allen
- March 21: Model Passover *Seder* led by members of *Am HaYam*

I have been working closely with the planning committee to make sure that the members of *Am HaYam* will feel comfortable at these programs as many reflect the teachings of the Christian Bible. We especially hope that you will consider participating in the sessions on March 14 and March 21 but are welcome to attend all of the programs. The Worship service will begin at 5 PM with the program component starting at approximately 5:20.

If you plan to attend any of the sessions, please RSVP to Kimberly at the Federated Church at administrator@fedchurch.org or 508-255-3060. Sign-up sheets can also be found on the refreshment table in the Vestry when you are at Federated Church.

Judy Keller, Chair, Ritual Committee

DATES TO REMEMBER

Friday, March 2	<i>Shabbat/Purim Shpiel</i>	7:30 PM
Sunday, March 4	Torah Study w/Rabbi Douglas	10:30 AM
Monday, March 5	Play Reading Group	12:30 PM
Wednesday, March 7	Lenten Program at Federated	5:00 PM
Friday, March 9	Service in P-Town cancelled	
Sunday, March 11	Daylight Savings Time begins	
Monday, March 12	Ritual Committee	10:30 AM
Wednesday, March 14	Lenten Program at Federated	5:00 PM
Thursday, March 15	<i>Rosh Chodesh Women</i>	7:30 PM
Monday, March 19	Board of Directors	7:00 PM
Wednesday, March 21	Lenten Program at Federated	5:00 PM
Friday, March 23	<i>Shabbat in P-Town</i>	6:30 PM
Tuesday, March 27	Women's Torah Study	2:00 PM
Friday, March 30	<i>Erev Pesach</i>	
Saturday, March 31	First Day of Passover	
	<i>Am HaYam Seder</i>	6:00 PM
Monday, April 2	Play Reading Group	12:30 PM
Thursday, April 5	Model <i>Seder</i> /Pleasant Bay	11:00 AM
Friday, April 6	<i>Shabbat Service</i>	7:30 PM
Sunday, April 8	Torah Study w/Rabbi Douglas	10:30 AM
Monday, April 9	Ritual Committee	10:30 AM
	Author Program: Fillmore	2:00 PM
Thursday, April 12	<i>Yom Hashoah</i>	
Friday, April 13	<i>Shabbat in P-Town</i>	6:30 PM
Wednesday, April 18	<i>Yom Hazikaron</i>	
Thursday, April 19	<i>Yom Ha'atzmaut</i>	
	<i>Rosh Chodesh Women</i>	7:30 PM
Friday, April 20	<i>Shabbat Service</i>	7:30 PM
Monday, April 23	Board of Directors	7:00 PM
Tuesday, April 24	Women's Torah Study	2:00 PM
Friday, April 27	<i>Shabbat in P-Town</i>	6:30 PM

Passover begins Friday evening, March 30 and ends on Saturday, April 7.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events or who make donations to mark special occasions or to remember loved ones. Mail donations to: Am HaYam, Box 1235, Brewster, MA 02631. If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation.

DONATIONS

Many of our *Shabbat* prayer books are still available for dedicatory bookplates, and virtually your entire donation supports the wonderful programs and services provided by *Am HaYam*. Please don't overlook this opportunity for performing a true *mitzvah*.

To mark celebratory events, honor or remember loved ones or friends with bookplates in our prayer books, please send a check for \$18 (per bookplate) payable to Am HaYam to: AHY, Box 1235, Brewster, MA 02631.

AM HAYAM DIRECTORY

The *Am HaYam* Directory has been updated for 2018. If you do not think you are in the Directory or need to update any of your information (name(s), address, telephone, email), please send the new information to Jessica Dill, jrdill1@comcast.net. The new Directories were emailed in early January. If you did not receive one, contact Jessica at the email above. The *Am HaYam* Directory is a convenience for members to locate people in your area and contact each other. It is not to be used for mass mailing or solicitations or any other commercial purposes.

HINENI OUTREACH GROUP

The meaning of *Hineni* is "Here I Am." The members of our group are here to help during times of sickness and bereavement. We want to reach out when someone needs help and wants help. If you are in need of assistance please "reach in" for our help. If you know someone in you might benefit from our help, let us know and will ask them if they would like some assistance.

Ruth Shapiro and Margi Eckhouse are coordinating the *Hineni* efforts. Please don't hesitate to call Ruth at 508-896-3573 or Margi at 508-694-7996 if you have any questions, wish to be a *Hineni* volunteer, or need help. We are here...*HINENI!*

Often people are reluctant to ask for assistance. If you know of someone who may be in need, please call Ruth or Margi. We want to help.

LOCAL (Lower Cape Lunch)

Am HaYam, as a member of the Nauset Interfaith Association, participates in LOCAL, which provides one free lunch and one free dinner weekly to neighbors in need of sustenance and social interaction. *AHY* provides volunteers on the second Tuesday and fourth Thursday of the month, and we could use more help. Please consider volunteering or serving as backup for one of these shifts, just 1 1/2 to 2 hours a month.



No special cooking ability or heavy lifting is required. You work as part of a team with a coordinator on site. *Am HaYam* is the only Jewish organization in the Nauset Interfaith Association, and we are committed to participating fully. It's a *mitzvah* and each volunteer leaves with a good feeling for having given back to our wonderful community. Here are the options:

Second Tuesday Lunch

Cooking and Prep 9:30-11:30; Serving and Clean-up 11:30-1:00

Fourth Thursday Dinner

Cooking and Prep 3:30-5:30; Serving and Clean-up 5:30-7:00

If you are interested or would like more information, please contact Jessica Dill at or 508-255-7771 or jrdill1@comcast.net.

RITUAL COMMITTEE - HELP WANTED

Am HaYam needs you! The Ritual Committee is looking for more members to lead *Shabbat* Services. Members of the committee will assist you with planning. We have guidelines for *Shabbat* services and ideas for alternative creative services to share with you. Services can be led by individuals or by groups. We have services in 2018 in need of leaders. Please email Judy Keller at jkelle47@verizon.net and reserve your date!!!

LOOKING AHEAD TO MAY:

- *Shabbat* Service, May 4
- Torah Study w/Rabbi Douglas, May 6
- Play Reading Group, May 7
- Holocaust Memorial Program, May 10
- *Shabbat* in P-Town, May 11
- MOTHER'S DAY, May 13
- *Rosh Chodesh* Women, May 17
- *Shabbat* Service, May 18
- *Erev Shavuot*, May 19
- *Shavuot*, May 20
- Annual Meeting, May 21
- Women's Torah Study, May 22
- Author Program, Tova Mirvis, May 24
- *Shabbat* in P-Town, May 25
- MEMORIAL DAY, May 28

MILESTONES

Mazel tov to

Judy and Myron Taylor on the birth of their granddaughter, Sophie Blakeslee, daughter of Becca Taylor and Sam Blakeslee and sister of Lucas

Refuah Shleimah to

Bruce Wolf
Bob DuBeau

DONATIONS

GENERAL FUND

In honor of

The birth of our granddaughter, Sophie Blakeslee

Judy & Myron Taylor

In memory of

Jay Bloom

Sandy Chernick & Sandi Herschel

“YELLOW PAGES” OF AM HAYAM

ADULT EDUCATION	Ira Wolfson	508-362-5508	iraone@comcast.net
BEREAVEMENT	Paul Biegelsen	508-255-2963	landerbiegel@comcast.net
FOOD PANTRY DRIVE	Carol/Stephen Roth	508-255-5952	croth@primaryconnections.com
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